

RESOURCES

RECOMMEND ALWAYS CALL 211 FOR RESOURCES IN YOUR AREA

UNEMPLOYMENT

- www.texas-unemployment.org
- www.twc.state.tx.us/jobseekers/applying-unemployment-benefits
- Call Tele-center at 1-800-939-6631

COUNSELING

- TriCounty Behavioral Healthcare – 233 Sgt Ed Holcombe Blvd. near the Animal Shelter
Walk-in hours are Mon-Thurs 10 am to noon
Can call them at 936 521 6000
- Sam Houston State University at Lone Star College on 242 – Sliding Scale fees – based on ability to pay. Call them to make appointment – 936-202-5012
- Counseling Center of Conroe – Take insurance and have a sliding scale fee schedule
Sliding scale means that it is based on income.
Located at 212 Conroe Dr, Conroe, Texas 77301
Phone is 936-760-1880 or 936-760-2915
CCMC@CounselingCenterMoCo.com
- Interfaith of the Woodlands Clinic – 101 Pine Manor Dr., Oak Ridge North
infor@interfaithcommunityclinic.org
281-364-7889
- Lone Star Family Health Center – 605 S.Conroe Medical Dr. (936) 539-4004
- St. Hope Foundation – see under Medical Care

FOOD PANTRIES/FOOD ASSISTANCE

- Society of Samaritans – 603 Little Twig, Magnolia, TX 77353 281-259-8452
- West Conroe Baptist Church – 18555 Longmire Road, Conroe 936-760-1911
- Interfaith of the Woodlands – 281-367-1230 www.woodlandsinterfaith.org
- Crisis Assistance Center 936-539-9211
- Conroe Salvation Army 936-760-2440
- Creative Outreach Ministries 936-441-5433
- First Christian Church 936-756-3554
- Tamina Community Center 281-465-4646
- St. John of the Cross – 866-539-2938
- Gateway Baptist Food Pantry – located in Spring 281-363-4500
- St. Vincent De Paul in Conroe 936-539-1188
- Meals on Wheels - 202 Callahan Ave, Conroe, TX 77301 (936) 756-5828

DENTAL SERVICES

- Interfaith of the Woodlands Clinic – 101 Pine Manor Dr., Oak Ridge North
infor@interfaithcommunityclinic.org
281-364-7889
- Lone Star Family Health Center – 605 S.Conroe Medical Dr. (936) 539-4004
- www.ghds.org/dental-care-resources
- St. Hope Foundation – see under Medical Care

MEDICAL CARE

- ST Hope Foundation - 1414 S. FRAZIER, STE 105/106 CONROE, TX 77301
PHONE: 936.441.2440 | **FAX:** 800.249.5020
OFFICE HOURS: MONDAY – FRIDAY | 8AM – 6PM
EVENING CLINIC: TUESDAYS | 8AM – 8PM
FRIDAY CLINIC | 8AM – 3PM
SERVICES: MEDICAL, DENTAL, PHARMACY, RESEARCH, VISION, PREVENTION
NOTES: Walk-ins Welcome, Same Day Appointments, New Patients Appointments Daily;
Accept All Insurance Plans and Self Pay (Sliding Scale)
St. Hope treats Hepatitis, has Vision Care and a Diabetes Specialty Clinic. They also do Psychiatry care.
- Interfaith of the Woodlands Clinic – 101 Pine Manor Dr., Oak Ridge North
infor@interfaiihcommunityclinic.org
- Lone Star Family Health Center – 605 S.Conroe Medical Dr. (936) 539-4004

MEDICATIONS

- Interfaith of the Woodlands Clinic – 101 Pine Manor Dr., Oak Ridge North
infor@interfaiihcommunityclinic.org
281-364-7889
- Lone Star Family Health Center – 605 S.Conroe Medical Dr. (936) 539-4004
- St. Vincent Depaul – 936-539-1188
- www.pparx.org
- Crisis Assistance Center 936-539-9211
- Creative Outreach Ministries 936-441-5433
- St. Hope Foundation – see under Medical Care

RENT/HOUSING

- Dept of Housing – www.hud.gov
- Tx Dept of Housing and Community Affairs – 800-525-0657 www.tdhca.state.tx.us
- Tamarac Pines – 10510 Six Pines Dr. The Woodlands, Tx 281-916-1937 – based on income
- Texas Interfaith Housing Corp – 25469 Bourough Dr, The Woodlands 77380
Call 281-363-4186
- Family Promise – 16 week program for families to get back on their feet.
1207 N Thompson, Conroe, 77301 (936) 441-8778
- Crisis Assistance Center 936-539-9211
- Conroe Salvation Army 936-760-2440
- Volunteers of America - 412 W Phillips St Ste 125, Conroe, TX 77301 - (936) 494-0635

BILLS/UTILITIES

- Brazos Valley Community Action Agency, Inc – does help Montgomery Co.; 600 Gerald St., Willis, Texas 936-856-7036
- Crisis Assistance Center 936-539-9211
- Conroe Salvation Army 936-760-2440
- Creative Outreach Ministries 936-441-5433
- Interfaith of the Woodlands – 281-367-1230

CLOTHING

- Hand me Up Shop – 25018 Spring Ridge Dr. Spring Texas 281-367-4942
- Hands Up Program – Crisis Assistance Center 1022 McCall Ave, Conroe 936-539-9211
- Society of Samaritans – 603 Little Twig, Magnolia, TX 77353 281-259-8452
- Creative Outreach Ministries 936-441-5433

VETERANS

- There are many groups helping veterans. Almost all of those are located at www.veterans.portal.texas.gov. There is also an app
- Texas Veterans call center 800-252-8387
- VA – www.va.org
- If you know a veteran who needs a meal delivered to them – www.honorveteransnow.org
- Veteran 101 is held at Tri County Behavioral healthcare located at 233 S Sgt. Ed Holcomb Blvd the First Monday of each month from 5:30 pm to 6:30. Ashley Taylor or Ashley Hubbard facilitate this program. They give you all the resources a veteran and veteran's family might need during the session.
- SSVF - Supportive Services for Veteran Families - Through Salvation Army now. Conroe Salvation Army 936-760-2440
Help with temporary rental assistance, security deposit assistance, transportation assistance, employment
- HVRP - Homeless Veterans Reintegration Program - Administered by Volunteers of America and United Way. Program provides case management and assistance accessing benefits and services. They also do career counseling, job readiness workshops, job placement assistance, vocational training, computer resource centers. Contact Linda Sullivan at rsullivan@voatx.org or call her at 936-209-3050. Located at 731 West Davis St. Conroe 77301.56-7036 or 979-846-1100

CAR REPAIR

- Brazos Valley Community Action Agency, Inc – does help Montgomery Co.; 600 Gerald St., Willis, Texas 936-856-7036
- God Garage – Helps widowed, single women or Veteran Families with car repairs
Must fill out application at www.Godsgaragecar.com
Email is Godsgaragecar@yahoo.com

EMPLOYMENT

- www.workintexas.com or go to the local Workforce Solutions office
- For disabled call 935-523-2250
- Volunteers of America - 412 W Phillips St Ste 125, Conroe, TX 77301 · (936) 494-0635
- SER Jobs For Progress – 713-773-6000 or serhouston.org

SUBSTANCE ABUSE ASSISTANCE:

- Celebrate Recovery
 1. West Conroe Baptist Church Building H11 6 pm on Tuesdays
 2. Covenant Church 302 N Danville Willis Monday 7 pm
 3. Crosswoods Baptist in The Woodlands 5000 College Park Dr. Thursdays at 6:15 pm
 4. Salvation Army in Conroe Ave E Friday 7 pm
- Conroe Treatment and Recovery Center 501 Everett Street, Conroe 936-441-9172
- Tri County Behavioral Healthcare 936-521-6119
- Career and Recovery Resources Inc. 713-754-7000
- Volunteers of America - 412 W Phillips St Ste 125, Conroe, TX 77301 · (936) 494-0635
- The Council on Recovery – 1-877-777-8829
- Counseling and Recovery Services in Tomball 281-351-8585
- Conroe Club AA group – 2030 FM 2854 Conroe, TX 77304 936-756-3171
- Better Late than Never NA Conroe also at 2030 FM 2854 in Conroe– meets every day at noon and 6 pm
- Pinewood Group – AA 201 Pinewood Dr. #D Conroe 77304 10 am on Sat/Sun, 6 pm Mon, Tues, Fri, noon on Wed/Thurs
- Open Air Group AA in Montgomery Texas at the Montgomery United Methodist Church on 105

APPLIANCE REPLACEMENT and HOME WEATHERIZATION

- Brazos Valley Community Action Agency, Inc – does help Montgomery Co.; 600 Gerald St., Willis, Texas 936-856-7036

SSI/SSDI RETURN TO WORK BENEFIT COUNSELING

Contact a Community Workforce Inclusion Counselor at 877-877-7082 or 713.974.4621

SOCIAL SECURITY LAWYER/ADVOCATE

- Kristi Ward Stephens
5315-B Cypress Creek Parkway #156
Houston, Texas 77069
713-662-2655
- Lone Star Legal Aid – 412 West Lewis, 936-539-2130 or 888-595-8969

TRANSPORTATION

- Conroe Connection – <http://www.cityofconroe.org/departments/transit>
(936) 522-3526 or email at transit@cityofconroe.org
- Medicaid Transportation – 877-633-8747
- Rural Areas in Mont Co – Brazos Transit District 800 272 0039
- Harris Co RIDES - 713-368-RIDE (7433)
- Swoopes – has wheelchair ramp. They are a private company and cost \$125 for up to 30 miles. 346-301-0034
- Montgomery County Meals on Wheels transportation program – Curb to curb for Seniors and those with disabilities. Sherry Allen-Smith — sherry@mowmc.org or 936.756.5855

VISION ASSISTANCE

- Volunteers of America - 412 W Phillips St Ste 125, Conroe, TX 77301 · (936) 494-0635
- To apply for a free eye exam or glasses, call **VISION USA** at 1-800-766-4466.
- St. Hope Foundation under Medical Care

OTHER RESOURCES

- Texas Legal Services Center 800-622-2520
- Lone Star Legal Aid - 412 West Lewis, 936-539-2130 or 888-595-8969
- Area Agencies on Aging – 800-252-9240
- Aging and Disabilities Resource Centers 855-937-8255
- How to get indigent or reduced Texas Surcharges www.txsurchargeonline.com
- B.E.S.T program stands for Blindness Education, Screening and Treatment. It is through health and human services commission. It provides financial assistance for medical eye treatment to prevent blindness. A person must:
 - * be 18 and a Texas Resident
 - * must not have insurance or available resources
 - * must have a qualifying urgent medical need such as diabetic retinopathy, glaucoma or detached retina
 - * must not be legally blind and
 - * must not have used the B.E.S.T program for one year.

You have to complete an application at www.hhs.texas.gov/BEST Send the completed application to BESTprogram@HHSC.state.tx.us