

## **Rules of the Race**

These rules are intended to provide for the orderly and consistent administration of the race.

The Library Foundation and the Lions Club International make no express or implied warranty, guarantee, or representation regarding the degree of safety, which may or may not result from compliance with these rules. Inspection or examinations of equipment used in the race is done solely to ensure fairness of the race and not to guarantee or ensure safety from personal injury or property damage.

### **Awards:**

Prizes will be awarded for the following participants:

### **General Conduct:**

At or during the event or while at the event site, all participants must:

- Act in compliance with the rules
- Conduct themselves in a manner that is not offensive in any way to fellow participants, spectators, officials or volunteers and is considered reasonable and acceptable in the community
- Treat all participants, officials, volunteers, and spectators with fairness, respect, and courtesy
- Refrain from the use of abusive language or conduct

Reports of such violations are to be given to the head referee.

### **General Race Conduct:**

It is the responsibility of the participant to know and follow the course.

- Participants shall refrain from blocking, charging, obstructing, or interfering with the forward progress of another participant
- Participants shall not accept physical assistance from any person except a race official, including food, drink, or equipment
- Upon leaving the course, a participant shall re-enter the course and continue at the same point of departure from the course.
- Race numbers shall be displayed at all times
- There shall be no glass containers
- Participants may carry a water bottle on any portion of the course, providing that the bottle is not glass.
- Headsets, radio, headphones, or personal audio-device are highly discouraged. The triathlon course is not closed. Use of such devices could interfere with the participant's ability to hear and react quickly to obstacles that may be found in an open course.

**Cycling Conduct:**

- All bicycles shall be propelled only by human force. Pushing of the bicycle is the only permissible use of the hands.
- All participants must obey all traffic laws, including stopping at all stop signs on the racecourse, unless otherwise directed by Police or race officials. This course is not closed. Traffic may be present during race times.
- All participants shall wear protective head cover, undamaged and unaltered, which meets or exceeds safety standards of the Consumer Product Safety Commission
- Chin straps must be fastened before the participant mounts the bicycle and remain strapped until the participant has dismounted the bicycle
- All participants must stay three yards apart except to pass
- All passing is done on the left of the participant being passed.

**Running conduct:**

- Participants may run or walk the entire portion of the running course
- Team members may not begin onto the running course until the boater team member has left the boat and crossed the boating course finish line.

**Boating conduct:**

- Personal Floatation Devices (PFD) must be worn at all times. PFD's must be Coast Guard approved
- A boater experiencing difficulties while on the boating course and in need of assistance shall raise a paddle overhead and pump it up and down to draw attention of race officials and receive assistance.
- Team participants may not enter the area to pick up their boats until the runner of the team has crossed the run finish line

Any suspected violation of the above rules should be conveyed to race officials.