



STAR ALLIANCE™
FOUNDATION FOR ALL™

• Promoting Good Will & Civic Peace Principles for All the People Since 1985 •

STAR ALLIANCE EVENTS POLICY RE ALCOHOL & DRUGS

Among our declared STAR ALLIANCE *Primary Peace Principles* is:

Rested, clear, calm, steady awareness.

Consistent with this ideal, it is the policy of the STAR ALLIANCE • FOUNDATION not to serve or allow alcohol or drugs at any STAR ALLIANCE event.¹

“Don’t *get high* — *be high!*”

That is: Don’t *get high* on mind-altering substances and then come down — having lost valuable time — disappointed. Instead, *stay high* — and highly functional — with plenty of rest (including deep conscious rest, or meditation²), fresh air and fresh foods, old and new friends, good humor, enjoying the arts, increasing knowledge, sharing profound insights and understandings, making great connections and plans (and following through on the best to achieve them); and being happy at home, work, and traveling when you can — around the block or around the world.

The Foundation does not make a policy of condemning alcohol and drugs absolutely, but we do advise following the law carefully and, in addition, to observe vigilant personal and social precautions.³

¹ We can request this but obviously not control all *affiliated* events.

² The Transcendental Meditation, or *TM* technique, is offered by an independent organization. TM is distinguished by its effortlessness and ease of learning, and its unequalled body of scientific research. More information is available at their website: <http://www.tm.org>

³ It is important to separate all activities engaged *under the influence* from activities requiring any significant level of alertness and responsibility. This applies not only to driving a vehicle [aka steering a *deadly weapon*] but in any activity requiring clear communications and best decisions affecting self and others, importantly including conflict management and daily care of children. It is often very difficult to separate oneself adequately from such responsibilities given an opportunity to imbibe/ingest. Herein lies the need for vigilant *intellectual honesty*. There is a significant amount of time and discipline involved to plan and allow adequately for contingencies and emergencies, to coordinate with others, and for the effects to wear off completely. Neglecting any of these *duties of isolation*, and trying to have things *both ways*, invites harmful if not habitual dangers ranging from the mild to the disastrous. Note: Those who refrain from imbibing must also refrain from entertaining advice and promises made by others under the influence to any degree. And they must be very realistic and cautious about expecting good practical performance and follow through from regular users. • [File created 2014-7-16; last updated: 2017-5-23.]