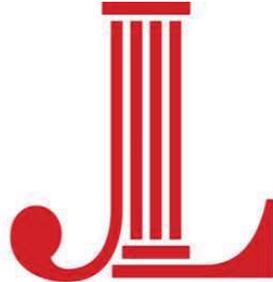


BRIEFLY SPEAKING

May 2013

Volume 10 Issue 9



*The Junior League of Youngstown
cordially invites you to the*

2013 Annual Dinner

Tuesday, May 21, 2013

5:30 pm Social

6:30 pm Dinner

Avion On The Water Banquet Center

2177 West Western Reserve Road

Canfield, Ohio 44406

Please RSVP by May 6, 2013

Mission Statement

The Junior League of Youngstown is an organization of women committed to promoting volunteerism, developing the potential of women and improving communities through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.

Briefly Speaking is published ten times per year for members of JLY. The deadline for each edition is the third Tuesday of the month. Information should be submitted via email, as a Microsoft Word document, to Tara Mady at tlmady@gmail.com.

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The Junior League of Youngstown • The Commerce Building, Suite 320
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Board of Directors 2012-2013

President
Kera Thompson

President-Elect
Leah Wilson

Secretary
Tara Mady

Treasurer
Lisa Metzinger

Nominating
Susan Stewart

Placement
Marion Dunham

Fund Development
Kristina Ross

Training & Education
Laura Rumble

Marketing & Recruitment
Heather Elder

Provisional
Beth Drennen

Research & Development
Kim Urig

In-League Communications

Sustainer Representatives
Suzanne Fleming and Fran Curd

Done In a Day Projects
Kelly Kiraly

Fall Fashion Show
Lois Koval

Pink Ribbon Liaison
Mercia M. Stevens

Hope House Board Member
Doris Bullock

**Mother-Daughter
Brunch Liaison**
Heather Elder

Kentucky Derby Chair
Adrian Anderson

President's Message



Time truly moves fast as it seems like just yesterday that we were starting the 2012-13 year. So much has happen since then.

-JLY has successfully implemented its 2012-15 strategic plan.

-We restructured committees to form a Membership committee in 2013 to focus more on members' needs.

-We have a developed community impact focus area that includes utilizing advocacy to improve school readiness via childhood nutrition

-JLY has increased awareness in the community via Facebook and several press releases in local media. JLY was in the news at least once per month this year!

-We have increased our community partner collaborations. A great example of this was our Bridges Out of Poverty training that we coordinated with the Junior Civic League and the YWCA.

-And there is so much more!

I would like to thank you for allowing me to serve as president this past year. It has been a rich experience learning and working with you.

Often I feel as JLY members and as women, we do not give ourselves the credit we are due. We are mothers, daughters, sisters, business owners, professionals, fundraisers, doctors, lawyers, PTA leaders, board members and family managers. We are the phenomenal women who are improving our community. We give thousands of hours each year to our community and we won't stop now!

I leave you with the same words I started the year with, and I hope you have started to believe them for yourself: "For I am not afraid. I was born for this!"

Kera A.

Kera A. Thompson, President



Passport to Prizes Event

2013 - 2014 Budget

Passport to Prizes/Marketing & Recruitment Committee
 Summer Kick-Off Social
 Submitted by: Marion Dunham

BUDGET PROPOSAL 2013-2014

When:
 Friday, June 28, 2013 from 6-8:30pm (Tentative)

Where:
 The Youngstown Country Club - Pool side

Why:
 JLY summer social and Passport to Prizes kick-off party

Who:
 JLY members and their guests, YCC membership, Community

How:
 \$20 entry fee includes: appetizers and 1-passport sale

JLY member receives 1-passport sales credit for theirs & each guest they bring which counts towards their sales requirement

Community entry sales credit (not invited by a JLY member but in response to marketing efforts) will be available to win by JLY members through a drawing at the event which also counts towards their sales requirement

Additional booklets will be available for purchase on event night

This is a contest! Save the date to have fun and support the JLY. Prizes for the top sales individuals in membership status of Sustaining, Active and Provisional members

Festivities:
 Jimmy Buffet music
 Beach attire
 Limbo contest (possible) lay's as prizes
 Flip flop contest (possible) lay's as prizes
 "Who am I" game to promote mingling
 Cheeseburger sliders and fruit display
 Menu option for cash dinner
 Cash bar with beverage specials (donate a portion back to the league?)

INCOME	
Dues	33,819
Training & Education	2,500
Fund Development	23,950
Sustainer Events	20,950
Investment Interest	1,340
TOTAL INCOME	82,559

EXPENSES	
AJLI Dues	10,640
Payroll	14,512
President's Fund	500
Sustainers	19,450
Provisional	250
Research & Develop-	1,000
Training & Education	2,700
Marketing	500
Membership	350
Fund Development	6,500
Yearbook	400
Accounting	4,400
Insurance	740
Office	11,860
Conferences/Travel	5,800
Leadership Mahoning	2,000
Other	50
TOTAL EXPENSES	81,652

SURPLUS 907

Big Thanks!

Thank you to all who attended the April GMM and donated money .We raised \$260 for First Book Trumbull County! Ellen Finan, Chair of First Book Trumbull County and our guest speaker for the night, was very appreciative.

With Deepest Sympathy...

To Leah Wilson (President- Elect) on the death of her Father-in-law, Charlie Wilson.



CIFA Issue Statement

To be presented at Annual Dinner for Vote:

Lack of good nutritional practices and access to food can negatively affect children's school readiness and academic success^{1, 2}. In addition, poor nutrition combined with lack of physical activity often leads to obesity. Childhood obesity has gradually become one of the most serious public health challenges facing the world. Globally, the World Health Organization estimates the number of overweight children under the age of five to be greater than 42 million³. In the United States (U.S.) approximately 17% of children and adolescents aged 2-19 years of age are obese⁴. Obesity is a particular concern in Ohio in which one in three children born in Ohio becomes overweight by eight years of age. Childhood obesity has steadily risen since 2003 in Ohio. Currently, "Ohio ranks 37th in overall prevalence of obesity with 33% of children considered either overweight or obese."⁵ In the Tri-County area, childhood obesity is particularly troubling with 24% of Mahoning County third-graders being overweight, 20% in Trumbull County, and 23% in Columbiana compared to 19% statewide^{6, 7, & 8}.

If nutritional practices and access are not addressed in the early childhood years, those eating habits tend to maintain into adulthood⁹. It has been found that children who are obese at age 10 years have an 80% chance of being an obese adult¹⁰. Obesity has been linked to numerous diseases and conditions including diabetes, cardiovascular disease, and hypertension. In addition, childhood obesity can cause increased school absenteeism¹¹, stigmas and isolation¹² as well as body image issues¹³.

Prevention is key to promotion of good nutritional practices. As there is no one solution to solving this epidemic, a concerted effort is needed to combat the problem. The Junior League of Youngstown (JLY) is committed to joining the fight to improve nutrition and access to food among children to ensure conditions in which children can thrive and develop. JLY seeks to be a "catalyst for lasting community change" through advocacy and contributory efforts to increase knowledge, access, and awareness surrounding this issue.

References

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Author: Dr. Keisha Robinson, DrPH, MPH



April General Membership Meeting Minutes

Agenda Item	Discussion	Action/Follow-Up																												
Welcome	Leah Wilson called the meeting to order at 6:36 p.m. She thanked everyone for attending.																													
Speaker	Laura Rumble introduced the speaker, Ellen Finan, from First Book Trumbull County.																													
Call for Quorum	A quorum was present.																													
Spotlight on Fund Development	Adrian Anderson provided an overview of the Fund Development committee and included an update on the Kentucky Derby.																													
Spotlight on Training and Education	Laura Rumble provided an overview of the Training and Education committee.																													
Approval of March Minutes	The minutes of the March General Membership Meeting were reviewed.	Tara Mady moved to approve the minutes. Michele Merkel 2 nd and the motion passed.																												
Nominating	<p>Susan Stewart presented the 2013-2014 slate for vote:</p> <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">Position</th> <th style="text-align: left;">Name</th> <th style="text-align: left;">Term</th> <th style="text-align: left;">Status</th> </tr> </thead> <tbody> <tr> <td>President Elect <i>President (2014-2015)</i></td> <td>Kelly Kiraly</td> <td>1 Year</td> <td>Nominated</td> </tr> <tr> <td>Treasurer (2013-2014, 2014-2015)</td> <td>Maggie Adams</td> <td>2 Years</td> <td>Nominated</td> </tr> <tr> <td>Recording Secretary (2013-2014)</td> <td>Marion Dunham</td> <td>1 Year</td> <td>Nominated</td> </tr> <tr> <td>Nominating Chair (2013-2014)</td> <td>Kera Thompson</td> <td>1 Year Per JLY Bylaws</td> <td></td> </tr> <tr> <td>Nominating Committee (2013-2014, 2014-2015)</td> <td>Lisa Metzinger</td> <td>2 Years</td> <td>Appointed</td> </tr> <tr> <td>Nominating Committee (2013-2014, 2014-2015)</td> <td>Cathy Campana</td> <td>2 Years</td> <td>Appointed</td> </tr> </tbody> </table>	Position	Name	Term	Status	President Elect <i>President (2014-2015)</i>	Kelly Kiraly	1 Year	Nominated	Treasurer (2013-2014, 2014-2015)	Maggie Adams	2 Years	Nominated	Recording Secretary (2013-2014)	Marion Dunham	1 Year	Nominated	Nominating Chair (2013-2014)	Kera Thompson	1 Year Per JLY Bylaws		Nominating Committee (2013-2014, 2014-2015)	Lisa Metzinger	2 Years	Appointed	Nominating Committee (2013-2014, 2014-2015)	Cathy Campana	2 Years	Appointed	The slate was approved by the general membership.
Position	Name	Term	Status																											
President Elect <i>President (2014-2015)</i>	Kelly Kiraly	1 Year	Nominated																											
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Candidate's Soiree	Heather Elder reported that the event will be held on April 18 at 6:00 p.m. at the Elton Baird Family Cabin in Boardman Park.	Members can RSVP guest names to Heather.																												
Passports to Prizes	Marion Dunham reported that the committee is working on prize packages. There will be a cash grand prize of \$1,000. Donations will be accepted until May 15. Passports will be available at the end of June with the drawings at the October GMM. There will be a competition and a Queen of Passport Sales.																													
Make-up Opportunities	Marion Dunham shared that working at the Candidate's Soiree, Kentucky Derby, or Annual Dinner will count as make-up opportunities for missed general membership meetings.																													
Done In a Day	Kelly Kiraly reported that there are two events left: 300 Sisters in Red on April 20 and Streetscape on June 1. Sign-up sheets were at the meeting. Kelly passed a jar around for monetary donations to First Book Trumbull County. Kim Urig asked everyone to help the American Heart Association by visiting preventobesity.net.																													
Bylaw Changes	<p>Leah presented the following bylaw changes for vote:</p> <p>ARTICLE X. COMMITTEES, Section 1. Standing Committees B. Marketing and Recruitment (OLD LANGUAGE) There shall be a Marketing and Recruitment Committee. The functions of the committee shall include considering the eligibility of all candidates sponsored for membership in this League, and recommending new members for Provisional membership. Their responsibilities include orientation of transfers and membership satisfaction.</p> <p>ARTICLE X. COMMITTEES, Section 1B. Marketing (NEW LANGUAGE) There shall be a marketing committee. The functions of the committee shall include the oversight and production of In-League's Publication, Briefly and all other forms of marketing outreach to the public and to the league.</p> <p>ARTICLE X. COMMITTEES, Section 1. Standing Committees C. Placement Committee (OLD LANGUAGE) There shall be a Placement Committee whose duties shall include INTERVIEWING ALL THE ACTIVE MEMBERS AT REGULAR INTERVALS IN ORDER TO PLAN THEIR FREE CHOICE OF COMMUNITY SERVICE satisfactory in quality and effectiveness to this League, AND TO KEEP, AS NEARLY AS POSSIBLE, UNIFORM RECORDS CONCERNING THE COMMUNITY SERVICE ACTIVITIES OF THE LEAGUE'S MEMBERS.</p> <p>ARTICLE X. COMMITTEES, Section 1. C. Membership Committee (NEW LANGUAGE) There shall be a Membership committee. The functions of the committee shall include INTERVIEWING ALL THE ACTIVE MEMBERS AT REGULAR INTERVALS IN ORDER TO PLAN THEIR FREE CHOICE OF COMMUNITY SERVICE satisfactory to the League, AND TO KEEP, AS NEARLY AS POSSIBLE, UNIFORM RECORDS CONCERNING THE COMMUNITY SERVICE ACTIVITIES OF THE LEAGUE'S MEMBERS.</p> <p>The committee shall maintain membership records, status changes and updates. The President shall appoint four membership advisors who serve on the committee and who conduct the one-on-one interviews. The membership committee will also be responsible for the recruitment of new members.</p>	<p>Adrian Anderson moved to approve the new language for the bylaw change of Article X. Committees, Section 1. Standing Committees, B. Marketing and Recruitment. Heather Elder 2nd the motion and the motion passed.</p> <p>Marion Dunham moved to approve the new language for the bylaw change of Article X. Committees, Section 1, C. Placement Committee. Adrian Anderson 2nd the motion and the motion passed.</p>																												
Annual Dinner	Laura Rumble reported that the Annual Dinner will be held on May 21 noting this is not the second Tuesday of the month. She had extra invitations and asked everyone to wear pink to the meeting.																													
Adjournment	Leah thanked everyone for attending and the provisional class for providing refreshments. Meeting was adjourned at 7:18 p.m. Next meeting is Annual Dinner May 21 st at Avion on the Water.																													



Difference by Suzanne Fleming

To Sustain

Sustain \ vb \ 1: To give support or relief to 2: to supply with sustenance: NOURISH 3: to keep up PROLONG 4: to support the weight of 5: to buoy up 6: to bear up under ENDURE 7a: to support as true, legal, or just 7b: to allow or admit as valid 8: PROVE, CONFIRM

The above definitions certainly pertain to the many roles performed by the Sustaining members of the Junior League. Through their annual dues, about 200 Valley women who have benefited from their own league training provide the “support” necessary for the actives and provisional members that participate in league experiences today to improve our community. Through periodic service as meeting hosts and sustainer representatives, they also provide “relief” to the league as extra pairs of hands and contributors of time and service.

League Sustainers “nourish” the league through their support of league projects, the purchase of tickets to fundraisers, the donation of baskets and prizes, and through the invaluable contribution of their advice and experience. Their recommendation of prospective new members certainly helps to “prolong” the organization.

As Sustainers for decades have made up the majority of the membership, they can certainly be said to “support the weight of” the league’s continuation. Through their encouragement, promotion and recruitment efforts, Sustainers “buoy up” this association of talented women. As the JLY approaches 85 years of operation in 2014, the Sustainers have certainly succeeded in helping the league to “endure”.

Perhaps one of the more important Sustainer roles is that of supporting the league as “true, legal or just”. Their long association is a testament to the value of the training and experience they received and the importance to them of providing that experience to the women who come after them. The incredible amount of volunteer leadership provided to civic and cultural organizations by the Sustaining membership is also evidence of the effectiveness of Junior League training.

Fran Mitchell, Barbara Massman and Nancy Tod were a few of the Sustainers that I remember vividly as a new member in 1973. I have met and admired so many other talented Sustainers in the 40 years since I joined the league. All of them have “proved and confirmed” the worth of the league’s work *to improve our community through the effective action and leadership of trained volunteers*. Scribblers is blessed to count three Emeriti Sustainers in their ranks – Nancy Morris Scragg, Emily Powers and Fran Lynn Into. We can’t thank them enough!

Emeritus Members

The Junior League of Youngstown is blessed to have the following Emeritus Members:

Rebecca Campbell Bennett	Emily Park Powers
Patricia Walden Cummins (NR)	Yvette Dorrance Stanley
Gwen Campbell Guiraud	Nancy Brockett Tod
Marion McVean Josef (NR)	Carol Dankel Wick
Nancy Kearns Morris	Nancy Dorrance Woodman
Virginia Myers Meloy	
Nancy Kearns Morris	

Collectively, these women have contributed over 500 years of service in our league and significant financial resources toward our organization and we cannot thank them enough. League members are eligible to elect Emeritus status after 50 years or more of membership or attaining the age of 80. The status change must be requested by the member and is granted by the board. Our bylaws provide that Emeritus members shall pay no dues. In a recent conversation with Emeritus member Ginny Meloy, however, I was reminded that many of these women continue to support the league in a variety of ways, including financially, even after they are no longer bound to pay annual dues and they certainly deserve our deep appreciation.

At our quarterly league gathering slated for July 16, 2013 we will welcome those who will be joining the sustainer ranks at Annual Meeting and highlighting our Emeritus members. It has been suggested that we occasionally try a dinner rather than a lunch and we would love to have your feedback on the idea before we finalize our plans for the event. We are scheduled to meet at Youngstown Country Club. My email is al.suzanne.fleming@gmail.com and my phone number is [330.743.2503](tel:330.743.2503).

Fran Curd and I would like to acknowledge the fine work being done by our active membership, the enthusiasm and potential of this year’s provisional class, the leadership demonstrated by our current officers and board, the service rendered by all the members of the Sustainer Council, and the willingness of Anna Aey and Deb Liptak to serve as Sustainer representatives in the coming year. I know you will all be willing to help them in any way you can.



June 2013 Done in a Day

June Done in a Day - Saturday, June 1 ,7:45 am—12:00 pm. (Many hands usually make this day shorter, but you are welcome to stick around for lunch.)

Streetscape planting day - Central Square tent Downtown

Since 1988, Streetscapes goal has been to landscape downtown Youngstown by cleaning, trimming, planting flowers and shrubs and mulching planting areas. With the help of businesses and community organizers, Streetscapes has raised and spent over \$600,000 during the past nine years to purchase landscaping materials. Over 500 volunteers are recruited annually to plant and landscape high traffic areas, which has had a huge impact on the downtown landscape. Let's show our commitment to Youngstown as the Junior League of Youngstown. Please contact Kelly Kiraly to sign up at 330-307-2169 or email kjk1482@yahoo.com please include your name, email address, phone number and T-shirt size.

Provisional Class Project



This year's provisional class presented the fourth annual Kids in the Kitchen project on Saturday, March 9, at Austintown Fitch High School.

The project focused on four key areas: food measurements and labeling knowledge, food substitutions, nutrition and physical activity. The targeted audience for the project were Austintown High School sophomore health classes and included four 15-minute sessions per group. There were over 40 students in attendance. Students were given surveys at the beginning and conclusion of the program. The final survey results yielded an overall improvement regarding future food choices and serving sizes.

Additional education was provided by Doris Bullock, personal trainer and fitness expert from Fit Family, and Debbie Gilbert, registered and licensed dietitian, from ValleyCare Northside Medical Center.





THE JUNIOR LEAGUE OF YOUNGSTOWN

The Commerce Building, Suite 320
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Youngstown, OH 44503

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What is the value of a trained civic leader?

That's a question we ask ourselves a lot at AJLI. And the answer is (drum roll, please!) a great deal, even if difficult to measure in traditional professional terms.

Volunteerism has many meanings for different women. For some, it's joining with friends and neighbors in projects that create lasting community impact. For others, it's giving in to an urge to give back to the community. For others, it's a way of life they learned from their mothers and grandmothers.

By the way, women continue to outperform men in their commitment to volunteerism. According to the most recent data from the Bureau of Labor Statistics, the volunteer rate in the U.S. rose by 0.5 percentage point to 26.8 percent for the year ending in September 2011, with some 64.3 million people volunteering through an organization at least once in the preceding 12 months. And the volunteer rate of women increased from 29.3 percent to 29.9 percent in the same period, a higher rate than men across all age, education and demographic categories.

At the Junior League, however, we believe that volunteerism provides our members with a path to becoming civic leaders, first with their Leagues, and then, often, with other community organizations. That's why we focus so much on training leaders.

Taken from *Connected* -a publication of AJLI

