



## Assistance Dog Club of Puget Sound

# NEWS

September 2018

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**ADC's Annual Meeting will  
be held on October 27, 2018  
at TACID**

TACID's address is 6315 S.  
19th St., in Tacoma, WA on  
Saturday, October 27th from  
12:00 to 3:00

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The Assistance Dog Club of  
Puget Sound is a 501 (c) (3)  
organization. Our tax ID# is  
91-2080563.  
WA Secretary of State  
Charities Program  
Registration Number is 24995

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#### Website

<http://www.assisteddogclub.org>

#### E-Mail Address

[assist\\_dog\\_club@hotmail.com](mailto:assist_dog_club@hotmail.com)

#### Mailing Address

Assistance Dog Club of  
Puget Sound  
2522 N. Proctor Street, #459  
Tacoma, WA 98406

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### Assistance Dog Club of Puget Sound Board of Directors

#### President

Jeanne Hampl

#### Vice President/

Sarah Biesold

#### Secretary

Jack Pearce-Droge

#### Treasurer

Tanya Carter

#### At-Large Members

Janelle Ellen

Connie Fuller

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### Editor's Corner

by Jack Pearce-Droge

Fall has always been a time for ADC to take a break. It's a good time to plan for the next year.



I decided to use this time to work on organizing the club's membership renewal, updating the website and realizing how important it is that both our members and friends keep me posted about the inner workings of our technological information center. I say that because our site went down and a member let me know.

We have added the link to the TV Tacoma video to our website and you'll find that link on our "Who Are We?" page of our website.

ADC will be holding its annual meeting on October 27. This is the time that we ask for specific issues or concerns be addressed at our meetings. The meetings are designed to help answer questions via speakers, events or any other question that our members might have. So think about it and bring your questions and interests to share with the rest of our membership.

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**Activities and meetings will be held at TACID unless otherwise noted.**

**TACID's address is:**

**6315 S 19th St, Tacoma, Washington 98466**

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#### Mission Statement

*The Mission of the Assistance Dog Club of Puget Sound is to provide a safe, supportive, educational environment for persons with disabilities partnered with assistance dogs and to provide educational opportunities for the local business community and the general public, including persons dedicated to the raising and training of assistance dogs*

## **President's Corner**

*By Jeanne Hampl*



How could it be Fall all ready? It is almost time for our Annual meeting which will be held at TACID on Saturday, October 27th. The viability of any organization is only as strong as the participation of its members. If we are to plot our role for 2018-2019 and onward we must have a good turnout. At our annual meeting members suggest speakers or topics for future meetings. Put you thinking caps on and come to the meeting with viable suggestions.

We also hold our Board elections at the annual meeting. Four of your Board member's terms are up in October. Please send an e-mail to [praise\\_luke@hotmail.com](mailto:praise_luke@hotmail.com) if you would like to serve on the Board. The board is a 2 year commitment.

Board Members must be dues paying full members in good standing. An ADCPS member in good standing is an individual who is current on their dues for membership and has attended four business meetings in the club year preceding their request. A business meeting includes the ADC business meeting that begins at noon and includes the ADC program. Per our By-Laws a majority of the Board Members must be disabled and partnered with assistance dogs. Also according to our by-laws a Board Member must attend 75% of the Board meetings and 50% of the membership meetings. Since we communicate on a regular basis we ask that all Board Members have access to a private e-mail account.

Our October meeting is a potluck so please bring a food item to share. The club will provide plates, utensils and napkins.

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### ***A Special Event for our Members A Winter Holiday Party***

On Saturday, December 8 from 12:00 - 3:00 at the The INN at Gig Harbor, ADC will host an annual event for our members. You will have received the invitation/RSVP form to this enjoyable event. Please get it back to us so that final arrangements can be made with The INN. We hope that you will join us as we bring this year to a close.

There will be raffles, gifts for the dogs in our lives, great food and good company. We look forward to seeing you there.

## ***How We Learn - Humans and Dogs***

*By Martha Hoffman*

As we educate dog trainers, we talk a lot about how dogs learn. But if we consider what we know about how humans learn, we can get a fresh perspective and maybe some new ideas about what will succeed with any given dog.



In the MHHD Soundwork curriculum, we consider different types of motivation, and communication styles that lead a dog to understand what's being requested. This doesn't really surprise anyone. It's logical that dogs would respond differently based on their predilection toward food, or praise, or play.

What is interesting to consider beyond that however, is how the fundamental learning modalities of humans can come into play for dogs.

### ***How Humans Learn***

So we usually say that humans tend to learn through four basic styles, or modalities. They are auditory, visual, kinesthetic, and tactile. Some people learn best when they see things (ie. they depend on reading, or maps, or charts) and others learn better when they manipulate things manually (ie. they do well with physical models, puzzles, or toys).

Interestingly, we find that irrespective of a preferred learning modality, people retain information at a much higher rate from kinesthetic or tactile learning, and everyone does much better if they employ multiple modalities to learn a principle or skill.

And you know what works well for almost anyone? Repetition. If we learn how to do something, and repeat the skill many times, we can master it to the extent of developing unconscious competence.

### ***How Dogs Learn***

So think about the implications for dogs and how they learn. First, we might agree that most dogs are primarily kinesthetic learners. When they learn something by performing physical action, they tend to be able to reliably repeat it. And of course, more repetitions makes the learning durable. An oft repeated skill lasts for a long time, maybe even for life.

We focus in our curriculum then, first on identifying motivation, and then on learning exercises that harness the kinesthetic learning modality. And we strongly stress the power of repetition. Trainers who adopt this approach find that they succeed and get great results from the dogs they train.

So if we imagine that dogs are fundamentally kinesthetic learners, you might wonder what that implies about the prospects for a dog who must respond to auditory cues in its work. (ie. a Hearing Dog)

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*Martha Hoffman is the Training Director for the Hearing Dog Program. She has trained several hundred Hearing Dogs and tested over 20,000 shelter dogs over the course of 25 years. She is the founder and lead trainer at Martha Hoffman Hearing Dog Academy (MHHD) and the author of the highly respected text on Hearing Dog training, Lend Me an Ear.*

## When to Say When

By Jeanne Hampl



A discussion about retiring a service dog candidate or a working service dog is always a difficult one. There is truly nothing to compare with the loss of a working partner. As an outside observer I have talked to many service dog partners and observed many service dogs that are going through this transition. Below I have listed some of the more common cues that the dogs give when their job has become overwhelming either physically or mentally.

- ~ Lameness
- ~ Difficulty getting up from the floor
- ~ Recurrent infections
- ~ Increase sound sensitivity
- ~ Dog to Dog Reactivity
  
- ~ Increase excitability
- ~ Increase desire for social interaction with people or other dogs
- ~ Food stealing
- ~ Barking
- ~ Increased symptoms of stress
- ~ Decreased desire to work

Some of the ways they tell us

- ~ Refusal to get gear when it is time to leave the house
- ~ Doesn't want to get in or out of car
- ~ Whining when out in public
- ~ Hypervigilance
- ~ Reactivity
- ~ Tremors or shivering
- ~ Excessive panting

Whether you have a service dog candidate that you are training or a seasoned veteran Service Dog don't overlook the clues they give you every day while they try to perform their job.

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*Jeanne T. Hampl is a registered nurse by profession and a dog trainer by avocation. She was the Executive Director of the Prison Pet Partnership Program at the Washington Correction Center for Women from 1994 to 1998. She served on the Program's Board of Directors from 1991 to 1994 and 1998 to 1999. Under her guidance a new kennel and Service Dog training center was constructed on the prison grounds.*

*Jeanne has trained dogs and instructed clients for the past thirty five years. She teaches private obedience classes as well as assisting person with disabilities to train their own service dog.*

*She also is a Service Dog Access Specialist. Jeanne is the co-founder and current president of The Assistance Dog Club of Puget Sound. She is a certified member of National Association of Dog Obedience Instructors (NADOI) and serves as the chair of the Committee on Handlers with disabilities.*

## **Working with Clients with Disabilities**

*By Veronica Sanchez M.Ed. CABP CPDT-KA*

*Northern Virginia Dog Trainer*



Dog trainers may feel apprehensive when first working with people with disabilities. Trainers may worry how to accommodate a client or may or may fear using the “wrong” words and offending the client. The reality is working with people with disabilities simply requires sensitivity, creativity and flexibility.

~ **Ask how you can best meet your client’s needs.** Remember that disabilities vary and the person who best knows their needs is the client. Do not make assumptions.

~ **Be flexible!** Training techniques may need to be adapted for people with disabilities. Remember that people with disabilities will have different abilities and limitations. Do not assume, for example, that if an accommodation worked well for one client who uses a wheelchair that it will work well for another client who uses a wheelchair (even if they have the same medical diagnosis).

~ **Check in.** People with disabilities may be hesitant or embarrassed to share that a technique is difficult or impossible for them to do - particularly in a group class setting. Ask periodically, privately, “Will this technique work for you?” Be open to changing strategies and listening to your clients’ ideas.

~ **Focus on clients’ abilities.** When troubleshooting, consider what the client is able to do. Adaptive equipment can be utilized to facilitate training, for instance, attach a target to a walker or cane. If the client has a sensory impairment, consider ways to maximize use of senses that are not impaired in training.

~ **Use language that reflects respect.** Terms like “physically challenged”, confined to a wheelchair and “handicapped” are considered inappropriate. For example: person with a disability, a person with diabetes, or person who uses a wheelchair.

~ **Accommodate training tools and strategies with creativity.** There are various styles styles of clickers and leashes that may be easier for clients with disabilities to utilize. Consider strategies that are doable for the client, for instance, free-shaping and targeting can reduce the physical demands of training.

~ **Keep safety in mind.** Stay alert. Inform a client with a vision impairment if there is training equipment on the floor. Rambunctious dogs may injure clients with disabilities. Remember that even small dogs can move manual wheelchairs.

***Working with Clients with Disabilities (Con’t. on page 6.)***

**Working with Clients with Disabilities (Con't. from page 5.)**

~ **Experience the challenge yourself!** Try clicker training a novice dog a new behavior while your fingers are taped. Train from a seated position, or train while wearing earplugs or a blindfold. Now imagine that you are beginning learning new dog training techniques.

~ **Some people with disabilities may respond more slowly to a dog's behavior and have difficulty delivering treats in a timely manner.** It may be more challenging for the handler to get a young dog's attention in a group training class. Fatigue issues, and periods of exacerbated disability may result in delays in training. Teach the client techniques that they can work on in short training sessions, in less distracting environments to maximize their successes.

Just as for clients without disabilities, break large training goals down to small, achievable objectives. Remember that your positive, encouraging attitude will go a long way to making your client feel comfortable. People with various kinds of disabilities have successfully trained dogs in sports including competition obedience, agility, freestyle as well as trained their own dogs as service dogs.

August 7, 2018

Veronica Sanchez M.Ed. CABC CPDT-KA

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*Veronica Sanchez M.Ed. CPDT-KA, CABC is a professional dog trainer in Northern Virginia. She helps people train pets, service and therapy dogs. She also is a person with a disability and her smooth collie, Sulu, assists her as a service dog. Veronica started training dogs professionally in the 1990's. She has degrees in education, psychology as well as dog trainer certifications. Her experience ranges from training pets, competition, service and therapy dogs to speaking to explosive detection dog trainers. Veronica is guided by her love for helping dogs and people learn together.*

## What's Up With ADC?

Activities and meetings this year will be held at TACID unless otherwise noted. The address for TACID is: 6315 S 19th St, Tacoma, Washington 98466. The Assistance Dog Club will be holding its annual meeting on October 27th and enjoying some good food as we plan our topics of interest, events and presenters for 2019. If our members have a topic or speaker that they would like to hear, please contact Jeanne Hampl.

- October 27, 2018 - ADC's Annual Business Meeting
- November, 2018 - Thanksgiving Break
- December 8, 2018 - Holiday Party - The INN at Gig Harbor

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## Support ADC While You Shop

If you are interested in supporting the Assistance Dog Club of Puget Sound there are a few options that are available to you! ADCPS has entered into a partnership with both Amazon.com and Fred Meyer. If you would like more information about both options offered by these two corporation you will find it on ADC's website, [<http://www.assistedogclub.org/home/support>] complete with links that will guide you through the process.

The image contains four logos arranged in a row. From left to right: 1. AmazonSmile logo with text 'Shop at AmazonSmile and Amazon will make a donation to: Assistance Dog Club of Puget Sound' and a 'Get started' button. 2. Dogwise logo with the tagline 'All things dog.' 3. Fred Meyer Community Rewards logo with the tagline 'Where shopping & giving unite'. 4. Healthypaws logo with the tagline 'PET INSURANCE & FOUNDATION' and a circular emblem above it that says 'Every Quote Gives Hope' around a green ribbon.

**Check our Facebook Page for more information!**

## ***Informational Websites On Behalf of Service Dogs***

Given that the partnership of a person with a disability with an assistance dog is governed by legal requirements it is beneficial that each of us have access to as much material as possible. The discussions at the January meeting included suggestions that can be misleading, inaccurate or legally correct and helpful. It is critically important that each of us become our own best advocate.

Here are some websites that are accessible to you that will provide you with valuable information. Many of these websites are also available on ADC's website on the Favorite links page. The link for our website is: <http://www.assisteddogclub.org/home>

Legal Description of Service Dogs: [http://www.ada.gov/regs2010/service\\_animal\\_qa.html](http://www.ada.gov/regs2010/service_animal_qa.html)  
[http://www.ada.gov/service\\_animals\\_2010.htm](http://www.ada.gov/service_animals_2010.htm)

Legal Clarification on Rules for Assistance Dogs: <http://www.workinglikedogs.com/2011/03/u-s-department-of-justice-rules-on-assistance-dogs-to-become-stricter-march-15-2011/>

Medical information: <http://www.mayoclinic.org/diseases-conditions>  
<http://www.summitvets.com/blog.html>

Veterinary questions: <http://www.merckvetmanual.com/pethealth/index.html>  
<http://www.carecredit.com/vetmed/> (credit card for veterinary care, people have 1 year to pay, use it if you have no other credit card for emergency surgery.)

Service Dog Information: <http://www.iaadp.org>  
<http://www.assisteddogsinternational.org>  
<http://www.servicedogcentral.org/content/>  
<http://www.assisteddogclub.org/>

Service Dog Gear: <https://www.bridgeportequipment.com>  
<https://www.sitstay.com/>  
<http://www.boldleaddesigns.com>  
<http://www.kurgo.com/>

Service Dog Training: <http://www.lakeerieassisteddogs.org/>  
<http://www.cooperativepaws.com>  
<http://www.riverdogk9.com/>  
<http://marthahoffmanhearingdogs.com/>

Also remember that the Assistance Dog Club has a facebook page:  
<https://www.facebook.com/Assistance-Dog-Club-of-Puget-Sound-155317554486927/>

Be sure to Like us for the latest information about all things service dog.