

# Common Baking Substitutions

Keep this list of simple substitutions handy on the fridge to avoid unplanned trips to the store.



**If you need...**

**Use:**

1 cup buttermilk	1 T. lemon juice or vinegar + enough milk to equal 1 cup (let stand 5 minutes)
1 cup evaporated milk	Gently simmer 2 <sup>1</sup> / <sub>4</sub> cups whole milk until reduced to 1 cup
1 cup half-and-half	1 <sup>1</sup> / <sub>2</sub> T. melted butter + enough milk to equal 1 cup
1 cup heavy cream	1/3 cup melted butter plus 3/4 cup milk
1 cup sour cream	1 cup yogurt + 1 tsp. baking soda
1 cup yogurt	1 cup sour cream
Shortening	Butter or stick margarine
Baking powder	1/4 tsp. baking soda + 1/2 tsp. cream of tartar
1 cup molasses	1 cup honey OR 3/4 cup brown sugar dissolved in 1/4 cup water
1 cup honey	1 <sup>1</sup> / <sub>4</sub> cup granulated sugar + 1/4 cup water
1 T. gingerroot	1/8 tsp. ground ginger
1 egg	1/2 cup egg substitute
Sunflower, canola or vegetable oil	Substitute one for one
1 cup corn syrup	1 <sup>1</sup> / <sub>4</sub> cup white sugar + 1/3 cup water OR 1 cup honey
1 tsp. lemon juice	1/2 tsp. vinegar OR 1 tsp. white wine

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**If you need...**

**Use:**

1 T. corn starch	2 T. all-purpose flour OR 4 tsp. quick-cooking tapioca
1 cup red wine	1 cup nonalcoholic wine, apple cider, beef broth or water
1 cup white wine	1 cup nonalcoholic wine, white grape juice, apple juice, chicken broth or water
1/2 cup green onion	1/2 cup chopped onion or leeks
1 cup breadcrumbs	3/4 c. cracker crumbs
1 T. fresh herbs	1 tsp. dried herbs
1 cup fresh mushrooms	4 oz. can of mushrooms, drained
1 egg	2 T. cornstarch, arrowroot flour OR potato starch
1 cup broth (beef or chicken)	1 bouillon cube + 1 cup boiling water OR 1 T. soy sauce + enough water to equal 1 cup
1 T. gingerroot	1/8 tsp. ground ginger
1 cup tomato juice	1/2 cup tomato sauce + 1/2 cup water
1 cup tomato sauce	1/2 cup tomato paste + 1/2 cup water
Sunflower, canola or vegetable oil	Substitute one for one
1 T. chicken base	1 cup chicken broth or stock (reduce liquid in recipe by 1 cup)
1 cup corn syrup	1 <sup>1</sup> / <sub>4</sub> cup white sugar + 1/3 cup water OR 1 cup honey
1 tsp. lemon juice	1/2 tsp. vinegar OR 1 tsp. white wine
1 tsp. lemon zest	2 T. lemon juice
1 cup sour cream	1 cup yogurt + 1 T. flour + 2 tsp. water
Ricotta cheese	Cottage cheese