



**EAST MADISON/MONONA COALITION OF THE AGING**  
4142 Monona Drive, Madison WI 53716  
608-223-3100

**Annual Report 2016**

**MISSION:**

The East Madison/Monona Coalition of the Aging (EMMCA) empowers older adults to maintain their health, safety, independence and community connection.

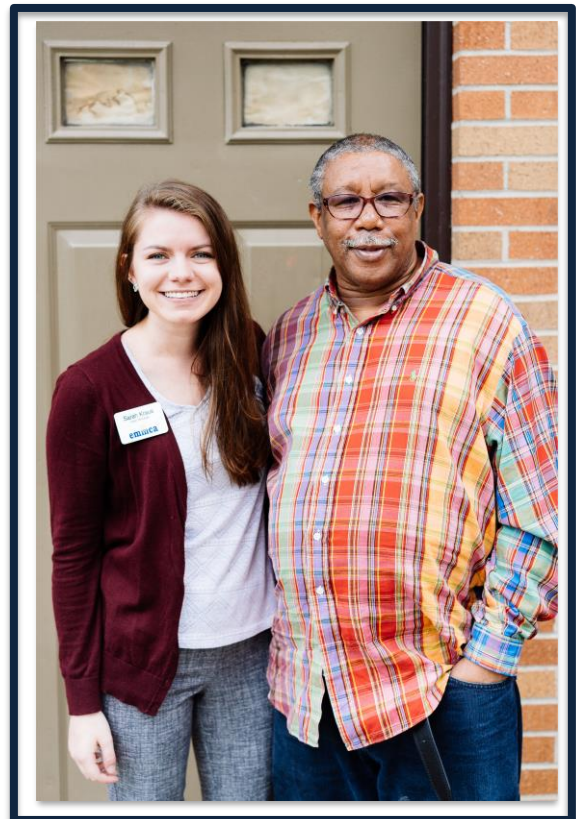
**GUIDING PRINCIPLES:**

1. Social Justice
  - a. Value inclusivity and diversity
  - b. Respect individuality
  - c. Address issues of disparity
  - d. Educate and advocate
2. Community Collaboration
  - a. Build strong and lasting partnerships
  - b. Participate in community decision-making
  - c. Foster two way philanthropy
3. Community Leadership
  - a. Strive for excellence
  - b. Model best practices
  - c. Promote innovation

**PROGRAMS:**

The East Madison/Monona Coalition of the Aging provides the following programs to empower older adults to remain healthy, safe and independent:

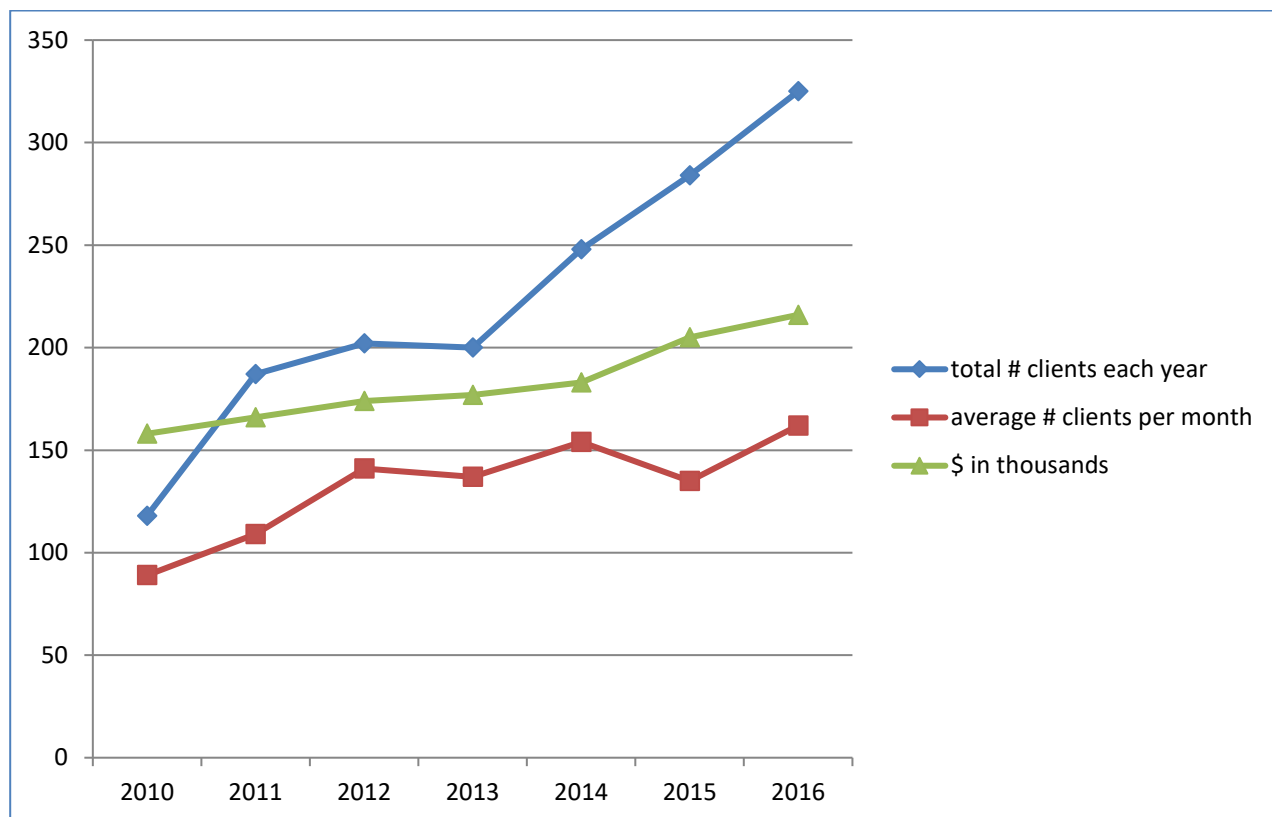
- Case Management
- Home Chore
- Nutrition Program
- Adult Day Care
- Loan Closet
- Foot Care Clinics



**Case Management:** Assists older adults and their families by connecting seniors to resources to help them maintain their independence. The majority of case managed clients have an income at 240% of the poverty level or below.

Year	Total Number of Case Managed Clients/Year	Average Number of Case Managed Clients/Month	Total Number of Case Management Service Hours/Year
2010	118	89	767
2011	187	109	915
2012	202	141	1588
2013	200	137	1362
2014	248	154	1734
2015	284	130	1698
<b>2016</b>	<b>324</b>	<b>162</b>	<b>2466</b>

**Case Management Trends Over Time**  
**Total number of case managed clients**  
**Average number of case managed clients**  
**And Funding Over Time**



**Home Chore Program:** Assists lower income older adults with common household tasks such as cleaning, laundry and yard work. Home chore clients have an income at 240% of the poverty level or below, are functionally unable to complete chores independently and are suited to have a volunteer work in their home.

**EMMCA Home Chore program in 2016:**

- EMMCA served 84 seniors in the home chore program.
- EMMCA worked with over 307 home chore volunteers.
- EMMCA provided 1,959 hours of volunteer home chore service to seniors.

**Nutrition Programs:** Provides healthy, well-balanced meals and social interaction opportunities for senior adults every weekday.

**EMMCA Nutrition Program in 2016:**

- EMMCA served 6,999 meals to seniors at our senior meal sites.
- Lunch is served Mondays and Wednesdays at Monona Meadows Apartments
- Lunch is served Tuesdays and Thursdays at Messiah Lutheran on Cottage Grove Road
- Breakfast is served Fridays at Cranberry Creek Café off of Broadway

**Nutrition Program Trends Over Time**

Change in Total number of Senior Meals Served Over Time



**Adult Day Center:** Provides care and activities for frail senior adults and senior adults with dementia. Day Center activities include: daily gentle exercises, crafts, games, music, baking, discussion activities, lunch, snacks, supervised rest and relaxation time, and special programs. All activities encourage socialization with peers. In addition, a quiet space is available for those who want quiet time. Experienced, compassionate staff works with the participants and their families to develop goals for each participant. Day Center care gives caregivers a chance for respite.

**EMMCA's Adult Day Center in 2016:**

- **EMMCA served 20 seniors in our Adult Day Center.**
- **EMMCA provided 11,824 hours of adult day center care.**

**Health Equipment Lending Closet:** Provides walkers, wheel chairs, raised toilet seats and other health equipment for check on a short-term or long-term basis. Items are available on a donation basis.

**EMMCA's Loan Closet in 2016:**

- **EMMCA checked out approximately 200 loan closet items.**

**Foot Care Clinics:** Provides affordable foot care with a nurse. Appointments are available twice a month.

**EMMCA's Foot Care Clinics in 2016:**

- **EMMCA provided 240 foot care appointments to seniors.**

**SUPPORT FOR EMMCA's SENIOR SERVICES:**

**Volunteers:** Provide assistance with the Home Chore Program, the Nutrition Program, the Adult Day Center, the Foot Care Clinics, the EMMCA office, and EMMCA's Board and Committees.

**EMMCA's Volunteers in 2016:**

- **EMMCA worked with over 369 volunteers in all of our programs.**
- **EMMCA's volunteers provided 4,726 hours of service in all of our programs.**

**Fundraising and Donations:** EMMCA's Board of Directors hosted their Seventh Annual Golf Outing. In addition, donations were requested throughout the year in the EMMCA newsletter and in letters sent to EMMCA supporters.

**EMMCA's Fundraising and Donations in 2016:**

- **EMMCA's Board of Directors made a net income of \$12,587 at the 2016 Golf Outing.**
- **EMMCA received \$37,089 in donations and grants.**

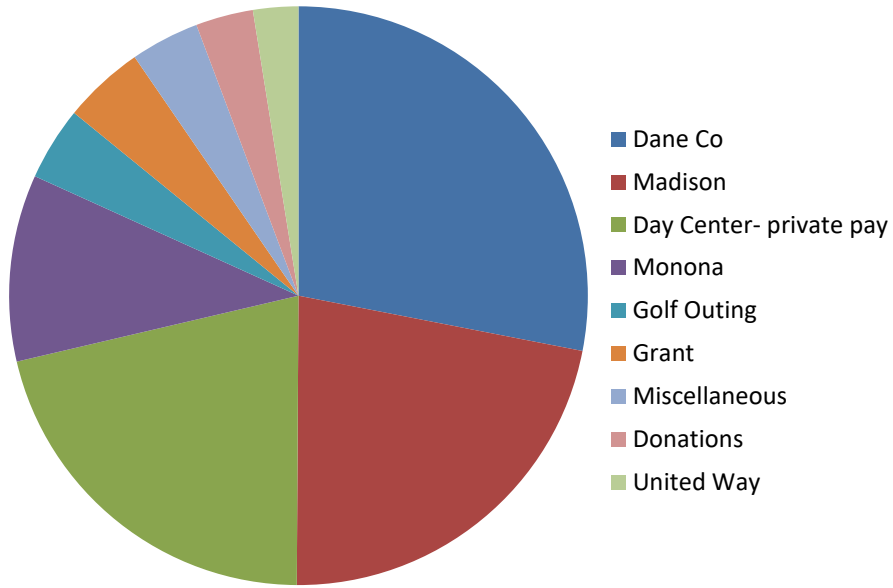
**2016 EMMCA BOARD OF DIRECTORS:**

Bob Di Loreto – President  
Ron Hanko – Vice President  
Bonnie Nutt – Secretary  
Katie Lichtie – Treasurer  
Dan Pechauer – Past President  
Anne Brindley  
Amy Devine  
Tim Francis  
Peter Gunderson  
Toni Hofhine

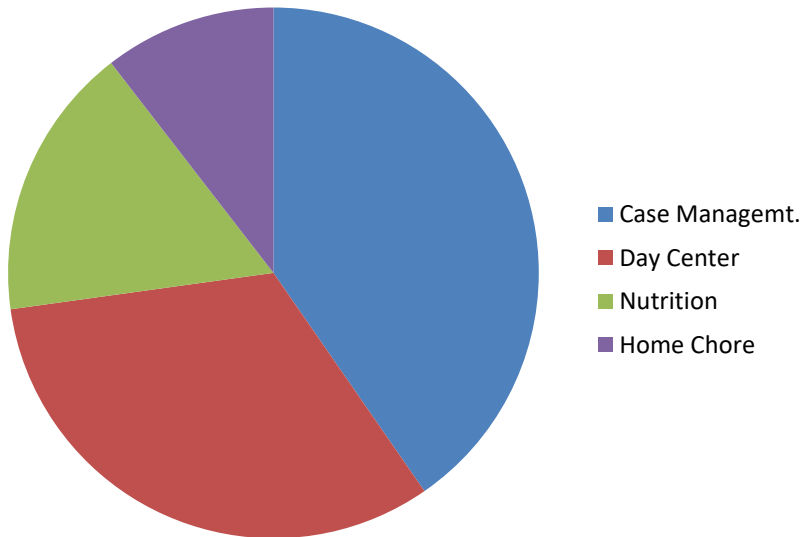
**2016 EMMCA STAFF:**

Sonya Lindquist – Executive Director  
Joe Neumaier – Administrative Assistant  
Deb Temerbekova – Administrative Assistant  
Julie Schubach, Lead Case Manager  
Jennifer Brown – Case Manager  
Sarah Kraus – Case Manager  
Becky Redelings – Home Chore Coordinator  
Theresa Pimental – Nutrition Coordinator  
Kristen Huber – Nutrition Coordinator  
Michelle Anderson – Adult Day Center Manager  
Christinia Gomoll – Adult Day Center Aide  
Deb Mickelson – Adult Day Center Aide  
Angelika Neitzel – Adult Day Center Aide  
Yvonne Slusser – Adult Day Center Aide

### 2016 Income = \$483,282



### 2016 Expenses = \$465,966



## 2016 Donors

Kathleen Adler  
Robert Albrecht  
Dorothy Anderson  
Bernice Anderson  
Nancy Anderson  
Marilyn Anderson  
Kim Andruss  
Jill Anthony  
Susan & Jon Axelrod  
Steven & Karlee Babcock  
Amber Bahn  
Barbara Baker  
Jane Basynski  
Deborah Benson  
Leslie & Barbara Best  
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Ken Bimpke  
Louise Bjorkland  
Tiffany Black  
Donald Blom  
Ilene Bright  
Shirley Buntin  
Laura Burke  
Josephine Butler  
Shirley Cappaert  
Neal Carson  
Linda Cayer  
Concourse Hotel  
Frank Gehrke  
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Steven Goldsmith  
Bob Gonzalez  
Toni Gorman  
Thomas Green  
Judi Griffin  
Edward Grzenia  
Peter Gunderson  
Jeff Gunderson  
Connie Hahn  
Gertrude Hall  
Hallman Lindsay Paints  
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Richard Harris  
Mary Heiser  
Don & Sandi Hendrikse

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Croak, Gonzalez, Eckerle & Martinson  
Cutting Edge Lawn Care  
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Tyler Dean  
Alfonso Delvie  
Rose Dercks  
Amy Devine  
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Delores Durtschi  
Jeanne Edmunds  
Betty Elsas  
Robertta Evans  
Barb Everson  
Jon Fadness  
Janice Farmer  
Julie Fedele  
Anna Femrite  
Shirley Fessenden  
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Ruth Frohmader  
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Marianne Gariti  
Richard Gartner  
Marcene Hensel  
Brenda Hetzel  
Karen Hines  
Sr. Frances Hoffman  
Irene Hofmaster  
Patricia Holden  
Victoria Holmes  
Dj Hoover  
Kevin Huggins  
Bruce Huibretsge  
Geraldyn Hurley  
Sarah Isaak  
Steve Jacobs  
Dr. D.G. James  
Martin Jenich  
Gregory & Michelle Jepson  
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Roberto & Luisa Jimenez  
Fred Johnson  
Janet Jordan

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Susan Kanable  
Tom Kasper  
Georgia Kautz  
Thomas Keller  
Nancy Kendrick-Miller  
Sarah Kerene  
KFC Of Dane County  
William Kneebone  
Lake Edge Lutheran Church  
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Mike Landry  
Glen & Sally Lee  
Sonya Lindquist  
Judy Linscheild  
Nicky Linschurd  
Monica Livingston  
Justin Loabs  
Isabel Lomasney  
Karen Love  
Gayle Love  
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Kathy Mcnally  
Helen Meeker  
Tom Meilke  
Judy Metz  
Debra Mickelson  
Betty Miller  
Rita Mitchell  
Lois Moffatt  
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Monona State Bank  
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Kent & Mary Peterson  
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Peggy Ann Poss  
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Sidney & Mary Pringle  
Alice Punwar

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Sharon & Kenneth Krebs  
Maxine Krengel  
Steven Krinsky  
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Kula Yoga  
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Ruth Navratil  
Joann Nicholls  
Jan Nieft  
North Central States Regional Council Of  
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Oak Park Place  
Meredith Oehlkers  
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Warren & Nancy Onken  
Adelina Onsrud  
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Tracy Osahin  
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Everett Packard  
Lori Parisi  
Park Side Pub  
Ja Patenaude  
Guy Paulauskis  
Travis Payne  
Rev. M.P. & Martha Pechauer  
Dan Pechauer  
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Quarles & Brady  
Recover Health  
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Tracy Rickey  
John Rolfsmeyer  
Jane Rouleau  
Silvia Ruiz Gomez  
Judy Runk  
Sandi Ryan  
Jim Ryan  
Ryan Hair Designs



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Cynthia Schoettler  
Donald Schroeder  
Bob & Ruth Schroeder  
Margaret Schulze  
Smydon Chevrolet  
Kenneth & Elizabeth Sorge  
Jim Stellhorn  
Steve Jacobs  
Elfrieda Strand  
Patrick Sullivan  
Summit Credit Union  
Andrea Sutheland  
Jay Swenson  
Elena Tabachinick  
Dorothy Taylor  
The Ultimate Veritas Spa &  
Salon  
Ruth Theisen  
Francis & Annette Trapp  
John & Willeen Tretheway  
Jean Trickey  
Mark Unangst  
Rick Vanden Heuvel  
James & Debbie Vlastic  
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June Weisenberger-  
Blanchard  
Jeanette Williams  
Kathy Williams  
Kenneth Wills  
Helen Wood  
Edwin Wood

Pat Schumacher  
Edward Scoville  
Gene Scullion  
Senior Helpers  
Dr. Peter Shield