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The next meeting is
Saturday, April 25, 2015

Training class will meet at
11:00 am at
TACID
(Tacoma Area Coalition of
Individuals With Disabilities)

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The Assistance Dog Club of Puget
Sound is a 501(c)(3) Organization.
Our tax ID Number is 91-2080563.
WA Secretary of State
Charities Program
Registration Number is 24995.

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Website

<http://www.assistedogclub.org>

E-Mail Address

assist_dog_club@hotmail.com

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Assistance Dog Club of Puget
Sound
2522 N. Proctor Street, Box #459
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**Assistance Dog Club of
Puget Sound
Board of Directors**

President

Pat Kessler

Vice President/Treasurer

Wayne Terry

Secretary

Diane Funai

Assistant Secretary

Sally Montejano

Social Coordinator

Fred Fuller

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**Calendar Updates
Reminders for Changes in
Meeting Places, Days, and Times!**

There are so many exciting educational events and field trips coming up for the Assistance Dog Club of Puget Sound. Please take note of the time and location changes below:

Please Note: There will be no training class prior to the visit to Freighthouse Square.

Saturday, May 30 - 12 noon

Meet at E. 25th Street at the Sounder Tacoma Dome Station across from Freighthouse Square (2501 E. D Street, Tacoma 98431) for the Tacoma Light Rail experience with Tacoma's Customer Facilities and Accessible Services Manager, Michael Miller, and our service dogs. Lunch at Freighthouse Square after the Light Rail trip through Tacoma.



Mission Statement

The mission of the Assistance Dog Club of Puget Sound is to provide a safe, supportive, and educational environment that will enhance the partnership of persons with disabilities and their assistance dogs.

President's Corner

by Pat Kessler

Greetings everyone!

Well, we had a great outing to the Fire Station for those that participated. Those of you who missed it might find that your dogs may not be as well prepared should an emergency occur and you require the services of the fire department. Preparing your dogs for emergencies is important. The more familiar they are with a situation the less stressful it will be for all concerned. These community agencies give us their time to help us train our dogs, but you must avail yourselves to these opportunities.



The warm weather is coming upon us and although it is not hot yet every day don't be fooled into thinking that the temperature in your car is cool enough for your dog to be left in there. Even on cloudy days the temperature in autos can raise quickly. Cars are sweatboxes in the heat because the metal attracts heat and the temperature rises quickly causing the occupants to suffer a horrible death. Don't let your dog become a victim on a quick trip into the store.

Also, in the warm weather people drive with their windows open. Protect your dog's eyes and don't let them hang their heads out the window of a moving vehicle. Next month, we will be doing the light rail. Prepare you and your dog for the future even if you drive now. You never know when you may need to use public transportation. In June we will have discussions, decide what you would like to do next year and think about being on the board. See you at the Light Rail.No class before Freighthouse Square, but we will have lunch after the ride.

April Meeting

Familiarizing Our Dogs with Emergency Protocol

by Pat Kessler

On Saturday, April 25, 2015, the ADC members went to Fire Station 31 in University Place to expose our service dogs to the sights and sounds of the fire and rescue trucks and the men in their gear. The dogs each greeted a firefighter dressed in full gear with masks while he gave them a treat so they would become accustomed to the uniform. The dogs were also allowed to go through a rescue truck so they could see what that was like. Outside of the station the dogs were treated to the various sounds the trucks make. All the dogs did excellent in all phases. The firemen gave us information on what they would need to treat us in case of an emergency and how to document that we had a service dog in residence. Both owners and dogs had a great time, and we greatly appreciate Station 31 for having us. Thanks to Jeanne for the photos.



Standing L-R; Sara Keck (*Reggie*), Margarita (*Camron*), Pat Kessler (*Coby*), Wayne Terry (*Monty*),
Sitting L-R, Tanya Carter (*Elle*), Sally Montejano (*Kalia*)



Pat Lynn (*Mac*)

Arfs & Craft Returned!

April 16 - 18, 2015

ARFS & CRAFT returned – The Art Stop’s 19th annual benefit for the Prison Pet Partnership Program at the Women’s Correctional Institute at Purdy and the Assistance Dog Club of Puget Sound. Each year the silent auction of hand-made dog bowls raises funds for the two non-profit organizations and the very special canines that they serve. Thanks to all of the great folks who donated fabulous bowls.

ARFS & CRAFT opened Thursday, April 16th, during the Third Thursday Artwalk. As always, we met guests of the Art Stop, introduced the service dogs, ate fortune cookies and viewed beautiful art. Bowls were sold at silent auction through Saturday, April 18th.



ADC's Website Has Much to Offer

<http://www.assisteddogclub.org/home>

Since ADC has been around for a while and has enjoyed the pleasure of meeting so many knowledgeable individuals and businesses that are acutely aware of the needs of service dogs, we have gathered quite a bit of information for the viewers of our website. I'd like to familiarize you with some of the information that we have available.

Who Are We? is the place where you can find the names of ADC's Board members. Please feel free to contact any of them if you have a question or a suggestion about anything club-related;

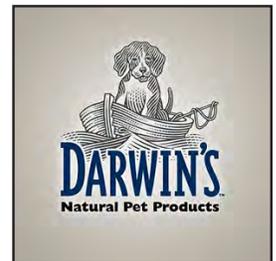
Meetings, Events You can find a reminder of the meetings, events and activities here;

Members This is where you can put a face to a name of other members. If you would like to have your photo added to the album, Pat Kessler would be happy to take a photo for you.

Arfs & Craft is an annual fundraising event hosted by Phyllis Harrison and Steph Farber who own The Art Stop in downtown Tacoma. Check it out! It's a lot of fun!

Favorite Links is the page that might possibly answer your questions or provide you with needed resources in the areas of training, health care, supplies and more.

One thing that you will find on this page is a coupon for raw dog food. **Darwin's** also offers options for a variety of pet professionals as well as for service dogs. If you use raw food for your dog, I encourage you take a look at the coupon on ADC's Favorite Links page as well as going to Darwin's own website to see all that they have to offer. [<http://www.darwinpet.com/resources/service-dogs/>]



PetPros is another Pacific Northwest business that has developed a partnership with ADC. They offer a frequent Buyer program where you can earn a free bag of food when you buy 10 or 12 and monthly specials on treats, toys and supplies. Take a look at their website [www.PetPros.net] to find a store near you.



Legal Resources is the page that will provide you with Layla's Law, a law written by an early member, Hy Cohen as legal resource for the interference with a service dog. You will also find other links to legal resources.

Dogwise offers you the opportunity to purchase books knowing that a donation will be given to ADC for using their site. The next few pages offer you the opportunity to provide support to ADC through **Amazon, Fred Meyer and Healthy Paws**. So take a look at our site and let me know if you know of any other resources that would be beneficial to the club or our members.

Editor's Notes

By Jack Pearce-Droge

April has been a good month for the Assistance Dog Club! The first event was Arfs & Craft, held at the Art Stop in downtown Tacoma. This was the 19th year that Phyllis Harrison hosted this grand display of dog-related art. It was great to be able to visit with the good people from the Prison Pet Partnership Program as my first service dog, Cheyenne came from them about 15 years ago. I've been attending Arfs & Crafts for that period of time. It is a wonderful opportunity to meet the public and talk about the responsibilities of our dogs. Over the years we have also had the good fortune of talking with area politicians about the legal rights of our dogs.



The club also had the good fortune of visiting with the West Pierce County Fire & Rescue as we have many times in the past. It has always been a fascinating and informative visit. This is the first time that I wasn't able to go as we were completely involved in 2 activities with Burtt, Special Olympics and a Cinderella Ball organized by the Tacoma Yacht Club. I have to admit that I missed going as it has always been one of my favorite activities. Many thanks to Jeanne and Pat for providing information for the newsletter.

I decided to add the member benefits that are included on our website once again both to ensure that our supporters know how much we appreciate them and to make this information available to all new members. We hope you take advantage of them. In addition, if you know of any other links pertaining to service dogs, please let me know so they can be included.

Future Meetings and Events

Mark Your Calendar

***All activities and meetings will be held at TACID unless otherwise noted.
The address for TACID is: 6315 S 19th St, Tacoma, Washington 98466***

The Assistance Dog Club of Puget Sound organizes meetings and events that will serve to strengthen the relationship between the service dog and their human partner. If you are interested in joining us at a meeting or event, please email us at assist_dog_club@hotmail.com.

April 16, 17 & 18 - Arfs and Craft, The Art Stop in Downtown Tacoma

April 25 - W. Pierce Fire Station; 3631 Drexler Drive West, University Place, WA

May 30 - Light Rail - East 25th Street at Freighthouse Square

June 27 - CGC/Discussion Regarding Board Applications/Membership Packets

July 25 - Annual Picnic

July/August - Newsletter and Meeting Minutes Hiatus

August 31 - Deadline for Board Applications AND Membership Packets

September 19 - This meeting was originally scheduled for Sept. 26 but has been changed to the 19th to accommodate TACID's ADA celebration on September 26th

October 24 - Annual Mandatory Membership Meeting and Potluck

November 28 - No meeting in November - Happy Thanksgiving

December 12 - Annual Christmas/Holiday Celebration

Time For Some More Fun

When some of us were talking about this newsletter, Pat Kessler said that she'd like to see some recipes for goodies for our dogs. I remembered that former member, Linda Lohdefinck, Founder, Director and Trainer of Golden Ears Hearing Dogs [<http://www.goldenearsdogs.org/home>], a program that trains hearing dogs, had compiled a recipe book to help support Golden Ears. So from time to time I'll pull some of the recipes and share them with you. Linda has copies of her cookbook and you can contact her through her website. It can be found at [http://www.goldenearsdogs.org/home/golden_ears_cookbook] .

No-Wheat Salmon Treats

Courtesy of Linda Lohdefinck

1 (8 oz.) can salmon with juice
1/2 cup chopped parsley

1/2 cup whole ground flaxseed meal
2 - 2-1/2 cup potato flour

3 eggs - shells included

Combine all ingredients but potato flour into a food processor and mix well. Then add the potato flour through the opening 1/2 cup at a time while the processor is running until it looks like pie crust dough (about 1-1/2 to 2 cups potato flour). When the dough rolls into a ball it is ready. Remove the dough from the processor and place it on a potato floured board. Knead in more flour if needed so that its not sticky. Roll out until it's about 1/4 inch thick.

Cut out shapes with cookie cutters or cut into 1" wide squares. Spray cookie sheet and bake at 375° for 20 minutes. You can roll out into 1/2" thickness but you may need to increase cooking time to about 30 minutes. Rotate the cookie sheet and bake for another 5-10 minutes. They can be baked to be soft or hard.

Note: The original recipe said that the flaxseed could be ground up fine in a coffee grinder. (Linda said she changed the recipe to use ground flaxseed meal and it came really well and her pups loved them!)

Published in "Good Eats for Man & Beast"
Golden Ears Hearing Dogs

Training Tips: Get Help

By Jeanne Hampf

In this article we are going to concentrate on teaching a dog to find a specific person. Because of dog safety “Get Help” should be confined to the house or a fenced area or interior hallways in apartment complexes.



The dog needs first to be taught to go to a specific person on cue. I start with chairs not very far apart. The dog is cued to “Get Help” or “Get “a specific person”. The training partner, ideally the person the dog will eventually be finding, should encourage the dog to come to them and highly reward with food, toys etc depending on the dog’s preference. Once the dog is going to the training partner without any encouragement other than the cue and the reward that follows slowly increase the distance and difficulty of finding the person. At this point I introduce the dog to the joy of playing Hide and Seek.

Once the dog is reliably finding the training partner any where in the yard or house or another apartment we will add the “SHOW ME” cue. This cue is given by the training partner to tell the dog to take them back to the person who sent the dog for help. When we introduce the “SHOW ME” cue we will once again go back to very short distances between the two people. When the dog has come to the training partner they will be rewarded and asked “SHOW ME”. The training Partner will then if necessary guide the dog back to its handler. The handler will highly reward the dog for returning. When the dog is successfully moving back and forth between the two people we once again slowly increase the distance and difficulty with the dog being rewarded in both places.

Once the dog is reliably doing the two point “Get Help” the training partner decreases the value of reward and the main reward will come once the dog has taken the training partner back to its handler. If the handler was unable to reward the dog because of a seizure the dog would get the reward from the training partner while they are at the handler’s side.

Remember to practice dry runs a few times a week with the dog being highly rewarded. Do not expect the dog to remember the cue if you only use it in an emergency. This task must be practiced regularly. Because dogs do not generalize behaviors practice giving the cue in a variety of places as well as in a variety of positions, sitting in a chair, lying on the bed or floor.

(Training Tips: Continued on page 9)

Training Tips: Stages of Learning (Con't from page 7)

A service dog should be taught to immediately down if a handler falls. You can practice by playing "Ashes, Ashes All Fall Down". If you are able to get up with minimal assistance this can be practiced anywhere. Slowly fall to the ground and cue the dog to "Down". Reward the dog for quietly lying next to you. If you are unable to fall or get up safely this can be practiced at a physical therapy visit.

You can also teach your dog to carry an object such as a specific colored bandanna or cue cards to a specific person. Make 3x5 cards with specific information such as "Need Help". Be sure to keep cards or bandanna in your pocket. The dog can be given a card to take to a person in the house or you can place the bandana on the dog's neck. The foundation for this carrying or retrieving the card or bandana is a reliable Take and Hold.

A dog that has been taught a reliable "Get Help" can literally be a life saver.

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Support ADC While You Shop

If you are interested in supporting the Assistance Dog Club of Puget Sound there are a few options that are available to you! ADCPS has entered into a partnership with both Amazon.com and Fred Meyer. If you would like more information about both options offered by these two corporation you will find it on ADC's website, [<http://www.assistedogclub.org/home/support>] complete with links that will guide you through the process.



A Glimpse of the April Meeting

On April 26, 2015 club members were welcomed once again at the West Pierce County Fire Station. We have visited them several times over the past years and it's always an educational experience for all of us. Firefighters helped familiarize the dogs with their gear, lights and sounds. Jeanne was able to help Mac become accustomed to a smaller space and all in all it was a great time for everyone.

