



BRIEFLY SPEAKING

November 2013

Volume 11 Issue 3

November General Membership Meeting

Hosted by the Fund Development Committee

Tuesday, November 5th, 2013

5:30 social 6:15 meeting

6:00 Passport to Prizes Drawing

6:30 to 7:45 speaker

Youngstown Main Library

305 Wick Avenue, Youngstown, OH 44503

***Carlton Sears of the Harwood Institute -
"Finding a Collective Decision and the
Aspirations for Your Community"***

Mission Statement

The Junior League of Youngstown is an organization of women committed to promoting volunteerism, developing the potential of women and improving communities through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.

Briefly Speaking is published ten times per year for members of JLY. The deadline for each edition is the third Tuesday of the month. Information should be submitted via email, as a

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National Food Day
Lois Koval

President's Message



Oh, Good Grapes ... with some instruction and direction, Maria and I embark on the weekly grocery store shopping trip. On the list: cucumbers, pears, bananas, and good grapes (I'm funny about mushy ones). Just like our 12 and 11 year old, our 5 year old Maria recognizes the produce that she likes and gravitates towards her favorites. She inspects and then asks. I offer the produce bag and she counts out how many items should go into the bag. What she likes: cucumbers. But this one looks like a zucchini. "This one is a zucchini," I offer. And then she hunts for the cucumber. Upon finding one, she wants three. "Great, but two is fine," I say. She mentions we need veggies for lunches and then says, "Carrots!" "What kind? The petite, baby cut, matchstick or the traditional carrot bunch in a bag?" "Baby cut," she says. "I don't like the matchstick." "They are better for salads," I say.

So I'm feeling pretty triumphant that we have made it past the promotional items at the front, and we have chosen good produce that we both need and want. With an almost stellar selection of produce staring at us from inside the cart, Maria and I round the bend and head for the grapes. Strategically placed on a rack en route to the grapes, there are stacks upon stacks of gummy worms, sour gummy worms, jelly bellies, and foiled round candies modeled after gold coins. "Can I have these?" Maria in her innocence and delight asks. "No, you cannot. Let's have some healthy food," I say.

Advocacy in Action? Or is this a mommy moment when you search how to articulate healthy food choices to your 5 year old daughter? We make our way to the grapes and encounter a nice variety. "Can I have these?" I asked Maria to inspect the bottom of the bag and sure enough, brown spots on the grapes. I am mushy adverse when it comes to food. These grapes will go bad when they arrive to our newly cleaned out refrigerator. We moved to the choice of red, seedless grapes. They look fine. "Red is good," I said. Maria thought that was okay too, so we motor through to the meat department but get tripped up buying a few cans of princess inspired soup. Low sodium. Healthy for kids. I take the bait. Next: frozen tilapia. Check! Baby scallops for paella. Check! And then pre-packaged lunches in snack portions. "Can I have these?" Just one, I say. And one selection becomes, two, three. "Now, that's enough." I share. I'm thinking about the crock pot at home full of beef stew, the reading homework in Maria's backpack. The couch to 5K run I had interrupted for a phone call and then the older kids with their piano books in hand who will be home in 90 minutes. And then, there's the ever watchful school crossing guard who wants to inspect my grocery cart throughout every choice I make in the store. I shop more now for suitable lunch bag and tummy fillers since our three children want to be considered "packers" and not "buyers". It saves time. Our older two children were always enthralled with buying in the initial stages of elementary school and have graduated to packing their lunches themselves. For this, I am thankful. Next. Diet bread for me. Freezer zip bags. Generic brand. I'll save. These needs are absolutely too close to the health and beauty aisle which include: character inspired Band-Aids. We have a stockpile at home. "Mom, Band-Aids?" Sure. "I like both SpongeBob and Princesses." "You have to decide, Maria. You cannot have both." A choice between the two begins. "Out goes, y, o, u! Okay, I like SpongeBob. It's alright." Maria is pleased that eenie meanie results in a choice that favors her today. And then I dare to divert to the vitamin aisle – a commercial for a woman's multi-vitamin is on my mind. "What are these?" I wonder. "Oh yeah, mom, I LOVE those gummy vitamins." Oh, great. Something good for you, disguised as something bad for you. Gummy vitamins in a multitude of shapes, sizes, choices, and varieties that appeal to ANY possible cartoon character and flavor variation. "Get them," I say.

In the homestretch we are almost to the checkout and Maria helps me move the food to the belt. We made it through the grocery store, with some instruction and some direction. I wonder who else heard us?

And thus the work of the advocate – in a small way – not so much a big way -- as with one last sweep of decision making – I move the bite sized peanut butter chocolate foil cups above the grocery conveyor belt up and out of sight.

Thanks for joining us on this advocacy journey. We have choices to make – and some of the biggest improvements start small.

Happy Thanksgiving! Sincerely,
Leah Wilson, President, 2013-2014



Done in a Day

November DIAD Opportunity
Second Harvest Food Bank
Saturday, November 16th, 2013
9:00am-Noon

Wear Comfy Clothes, Layers, and Tennis Shoes –
no loose jewelry
We are packaging food

November DIAD Collection Opportunity
Non-perishable food items

Save the date...for our January DIAD
Bella Women's Center
Saturday, January 25th, 2014
1:00pm-4:00pm

Please RSVP to:

Jessie Wright: jcw@ssb-cpa.com; 330-533-1131 or
Barb Schuller: juniorleagueofyoungstown@gmail.com;
330.743.3200

National Food Day



The Junior League was on hand with volunteers Saturday Oct. 19th at Whitehouse Fruit Farm Promoting Healthy eating habits. With apples donated by Whitehouse, the League was able to offer healthy snacks as well as a recipe book offering nutritious meal options. Dietician Debbie Gilbert was also there to help educate kids on the importance of healthy eating.

Fall One on One Sessions

Fall One-on-One Sessions will be held on
Thursday, November 14th, at the home of Kelley
Schuller in Canfield, and Tuesday, November 19th,
at the home of Barbara Banks in Poland.

If you have not signed up please contact
Laura Rumble at 330-565-0545 or
larrumble@aol.com to schedule your session.



Passport to Prizes

Fund Development is excited to announce the upcoming Passport to Prizes drawing at the November 5th General Membership Meeting. In keeping with the Passport theme, we will be serving refreshments with a global flair and we encourage members to wear something with an international theme. Crack out your sombrero, beret, viking hat, sari, kimono, or kilt. We will award a prize for most creative outfit. The social will begin promptly at 5:30 PM.

Our next call will be Sunday evening, November 3, at 8 PM. Dial in: (712) 432-0265 access code 793057 followed by # sign.

Mother Daughter Brunch

Mother Daughter brunch will be Saturday November 30th at the Youngstown Country Club. Social will begin at 10:00 am featuring photography sessions by Jason Green studios for only \$7 (cash only, please) for a 5 x7 photo.

Wild Flower Cove will be selling their floral arrangements and other holiday items with a portion of the sales being donated to JLY during the social hour as well. Angelic entertainment will be presented for the young ones while we will be honoring the relationship between mothers and daughters! The cost for the brunch is \$30 for adults and \$12 for children twelve and under. If you haven't been to a mother/daughter brunch in a while, or you always make this a traditional start to all of your holiday activities, this is the year for you! Please RSVP to Barbara Banks.



2013-2014 General Membership Meetings

DATE	LOCATION	TOPIC
Tuesday, November 5	Public Library of Youngstown 305 Wick Avenue, Youngstown, 44053	Carlton Sears The Institute for Public Innovation Topic: Harwood Training
Tuesday, January 14	Neighborhood Meeting Locations: Poland –Barbara Banks Boardman-Marcy Svensen Liberty/Warren –Carol Gubany Canfield –Beshara home	TBA
Tuesday, February 11	Mahoning Valley Historical Society **Bring a Friend** Tyler Building, Federal Street, Youngstown, 44502	Penny Senyak Topic: Diversity Training
Tuesday, March 11	Public Library of Youngstown 305 Wick Avenue, Youngstown, 44053	Lisa Long Rich Center Topic: Enhancing your Volunteer Training
Tuesday, April 8	Stambaugh Auditorium 1000 5th Avenue, Youngstown, 44504	Food Summit, Research & Development, Training & Education, Provisionals, Marketing
Tuesday, May 20	Annual Dinner Location: TBA	TBA

Leaders sought for 2014-2015

Leaders Sought for 2014-2015!

The Nominating Committee is looking for potential leaders for 2014 – 2015. Have you held a leadership position at work, in the League or with another nonprofit organization? Are you excited about the strategic direction of the League? If so, the League wants you! The following positions need to be filled for the next League year:

Officers:

President Elect (2014 – 2015 and automatically serves as President in 2015 – 2016)

Secretary (2014 – 2015 and 2015 - 2016)

Nominating Committee

Member (2014 – 2015 and 2015 – 2016)

Member (2014 – 2015 and 2015 – 2016)

Please talk to your League advisor about leadership opportunities at your One-on-One meetings. The Nominating committee will also be at One-on-One meetings to answer any questions. The Nominating Packet is now available on the JLY website. Contact Kera Thompson 330-317-9042 or kera_thompson@hmis.org

The application deadline is Saturday, November 30, 2013.

Save the Dates

December 10th - Holiday Social 6:30 pm place TBD bring toy for Toys for Tots donation.

December 7th - Youngstown Holiday Parade and Festival (volunteer day)

January 14 th- Neighborhood meetings:

Youngstown/Warren - Hostess Carol Gubany, Hubbard, OH 44425

Boardman - Hostess Marcy Svenson, Boardman, OH 44512

Poland –Hostess Barbara Banks, Poland, OH 44514

Canfield –Hostess Anna Aey at Beshara's house, Youngstown, OH 44511



October General Membership Meeting Minutes

Agenda Item	Discussion	Action/Follow-up
Welcome	Leah Wilson called the meeting to order at 6:33 p.m. A quorum was present for voting. Special Goodbye to Connie Knecht as she is moving to North Carolina.	
Introduction of "Bring a Friend"	Kelly Kiraly asked JLY members to introduce their guests.	
Membership Social	Heather Elder reported the upcoming social events and volunteer opportunities as mentioned in the Briefly.	
BUSINESS MEETING		
Approval of the September General Membership Meeting Minutes	The business meeting resumed at 6:40 p.m. The minutes of the September General Membership meeting were reviewed.	Marion Dunham moved that the minutes be approved. Kelly Kiraly 2nd the motion and the motion passed.
Pink Ribbon Tea	Susan Stewart reported there were 438 guests in attendance. Very outstanding event. There is a 20th Anniversary committee forming to plan next year's Tea.	Let Susan Stewart know if you are interested in being on the committee.
Oh WOW! Update	Kelly Kiraly reported on the proposal of partnership with Oh WOW. Possibly in conjunction with the JLY's Kids in the Kitchen event. The JLY has been asked to co-chair the project with them. Questions & answers regarding the JLY commitment, clarifications were made by Kelly	Contract is scheduled to be voted on in November.
Treasurer's Report	Maggie Admas reported: Checking: \$15,447.12, Money Market: \$40,795.07, Community Foundation \$7,9600, Liabilities \$18,734.89, Passport to Prizes to date \$4,500. Contact Maggie if interested in participating in a finance committee for the JLY.	Maggie Adams moved the September financials be approved. Beth Drennen 2nd the motion and the motion passed.
Research & Development	Lois Koval reported there are sign-up sheets for upcoming D.I.A.D. opportunities highlighting National Food Day. Briefly posts this information.	Contact Lois for food donations & volunteer times for NFD.
Passport to Prizes	Kristen Frank thanked those who turned in sold entries and future opportunities for entry turn-ins Oct 24 deadline. Nov 5 is the drawing date which is the November GMM.	
Youngstown Peace Race	Jessie Wright reported we will be meeting on the 2nd floor of the Youngstown YMCA to begin volunteering for the Peace Race. Mentioned future D.I.A.D. as mentioned in the October Briefly. Looking for volunteers to coordinate the Santa's Workshop event hosted by Grow Youngstown On December 7th.	Contact Jessie for volunteer sign-ups.
One-on-One Advisor Meetings	Laura Rumble reported the sign-up sheets are now available. Thursday, Nov 14 at Kelly Schuler's home in Canfield and Tues, Nov 19 at Barbara Banks home in Poland.	
Nominating	Kera Thompson reported the Nominating packets are now available. Discussed items in the packet including cover letter, essay questions & your personal Resume.	Contact Kera with any questions & obtain a packet. Deadline is Nov 30 3:00pm through email to Kera.
GMM Training & Education		
Introduction of Speaker	Beth Drennen introduced Janine Le Suerur of AJLI, Training & Education Director.	
Speaker	<p>Janine discussed the topic of "Taking Impact into the Community". Mentioned a series of projects the 290 JL's have been doing across the globe as the lengthy list is truly amazing and very diverse.</p> <p>-What would we want to be known as in our community. League members replies to be trained volunteers and community leaders also to be the "go to" organization for volunteer assistance to fore fill community needs.</p> <p>-Roadmap for the Future "and transformation". These days Professional women are members juggling many responsibilities and was not always so. Making sure members are pleased with the volunteer experience.</p> <p>-Focus of The Junior League Mission: What we do best is develop community volunteers & civic leaders</p> <p>-Why Issue-based Community Impact: Approach to nonprofit civic engagement . The League's role and positioning in the community. Community collaborations & alliances on shared outcomes. Leadership development through capacity building , advocacy & direct service.</p> <p>-JLY current Community Impact Focus Area: To advocate on behalf of children in the community who need healthy meals to succeed in school. How do you see yourselves engaging with this issue? What do you see as the possibilities? What do you want from this experience?</p> <p>-Public education & awareness: To advocate for children who need healthy meals in order to succeed in school.</p> <p>-Aligning Member Development with Impact: A program portfolio involves integrating member development with community impact.</p> <p>-The New Junior League System: Governance, Management, Community Impact, Membership (volunteer engagement vs volunteer management).</p> <p>-If JLY was issue-based...our League would...the premier organization of knowledge in health & nutrition in relation to child obesity & school readiness.</p>	
Adjournment	Meeting was adjourned at 7:57p.m. The next meeting will be on November 5, Youngstown Main Library, 305 Wick Ave, Youngstown, Ohio 44503	



Renewal of Project



WHO: OH WOW! Health and Wellness Committee and The Junior League of Youngstown

WHAT: The development and production of a permanent exhibit dedicated to Health & Wellness that builds on the experiences with a traveling exhibit and highlights the role of technology within a **NEW Health and Wellness Exhibit Zone**.

Estimated Cost: \$200,000.

*OH WOW! anticipates nearly 100% of the needed finances to come from sources outside of the JLY.

Monetary participation is completely up to JLY.

WHEN: Summer/Fall 2014 and Ongoing Volunteer Participation

WHERE: OH WOW! The Roger and Gloria Jones Center for Science and Technology / Bottom Floor

WHY: The Children's Museum of the Valley (now transitioned to OH WOW!) was a League project. They are honoring our previous commitment and asking us to step in again because of our **advocacy and knowledge in the area of school readiness as it relates to childhood obesity**. We will discuss additional volunteer opportunities.

HOW: The Committee will evaluate the performance of the traveling exhibit, "The Bone Zone Carnival of Healthy Choices", and use this evaluation to begin selection of the permanent exhibit components by June, 2014. Building and installation for are s scheduled to occur in September, 2014. It's anticipated that the proposed expansion will **improve the health and well-being of our community, including those who are poor and underserved, as this exhibit will offer a community-based health and wellness educational experience for an estimated 45,000 visitors annually**.

*Please submit COMMENTS, QUESTIONS, & CONCERNS to Kelly Kiraly at kjk1482@yahoo.com or 330.307.2169.

You may also request a copy of the full proposal*



Youngstown Peace Race

The Peace Race is an annual 10 kilometer and 2 mile fun run/walk that attracts runners from all over the world to celebrate the sport of running, the spirit of the athlete and the momentary heartbeat of peace. Last month our League partnered with the Davis YMCA to utilize the Kashi grant we received through AJLI. Eight kids were sponsored to be part of the FasKidz team that ran in the annual Youngstown Peace Race. They spent six weeks training for the 2 mile race. Our athletes included an 8 year old boy who decided that running is his "natural Talent" and a 13 year old girl who was recently diagnosed with diabetes and wants to control it with exercise. The JLY sponsorship and subsequent training hopefully begins a lifetime of healthy habits. We look forward to seeing our runners again!



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Congratulations

Congratulations to active League member Elizabeth Stevens, who married Chet Kijowski on Friday October 18 at Holy Family Church . The couple will reside in Poland.



Staying Connected with the League....

The Junior League of Youngstown currently has Facebook, Twitter and LinkedIn pages. Send a request to connect and enjoy these League networking opportunities.

