



Assistance Dog Club of Puget Sound

NEWS

April 2018

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ADC's Next Meeting will be held on May 19, 2018

ADC's next meeting will take place at West Pierce Fire & Rescue in University Place on Saturday, May 19th from 1:00 to 3:00

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The Assistance Dog Club of Puget Sound is a 501 (c) (3) organization. Our tax ID# is 91-2080563.

WA Secretary of State Charities Program Registration Number is 24995

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Website

<http://www.assistedogclub.org>

E-Mail Address

assist_dog_club@hotmail.com

Mailing Address

Assistance Dog Club of Puget Sound
2522 N. Proctor Street, #459
Tacoma, WA 98406

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Editor's Corner

by Jack Pearce-Droge

Once again, the Assistance Dog Club of Puget Sound will be visiting the West Pierce Fire and Rescue. This is an activity that always leaves such an impression on all of us as well as introducing our SDs to the intricacies of an emergency event. You will find the address and the link to their website on page 9 of the newsletter.



On page 3 you will find a tribute to Mara Windstar. Mara was an excellent SD trainer and her knowledge came from first hand experience. Mara wrote for our newsletter and you will find an article that she had written for our November 2011 edition. I always looked forward to communicating with her. She was a very caring and knowledgeable individual. Mara passed away on April 7, 2018 at her home. She will be missed by so many in the field.

Many changes have come our way with reference to service dogs and public access. ADC will be creating a sign that can be offered to businesses that the law now states that only SDs have access to public spaces. I have added the signs that our members have photographed in hopes that other organizations will also look into doing the same in your area of the country.

Activities and meetings will be held at TACID unless otherwise noted.

TACID's address is:

6315 S 19th St, Tacoma, Washington 98466

Mission Statement

The Mission of the Assistance Dog Club of Puget Sound is to provide a safe, supportive, educational environment for persons with disabilities partnered with assistance dogs and to provide educational opportunities for the local business community and the general public, including persons dedicated to the raising and training of assistance dogs

President's Corner

By Jeanne Hampl



We have had a late spring this year but warmer weather brings out more people accompanied by their dogs. Keeping Service Dogs safe is always a concern of Service Dog Partners. At our Saturday meeting I did a presentation on reading Dog Body Language. Knowing what your dog is thinking and what other dogs you pass are saying with their body language can help you accomplish that goal. If you missed the presentation I have listed some books and videos below:

ON TALKING TERMS WITH DOGS - CALMING SIGNALS, 2ND EDITION

by Turid Rugaas

CANINE BODY LANGUAGE - A PHOTOGRAPHIC GUIDE

by Brenda Aloff

THE LANGUAGE OF DOGS - UNDERSTANDING CANINE BODY LANGUAGE AND OTHER COMMUNICATION SIGNALS DVD SET

by Sarah Kalnajs

DOG LANGUAGE - AN ENCYCLOPEDIA OF CANINE BEHAVIOR

by Roger Abrantes

CANINE BEHAVIOR - A PHOTO ILLUSTRATED HANDBOOK

by Barbara Handelman

WHAT IS MY DOG SAYING? - POWERPOINT CD

by Carol Byrnes

WHAT IS MY DOG SAYING AT THE DOG PARK? - POWERPOINT CD

by Carol Byrnes

Several members asked about a date for a Public Access test. We usual hold the test in July on a Saturday. Currently my only free day is July 7th. If you are interested in taking the test please contact me at praise_luke@hotmail.com.

Please note our May meeting will be held on MAY 19th at 1PM at Fire Station 31

3631 Drexler Drive, University Place, WA 98466, We are meeting a week early not to interfere with memorial Day Weekend. This is a training meeting for both the fireman and the dogs and handlers. We are looking forward to a good turn out.

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**In Memory of
Mara Windstar**

September 15, 1957 - April 7, 2018



Mara Windstar was the trainer for Paws to Freedom. Mara, partnered with a Golden Retriever, Freely for 10 years. She had lived first hand as an owner-trainer, understood what it was like to have invisible disabilities and what it's like to have mobility challenges and to use mobility aids.

Mara's studies and experience were in the field of special education, development of recreational activities and educational tools for children and adults with autism, developmental disabilities, non-verbal communication and mobility challenges. Being a part of building healthy, safe and enjoyable assistance dog teams was her goal. Mutual respect for both beings was the priority, and the goal was to enhance the lives of all!

Mara has met the requirements and has successfully demonstrated knowledge of dog behavior. She had experience with the application of training techniques assessed in the following areas: Learning Theory, Instructional Skills, husbandry, ethology and equipment. As a member of Int'l Association of Assistance Dog Partners (www.iaadp.org), and one of the founding members of the Service Animal Consulting division of the International Association of Animal Behavior Consultants, Inc.

Mara contributed her thoughts and knowledge of service dogs benefitting individuals with disabilities to the ADC newsletter on several occasions. She was a valuable resource to me and to the Assistance Dog Club of Puget Sound. Mara's passing is a loss to the Service Dog Community.

Pre-Planning for a Service Dog

By Mara Windstar

This article was first published in November, 2011

Fairly recently Paws to Freedom had a seminar on pre-planning for a service dog. There are many important components to consider when planning to add a service dog into a person's life, especially if a person is planning to owner-train.

Having owner-trained my first dog some years ago, I'm not a newbie to owner-training. Approximately one year ago, my service dog retired. I am currently in the process of pre-planning for accomplishing the goals for a successor service dog and myself to make certain that our partnership is successful and healthy.

The components used in our planning includes Checklist of:

Handler

- Skills needed for training
- Time needed for training
- Handler's support in living, medical, therapeutic needs
- Financial needs met for handler as well as service dog
- Tasks needed and other various needs that go into greater detail (checklist is relatively long)

Dog

- Identifying needs of dog
- Dog matched for handler's need, lifestyle and personality

Pre-planning for a Service Dog (Continued on page 4.)

Pre-planning for a Service Dog (Continued from page 3.)

- Find trainer
- Find veterinarian
- Exercise
- Expenses needed for care, training and accessories
- Locate prospective service dog candidate
- And identifying each of the dog's needs in greater detail
- Checklist is relatively long

Each item in the list is then checked off as to what has already been established.

Those items that are still needing to be worked on, obtained or set up are then placed in the 3rd column of the list. The reason it is all on one page is as a visual to see what is already accomplished and what continues to be checked off. This visual representation of the preparation journey is very helpful in staying motivated to reach the goal. Everyone who has ever started off has had a number of items already checked off.

In the process of going over my own needs in training my next service dog, I have realized that my stamina is not what it was nine years ago and I have far more commitments than I had previously. So I have established that owner-training would not be the best decision for the success needed for the dog or myself. It is important to me to keep assisting other owner-trainers in training their dogs, something I've decided to not take a prolonged break from in order to train another service dog for myself.

My decision was to apply for a service dog from a program. It will be approximately one year before I receive my dog and I am continuing with the process of my pre-planning. I will be getting a dog that has training in a number of areas including public access, foundation behaviors, and some task training. The dog will also be under two years of age. It's been some time since I've been around a young dog 24 hours a day. My health has also changed over the past nine years, so I need to assess what will be different and do some figuring out of how I will be able to care for my dog, train more tasks and any other equations in daily life that may present differences from how Freely and I worked them out together in the past.

One of the things I have done that is preparing me for this, is to occasionally board & train a young dog. It has been wonderful for the service dog in training to also learn behaviors in a new environment and for the handler to have the option of more training for their dog with an experienced trainer.

This has also provided for me the opportunity to spend short periods of time figuring out what I am able to do and to see where I may need to make changes in how I do things physically with a young dog that makes it work for us both. This is a win-win situation.

Using this strategy is helping me to accomplish three main goals:

1. check off more things on my handler list to be as best prepared as possible when I receive my service dog
2. get a good sense of what I really am looking for in my next service dog
3. to personally have gone through the pre-planning process, editing as necessary. Going through this process myself will allow me to further understand and support others going through their pre-planning process.

It's important to first decide if a service dog is a solution that would benefit a person and to understand the time, skills, and responsibilities that accompany a service dog in one's life. If it is determined to be an appropriate decided upon solution, taking further planning steps would be important for the greatest outcome of success for the partnership.

New Regulations for Service Dogs and Emotional Support Animals Flying in Cabin

By: Jeanne Hampl



Alaska Air, Delta and United airlines have all updated their regulations regarding Service Dogs and Emotional Support Animals flying in cabin. It is important that before you fly you check with your individual airline so that you are aware of their rules. I have included information from Alaska Air's website.

The biggest change has been to the documentation needed to fly with Emotional Support and Psychiatric Service Dogs. All of the documentation must be filed at least 48 hours before your flight.

Trained service animals

Trained service animals assist those who: are blind or have low vision, are deaf or hard of hearing, have diabetes, seizures, mobility limitations or other needs.

Trained support animal - tickets purchased on or after May 1, 2018

Emotional support/psychiatric service animals assist those with emotional, psychiatric, cognitive or psychological disabilities.

You may travel with an emotional/psychiatric support animal in the cabin if you are a qualified individual with a disability and certain documentation requirements are met.

You must provide Alaska Airlines the following completed documentation at least 48 hours before departure, and keep the completed forms with you for the entire journey.

- Animal health advisory form
- We strongly recommend guests should have a certified copy of the animal's health certificate from their veterinarian for their entire journey. Refer to Alaska's pet policy for requirements for a health certificate.
- Mental health form
- Animal behavior form

If your service animal or emotional support /psychiatric service animal engages in disruptive behavior such as (but not limited to) the following, your animal will be subject to our pet policy:

- Barking excessively, not in response to a handler's need or distress
- Aggressive behaviors towards other guests or animals (e.g. biting, growling, snapping, lunging, etc.)
- Freely wandering or running around
- Relieving themselves in the aircraft cabin or places other than designated pet relief areas
- Jumping on guests or employees
- Occupying an aircraft seat or seatback tray table

New Regs for SDs and EMAs to Support Animals When Flying (Con't. on page 6.)

New Regs for SDs and EMAs to Support Animals When Flying (Con't. from page 5.)

- Eating off seatback tray tables
- Not responsive to owner/handler's commands

Traveling with a service animal in training

At Alaska Airlines, we will accept service animals-in-training free of charge that are being delivered to their new owner/handler's home provided all of the following conditions are met:

- The service animal is being transported by a trainer.
- The trainer can identify the new owner's/handler's name and home city.
- The trainer can provide documentation on official letterhead noting the service animal has successfully completed training.
- Space must be available and confirmed in advance for traveling in the cabin or cargo compartment. (Limited and subject to availability).

In addition to being delivered to their new owner/handler, a service dog/puppy-in-training only may be accepted for travel free of charge while they are in training provided all of the following conditions are met:

- Travel is wholly within the United States.
- The service dog/puppy is being transported by their trainer/raiser.
- The trainer/raiser must provide a health certificate for the service dog/puppy in training on official letterhead from the assistance organization or local veterinarian.
- The trainer/raiser must provide an official Trainer ID card issued by the assistance organization.
- Space must be available and confirmed in advance for traveling in the cabin or cargo compartment. (Limited and subject to availability).

We welcome trained service animals and emotional support/psychiatric service animals on Alaska Airlines. To ensure that both you and your service animal or emotional support/psychiatric service animal travel easily and comfortably, please review the following information.

Trained service animals or emotional support/psychiatric service animals travel for free. The size of the animal must not exceed the "footprint" of the guest's seat.

We suggest that you not over water or over feed your service animal or emotional support/psychiatric service animal on the day of travel

Service animals or emotional support/psychiatric service animals are expected to be seated on the floor space below a guest's seat or, if no larger than an infant, seated in the guest's lap, if needed to accommodate your disability.

Service animals and emotional support/psychiatric service animals are expected to behave appropriately in the airport and on the aircraft.

Service animals or emotional support/psychiatric service animals shall not:

- Occupy a seat or sit on a tray table at any time.
- Obstruct the aisles or areas that must remain clear for emergency evacuation.

New Regs for SDs and EMAs to Support Animals When Flying (Con't. on page 7.)

New Regs for SDs and EMAs to Support Animals When Flying (Con't. from page 5.)

We will do everything we can to seat you in a row with the most leg room when traveling with a service animal or emotional support/psychiatric service animal.

- For safety reasons guests traveling with service animal are not permitted to sit in an emergency exit row.
- We recommend choosing a window seat so the animal is safe from foot traffic.

Advise the customer service agent upon arrival at the airport that you are traveling with a service animal to ensure we have your animal accounted for onboard the aircraft.

If your trip includes Hawaii or international travel, please also review the additional information below for additional documentation requirements and recommendations.

View a list of airport animal relief areas.

Note: If you encounter any issues with your service animal or emotional support / psychiatric service animal at the airport or on board, please ask to speak to a Complaints Resolution Official (CRO). These trained Alaska representatives are ready to assist guests with accessibility needs and protect your rights when traveling by air.

<https://www.alaskaair.com/content/travel-info/accessible-services/specialservices-support-animals>

Jeanne T. Hampl is a registered nurse by profession and a dog trainer by avocation. She was the Executive Director of the Prison Pet Partnership Program at the Washington Correction Center for Women from 1994 to 1998. She served on the Program's Board of Directors from 1991 to 1994 and 1998 to 1999. Under her guidance a new kennel and Service Dog training center was constructed on the prison grounds.

Jeanne has trained dogs and instructed clients for the past thirty five years. She teaches private obedience classes as well as assisting person with disabilities to train their own service dog.

She also is a Service Dog Access Specialist. Jeanne is the co-founder and current president of The Assistance Dog Club of Puget Sound. She is a certified member of National Association of Dog Obedience Instructors (NADOI) and serves as the chair of the Committee on Handlers with disabilities.

Service Dog Puppy Raising Myths

By Veronica Sanchez M.Ed. CABC CPDT-KA

Northern Virginia Dog Trainer



Getting started with a new puppy is always exciting and it's even more exciting when the owner's goals are to train the puppy for service work. However, sometimes, owner-trainers have misconceptions about service dog candidate puppies. Moreover, some of myths about raising a puppy for service work may actually harm their pup's behavioral health. Here are a few of the myths that professional trainers often hear:

Myth: The puppy the owner has chosen will definitely grow up to become a service dog.

Fact: Yes, I dove right into the most frequent myth that's definitely challenging to address. Unfortunately, there is absolutely no way to predict with certainty that an individual puppy is going to mature into an adult dog with the temperament and behavior characteristics needed for service work. It is a good sign that the puppy is happy, confident and loves all kinds of people and animals. However, just because a pup shows those characteristics, does not guarantee that the temperament will remain the same over time. Dog behavior changes during the dog's development. Sadly, some behavioral traits that are not acceptable in service dogs, like some types of aggressive behavior, do not emerge until the dog matures.

Myth: Service-dog-in-training puppies need to go everywhere with their owner.

Fact: Socialization is important for all puppies however, socialization is commonly misunderstood. Appropriate socialization is not one-size-fits all and takes into account the individual pup's temperament. Owner-trainers sometimes inadvertently overwhelm and even frighten their puppy in their quest to socialize. Puppies need to be allowed to be puppies and they must have sufficient sleep and lots of unstructured down time to explore the world at their own pace.

A second problem created by this myth is that owner-trainers may inadvertently create separation anxiety by never leaving the puppy alone. There are a number of situations when a service dog may need to be left alone such as for a veterinary procedures, if the dog becomes sick or if the owner has to have surgery. Puppies need to learn to accept being alone in a crate or safely puppy-proofed enclosure for short periods - with appropriate chew toys of course.

Myth: Service-dog-in-training puppies should not be allowed to play with other dogs, greet strangers...the list of "don't allows" goes on and on.

Fact: Service-dog-in-training puppies do not have different basic needs from other puppies. They need to interact with different people, with friendly and appropriate dogs, and explore new places and situations at their pace.

Owner-trainers, like all puppy owners, need education on dog development and information on the different behavioral changes we tend to see as dog's mature. Owner-trainers often really want to do everything as perfectly as possible for their puppy, so they may need to be reminded to play and have fun with their pups. Puppy-hood is such a brief period in a dog's life but it is an important time in building that relationship. Puppies are fun, and owner-trainers should enjoy their puppies.as with all tasks, vary depending on the needs of the individual.

Veronica Sanchez M.Ed. CPDT-KA, CABC is a professional dog trainer in Northern Virginia. She helps people train pets, service and therapy dogs. She also is a person with a disability and her smooth collie, Sulu, assists her as a service dog. Veronica started training dogs professionally in the 1990's. She has degrees in education, psychology as well as dog trainer certifications. Her experience ranges from training pets, competition, service and therapy dogs to speaking to explosive detection dog trainers. Veronica is guided by her love for helping dogs and people learn together.

May 19, 2018
West Pierce Fire & Rescue

What would you like your SD to do if there was an emergency in your home? This event is about familiarizing your SD with folks in uniform can help with keeping you safe and your dog less fearful. I hope that you take advantage of this opportunity.

The link below will give you directions to West Pierce Fire & Rescue.
Our visit is scheduled for May 19th from 1:00 - 3:00.

West Pierce Fire & Rescue
3631 Drexler Drive West
University Place, WA 98466
253.564.1623 Business

Here's the link for Directions:
<https://www.westpierce.org/>

Eloise's Cooking Pot Food/Pet Food Bank

ADC received this information to share with our members and others living in the Tacoma area who might be in need of some help for themselves and/or their dogs.

Eloise's Cooking Pot offers the members of our community the opportunity to obtain nutritious food in an unconventionally autonomous manner. At Eloise's, clients are able to come in and pick out the foods that they want, thus creating a dignified experience that closely resembles shopping in a grocery store. In addition to food, Eloise's offers hygiene products, baby foods, and baby formula. Eloise's also accommodates pet owners as a pet food bank, offering a variety of food options for dogs and cats. For those who aren't able to physically make it to the food bank Eloise's provides a delivery service, which is rated #1 in Pierce County.

Physical Address
3543 East McKinley Ave.
Tacoma WA 98409
Phone: 253.426-1994
Email: info@themadfseattle.org
Facebook Page: <https://www.facebook.com/EloisesCookingPotFoodBank/>
Website: <http://themadf.org/eloides-cooking-pot/>

What's Up With ADC?

Activities and meetings this year will be held at TACID unless otherwise noted. The address for TACID is: 6315 S 19th St, Tacoma, Washington 98466. The Assistance Dog Club holds our business meeting from 12:00 - 1:00 and we welcome our speakers and presenters from 1:00 - 3:00. Meeting topics are in the process of being planned. If our members have a topic or speaker that they would like to hear, please contact Jeanne Hampl.

- May 19, 2018 - West Pierce Fire & Rescue - University Place
- June 23, 2018 - To Be Announced
- July 28, 2018 - To Be Announced
- August 25, 2018 - (Summer Break)
- September 22, 2018 - To Be Announced
- October 27, 2018 - ADC's Annual Business Meeting
- November, 2018 - Thanksgiving Break
- December 9, 2018 - Holiday Party (To Be Confirmed)

Support ADC While You Shop

If you are interested in supporting the Assistance Dog Club of Puget Sound there are a few options that are available to you! ADCPS has entered into a partnership with both Amazon.com and Fred Meyer. If you would like more information about both options offered by these two corporation you will find it on ADC's website, [<http://www.assistedogclub.org/home/support>] complete with links that will guide you through the process.

Shop at AmazonSmile
and Amazon will make
a donation to:
Assistance Dog Club of
Puget Sound
[Get started](#)
amazon smile

Dogwise
All things dog.

Every Quote Gives Hope

healthypaws[®]
PET INSURANCE & FOUNDATION

Fred Meyer
community
rewards[™] rewards
Where shopping & giving unite

Check our Facebook Page for more information!

New Laws, New Signage

We are all aware of the problems that can be caused by individuals bringing their pets into public businesses and other areas while claiming them to be service dogs. Times are changing and laws are being written that will legally allow only service dogs that access. ADC will be designing our own sign that we will offer to local businesses for display. We thought that our readers would enjoy seeing some of the signage that our members and friends have photographed.



Informational Websites On Behalf of Service Dogs

Given that the partnership of a person with a disability with an assistance dog is governed by legal requirements it is beneficial that each of us have access to as much material as possible. The discussions at the January meeting included suggestions that can be misleading, inaccurate or legally correct and helpful. It is critically important that each of us become our own best advocate.

Here are some websites that are accessible to you that will provide you with valuable information. Many of these websites are also available on ADC's website on the Favorite links page. The link for our website is: <http://www.assisteddogclub.org/home>

Legal Description of Service Dogs: http://www.ada.gov/regs2010/service_animal_qa.html
http://www.ada.gov/service_animals_2010.htm

Legal Clarification on Rules for Assistance Dogs: <http://www.workinglikedogs.com/2011/03/u-s-department-of-justice-rules-on-assistance-dogs-to-become-stricter-march-15-2011/>

Medical information: <http://www.mayoclinic.org/diseases-conditions>
<http://www.summitvets.com/blog.html>

Veterinary questions: <http://www.merckvetmanual.com/pethealth/index.html>
<http://www.carecredit.com/vetmed/> (credit card for veterinary care, people have 1 year to pay, use it if you have no other credit card for emergency surgery.)

Service Dog Information: <http://www.iaadp.org>
<http://www.assisteddogsinternational.org>
<http://www.servicedogcentral.org/content/>
<http://www.assisteddogclub.org/>

Service Dog Gear: <https://www.bridgeportequipment.com>
<https://www.sitstay.com/>
<http://www.boldleaddesigns.com>
<http://www.kurgo.com/>

Service Dog Training: <http://www.lakeerieassisteddogs.org/>
<http://www.cooperativepaws.com>
<http://www.riverdogk9.com/>
<http://marthahoffmanhearingdogs.com/>

Also remember that the Assistance Dog Club has a facebook page:
<https://www.facebook.com/Assistance-Dog-Club-of-Puget-Sound-155317554486927/>

Be sure to friend us for the latest information about all things service dog.