



EAST MADISON/MONONA COALITION OF THE AGING
4142 Monona Drive, Madison WI 53716
608-223-3100

Annual Report 2015

MISSION:

The East Madison/Monona Coalition of the Aging (EMMCA) empowers older adults to maintain their health, safety, independence and community connection.

GUIDING PRINCIPLES:

1. Social Justice
 - a. Value inclusivity and diversity
 - b. Respect individuality
 - c. Address issues of disparity
 - d. Educate and advocate
2. Community Collaboration
 - a. Build strong and lasting partnerships
 - b. Participate in community decision-making
 - c. Foster two way philanthropy
3. Community Leadership
 - a. Strive for excellence
 - b. Model best practices
 - c. Promote innovation

PROGRAMS:

The Coalition provides and administers a variety of services and programs for older adults including:

Case Management: Assists older adults and their families by connecting seniors to resources to help them maintain their independence. The majority of case managed clients have an income at 240% of the poverty level or below.

EMMCA case management service provided in 2015:

- **EMMCA served a total of 274 seniors in case management.**
- **Each month there were on average 130 active case managed clients.**
- **EMMCA provided 1,698 hours of case management.**

Trends in EMMCA case management from 2010 to 2015:

- The unduplicated yearly total of case managed clients has increased 132%
 - (from 118 in 2010 to 274 in 2015)
- The monthly average of active case managed clients has increased 46%
 - (from 89 in 2010 to 130 in 2015)

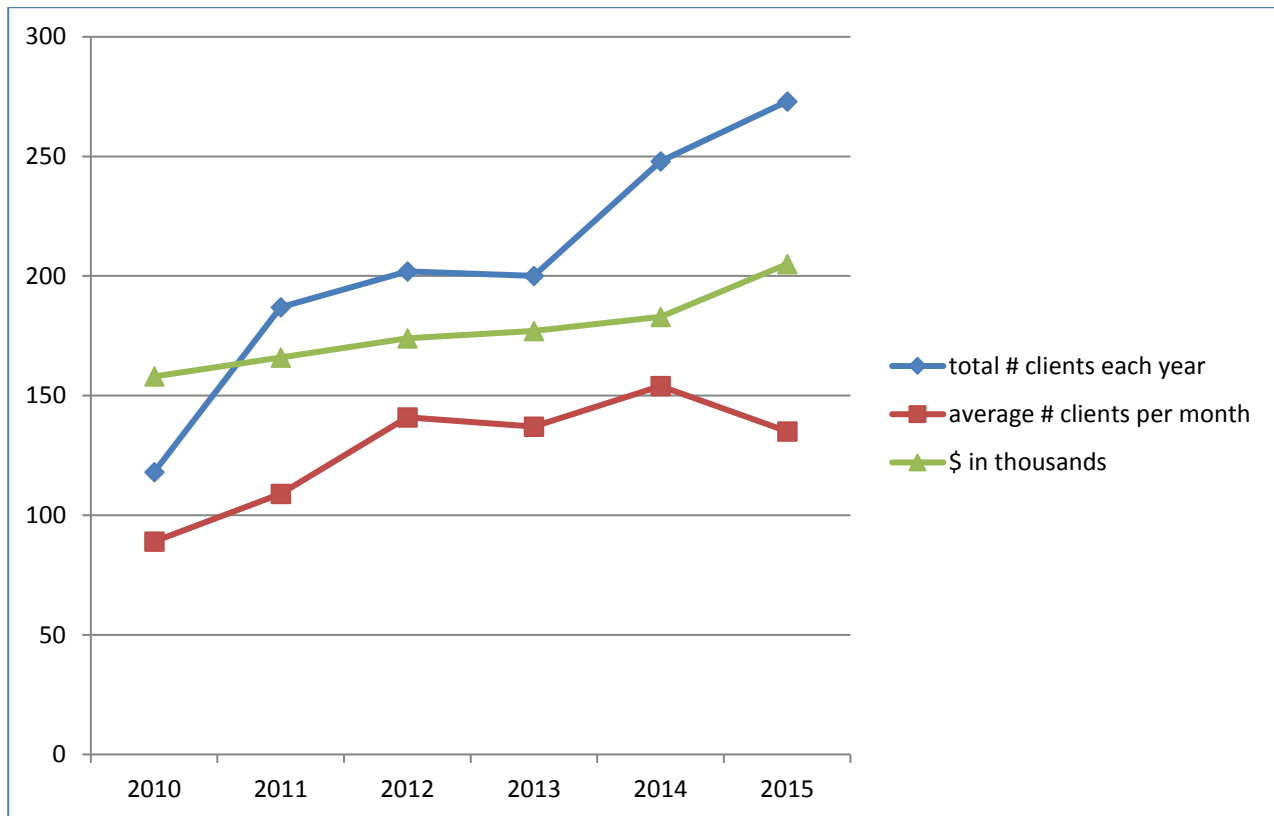
Case Management Trends Over Time

Increase in

Total number of case managed clients

Average number of case managed clients

And Funding Over Time



Home Chore Program: Assists lower income older adults with common household tasks such as cleaning, laundry and yard work. Home chore clients have an income at 240% of the poverty level or below, are functionally unable to complete chores independently and suited to have a volunteer work in their home.

EMMCA home chore service provided in 2015:

- EMMCA served 69 seniors in the home chore program.
- EMMCA worked with over 363 home chore volunteers.
- EMMCA provided 1,804 hours of volunteer home chore service to seniors.

Caregiver Support: Provides caregivers and care recipients a chance to interact with EMMCA staff, other professionals, other caregivers and other care recipients for information and support.

EMMCA Caregiver Support in 2015:

- 10 Supper and Support group meetings were held during the year.
- Average attendance was 10 caregivers and care recipients.

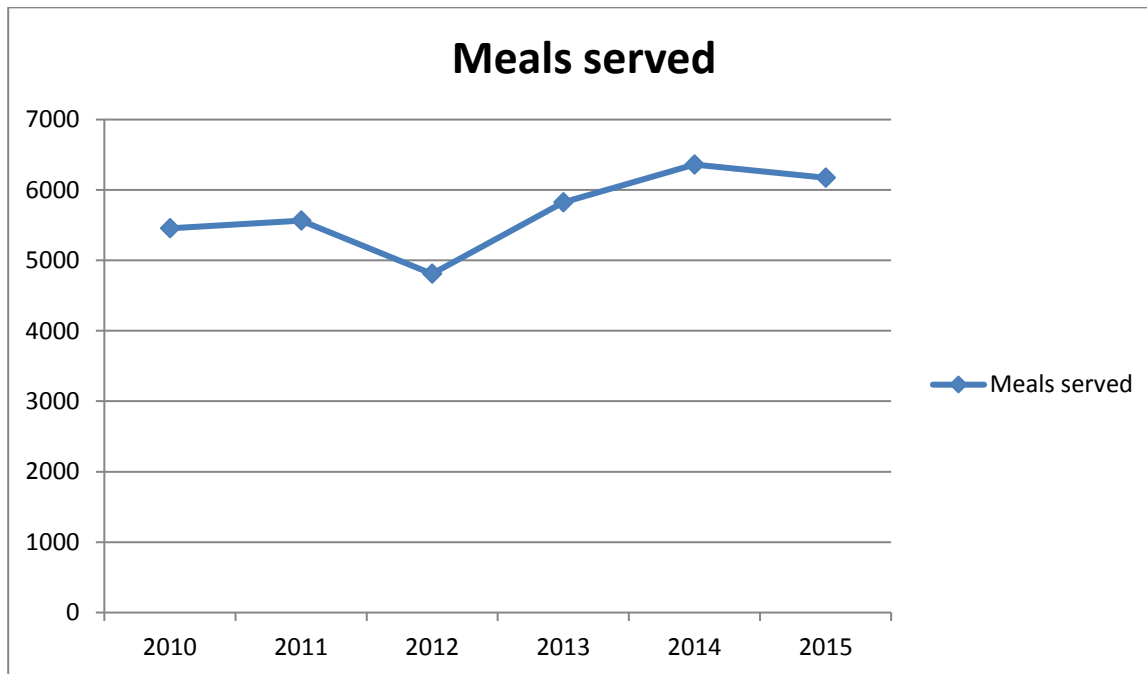
Nutrition Programs: Provides healthy, well-balanced meals and social interaction opportunities for senior adults every weekday.

EMMCA Nutrition Program in 2015:

- **EMMCA served 6,172 meals to seniors at our senior meal sites.**
- **Lunch is served Mondays and Wednesdays at Monona Meadows Apartments**
- **Lunch is served Tuesdays and Thursdays at Messiah Lutheran on Cottage Grove Road**
- **Breakfast is served Fridays at Cranberry Creek Café off of Broadway**

Nutrition Program Trends Over Time

Change in Total number of Senior Meals Served Over Time



Adult Day Center: Provides care and activities for frail senior adults and senior adults with dementia. Day Center activities include: daily gentle exercises, crafts, games, music, baking, discussion activities, lunch, snacks, supervised rest and relaxation time, and special programs. All activities encourage socialization with peers. In addition, a quiet space is available for those who want quiet time. Experienced, compassionate staff works with the participants and their families to develop goals for each participant. Day Center care gives caregivers a chance for respite.

EMMCA's Adult Day Center in 2015:

- **EMMCA served 23 seniors in our Adult Day Center.**
- **EMMCA provided 11,968 hours of adult day center care.**

Volunteers: Provide assistance with the Home Chore Program, at the Nutrition Program sites, in the Adult Day Center, at Foot Care Clinics, in the office, and on the Board and in Committees.

EMMCA's Volunteers in 2015:

- **EMMCA had 486 volunteers.**
- **EMMCA's volunteers worked 4,307 hours.**

Health Equipment Lending Closet: Provides walkers, wheel chairs, raised toilet seats and other health equipment for check on a short term or long term basis. Items are available on a donation basis.

EMMCA's Loan Closet in 2015:

- **EMMCA checked out approximately 200 loan closet items.**

Foot Care Clinics: Provides affordable foot care with a nurse. Appointments are available twice a month.

EMMCA's Foot Care Clinics in 2015:

- **EMMCA provided 240 foot care appointments to seniors.**

Fundraising and Donations: EMMCA's Board of Director's hosted a Golf Outing for EMMCA and for the Adult Day Center. In addition, donations were requested in our newsletter and in letters sent to EMMCA supporters.

EMMCA's Fundraising and Donations in 2015:

- EMMCA's Board of Director's made a net profit of \$11,205 at the Annual Golf Outing.
- EMMCA received \$19,483 in donations and grants.

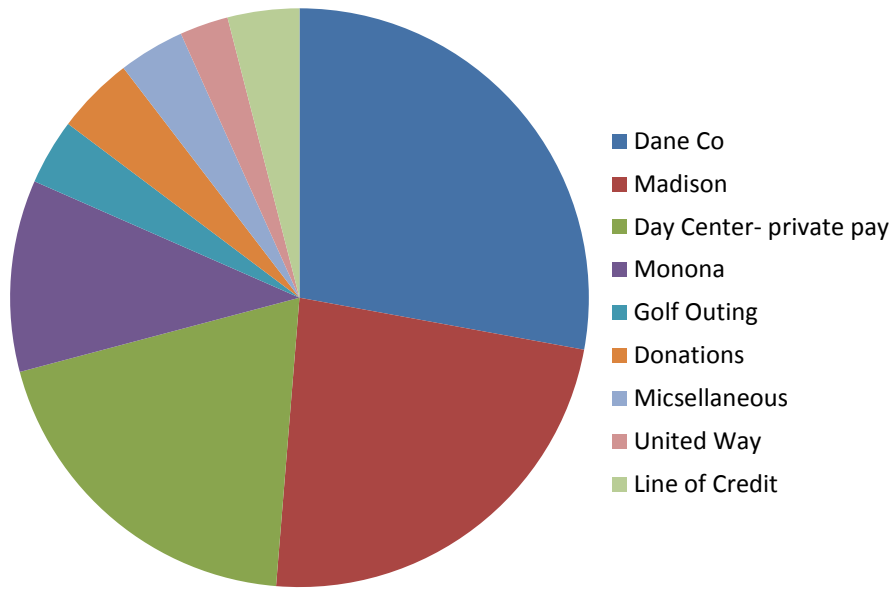
Board of Directors: The EMMCA Board of Directors had 10 members in 2015.

Dan Pechauer – President
Bob Di Loreto – Vice President
Robert Gannon – Secretary
Michael McHugh – Treasurer
Peter Gunderson – Past President
Jeff Gunderson
Ron Hanko
Bill Kneebone
Bonnie Nutt
Linda Nettesheim

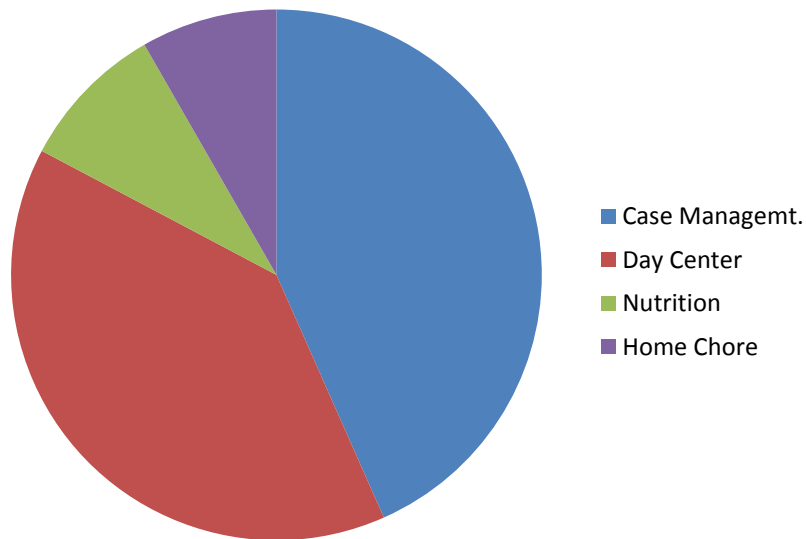
2015 EMMCA STAFF:

Sonya Lindquist, Executive Director
Joe Neumaier, Administrative Assistant
Julie Schubach, Lead Case Manager
Jennifer Brown, Case Manager
Nikole Chapman, Case Manager – part of the year
Becky Redelings, Home Chore Coordinator
Theresa Pimental, Nutrition Coordinator
Michelle Anderson, Adult Day Center Manager
Tina Gomoll, Adult Day Center Aide
Deb Mickelson, Adult Day Center Aide
Yvonne Slusser, Adult Day Center Aide

2015 Income = \$449,003



2015 Expenses = \$449,003



2016 Donors

Golden Heart Senior Care	Kenneth Berg	Helen Filpiak
Gunderson Funeral Home, Inc.	Bill Kneebone	Rex Fletcher
The Medicine Shoppe	David Blair	Pamela Foglia
North Central States Regional	Donald & Sonia Blom	Betty Jean Foster
Council of CARPENTERS	Dick Blotz	Lisa Fuelleman
Monona Lioness Club	Donna Boyes	Rob Gannon
Park Side Pub	Carla Bradley	Elizabeth Garcia Hill
Monona Plumbing and Fire	Richard Brantmier	Marianne Garti
Protection	Diane Brinson	Richard Gartner
Symdon Chevrolet	Barbara Brown	Pauline Gay
Alliant Energy Foundation	Leonard Bruheim	Barbara Glaeser
Quarles & Brady	Terry Brundish	Emma Godfrey
Hallman Lindsay Paints	Barb Brunner	Steve Goldsmith
Stafford Rosenbaum LLP	Josephine Butler	Croak Gonzalez Eckerle &
Croak, Gonzalez, Eckerles 7	Marsha Cannon	Martinson
Martinson	Helen Chadwick	Ronald & Lynda Grabert
East Side Service	Sao-Jie Chen	Gary Grassman
Monona Grove Businee Men's	Callie Christanson	Mary Grunow
Association	Phyllis Clark	Edward Grzenia
Fairway Independent	Lucille Coats	Dora Guggler
Mortgage Corp.	Allen Collins	Jeff Gunderson
Mr. Robert's Bar & Grill	Robert Colwell	Peter Gunderson
Agrace Thrift Store	Keith Cooley	Jeffrey Gurriell
Senior Helpers	Kathleen Cooley	Sue Hagen
Allen Knop	Dan Cottom	Meg Hamilton
Dan Pechauer	Michael Coyle	Eugene & Joanne Hanson
Ryan Hair Design	Katie Crawley	Suzanne Hargraves
Dan Schuette	Curtis & Sherri Bush	Victoria Lee Harper
MOJO Foods	Alfonso Delvie	Richard Harris
Ryan Ackerman	Rita Dennis	Francine Hartman
Kathleen Adler	Bob Di Loreto	Frances Hartman
Amy Alsmo	Annette Dickens	James Hauck
Cecil Anderson	Alice Dillman	Sherry & Craig Hayes
James Anderson	Deanna Duerst	Mary Heidt
Dorothy Anderson	Tim Duppler	Myrna Heiser
Marsha Anderson	Jim & Jan Eastman	Chris Helsman
Anton Arneson III	Nedra Ebsen	Irene Hofmaster
William Ashley	Jeanne Edmunds	Patty Holden
Karen Backes	Read Eldred	Eileen Hughes
Sylvia Bailey	Joshua Erb	Sarah Isaak
Barbara Baker	Paul Esser	Mim Jacobson
Raymond Banovez	Joan Esser	Dr. D.G. James
Jane Baszynski	Roberta Evans	David Jenks
Mary Batt	Julie Fedele	Noel Johnson
Cheryl Batterman	Angela Federman	Johnson Family LLP
Kenneth Beck	Hildy Feen	Kris Jolie
Tom Benson	Anna Femrite	Robb Kahl
	Roberta Ferge	Karen Kalinoski

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Joan Kelly
Heidi Kent
Craig Kerse
Wayne & HattieKing
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Sue Klenke
Laurie & Earl Knitt
William Kobs
Carol Koschel
Colleen Kunkel
Paul & Atsuko Kusuda
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Lois Kvammen
Esther Lang
Carey Leerek
Scott & Misty Lewis
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Sonya Lindquist
Michelle Little
Monica Livingston
Isabel Lomasney
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Elin Malliet
Meyer Marcia
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Michael Mc Hugh
Dorothy Mc Knight
Ray & Mary McCool
Amanda McCullough
Carol McGuigan
Marilyn McGuire
Cathi Mecham
Tom Meikle
Keri Mellenthin
Sandra Mendez
Marcia Meyer
Mary Michaelis
Betty Miller
Traci & Joanie Miller
Chris Miller
Betty Miller
Glenn Miller
Brent Montry
Thomas Moore
Ann Munkres Zenner
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Paul Kusuda
Travis Payne
Dan Pechauer
Lloyd Perry
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Kent Peterson
Susan Peterson
Richard Peterson
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Marjorie Rundle
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Bruce Scoville
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Rose Shafer
Carolyn Sharpe
Tim Shaw
Katina Shaw
MaryLynn Shirshac
Alice Simon
Tom Sinclair
Teresa Sizer
Dennis & Rose Skibba
Daniel Slick
Laura Slinde
Robert Sowls
Dean & Shirley Spaith
Cindy Spankowski
Linda & Tim Stanley
Diane Stapleton

Lois Steensrud
James Stellhorn
Wes Stiemke
Elfrieda Strand
Marvin Strehlow
Sue Goldman
Andrea Sutherland
Evelyn Taylor
Donald & Mary Lou Taylor
Ruth Theisen
Jim Thrun
Dorothy Traisman
John Tretheway
Mike Vilbrandt
Jeneba Weller
Pat Wienkers
Stacy Wilcox
Barbara Wilkey
Jeanette Williams
Belden Wills
Janet Wilson
Eileen Wilson
Damien & Judith Wilson
Alecia Winter
Gary Wolfe
Helen Wood
Edwin Wood
Pamela Woodman