

# ***The Anatomy of Possibility***

## Suggested Readings

- Begley, Sharon. *Train Your Mind, Change Your Brain: How Science Reveals Our Extraordinary Potential to Transform Ourselves*. New York: Ballantine Books, 2007.
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- Diamond, Marion and Hopson, J. *Magic Trees of the Mind*. New York: Dutton, 1998.
- Doidge, Norman, M.D., *The Brain That Changes Itself: Stories of Personal Triumph from the Frontiers of Brain Science*. New York: Penguin Books, 2007.
- Donaldson, O. Fred, *Playing By Heart*. Deerfield Beach, FL: Health Communications.
- Eliot, Lise, *Pink Brain, Blue Brain: How Small Differences Grow into Troublesome Gaps -- and What We Can Do About It*. New York: Houghton Mifflin Harcourt, 2009.
- Fehmi, Les, and Robbins, Jim. *The Open-Focus Brain: Harnessing the Power of Attention to Heal Mind and Body*. Boston: Trumpeter, 2008.
- Gershon, Michael, MD., *The Second Brain: The Scientific Basis of Gut Instinct*. New York: Quill/ Harper-Collins, 1998.
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- Goldberg, Elkhonon. *The Executive Brain: Frontal Lobes and the Civilized Mind*. New York: Oxford University Press, 2001.
- Goleman, Daniel, *Emotional Intelligence*. New York, Bantam Books, 1995.
- Hannaford, Carla, *Smart Moves: Why Learning Is Not All In Your Head*. Arlington, VA: Great Ocean Publishers, 1995.
- Hallowell, Edward, *Driven to Distraction: Recognizing and Coping with Attention Deficit Disorder from Childhood Through Adulthood*. New York: Touchstone, 1994.
- Hallowell, Edward, *A Walk in the Rain with the Brain*, NY: Regan Books/Harper-Collins, 2004.
- Healy, Jane M., *Failure to Connect: How Computers Affect Our Children's Minds -- For Better and Worse*, New York: Simon and Schuster, 1998.
- Heiberger, Debra Wilson and Heiniger-White, Margot, *S'cool Moves for Learning*. Weaverville: Integrated Learner Press. 2000.
- Hirsh-Pasek, Kathy and Golinkoff, Roberta. Rodale. *Einstein Never Used Flash Cards: How Our Children REALLY learn -- and Why They Need to Play More and Memorize Less*. 2003.
- Jensen, Eric. *Teaching with the Brain in Mind*. Alexandria, VA: ASCD Publications, 1998.
- Johnson, Marietta: *Organic Education: Teaching Without Failure*. Fairhope, AL: Marietta Johnson Museum of Organic Education, Publ.
- Mednick, Sara. *Take a Nap! Change Your Life*. New York: Workman Press, 2006.
- Huttonlocher, Peter, R., M.D., *Neural Plasticity: The Effects of Environment on the Development of the Cerebral Cortex*. Boston: Harvard University Press, 2002.
- Kotulak, Ronald. *Inside the Brain: Revolutionary Discoveries of How the Mind Works*. Kansas City: Andrews McMeel Publishing, 1997.
- Markova, Dawna, and Bryner, Andy: *An Unused Intelligence: Physical Thinking for the 21st Century*. Berkeley, CA: Conari Press, 1996.
- McLean, Paul, *The Triune Brain in Evolution: Role in Paleocerebral Functions*. New York: Plenum Press. 1990.
- Medina, John, *Brain Rules: 12 Principles for Surviving and Thriving at Work, Home, and School*. Seattle, WA: Pear Press, 2008.
- Moir, Anne, and Jessel, David. *Brain Sex: The Real Difference Between Men and Women*. New York: Delta (Dell). 1991.
- Pearce, Joseph C., *Evolution's End: Claiming the Potential of Our Intelligence*. San Francisco: Harper-Collins, 1992.

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- Pink, Daniel. *A Whole New Mind: Why Right-Brainers Will Rule the Future*. New York: Penguin Books, 2005
- Ratey, John, M.D., *SPARK: The Revolutionary New Science of Exercise and the Brain*, New York: Little, Brown, 2008.
- Restak, Richard. M.D., *The New Brain: How the Modern Age is Rewiring Your Mind*. Rodale Press, 2003.
- Robbins, Jim, *A Symphony in the Brain: The Evolution of the New Brain Wave Feedback*. New York: Grove Press, 2000.
- Rossi, Ernest, *The 20 Minute Break: The New Science of Ultradian Rhythms*, LA: Tarcher, 1991
- Russell, Ronald (Editor), *Focusing the Whole Brain: Transforming Your Life with Hemispheric Synchronization*. Hampton Roads Publ., 2004.
- Siegel, Daniel, M.D., *The Developing Mind: How Relationships and the Brain Interact to Shape Who We Are*. New York: Guilford Press, 1999
- Siegel, Daniel, M.D., *The Mindful Brain: Reflection and Attunement in the Cultivation of Well-Being*. New York: Norton, 2007.
- Schwartz, Jeffrey, M., M.D., *The Mind and the Brain: Neuroplasticity and the Power of Mental Force*, New York: HarperCollins, 2002.
- Sousa, David. *How the Brain Learns*, 2nd Edition. Thousand Oaks, CA: Corwin Press, 2001.
- Wolfe, Patricia. *Brain Matters: Translating Research Into Classroom Practice*. Alexandria, VA: ASCD Publications, 2001.