



Mendocino Food and Nutrition Program Inc

THE FORT BRAGG FOOD BANK

910 N Franklin St, Fort Bragg CA 95437 707-964-9404

The State of the Food Bank

Dear Friend of the Food Bank,

The Fort Bragg Food Bank belongs to you, our community, who so generously support our mission to provide nutritious food to people in times of need. To keep you informed, we present a brief summary of last year's activities. Without you, none of this could have happened! Thank you!

2017 in REVIEW

- ❖ In 2017 we distributed 1,224,000 pounds of food.
 - 455 tons went directly to coastal residents from Elk to Westport through our food pantry at 910 N Franklin St in Fort Bragg, where we served weekly groceries to over 928 households (1,650 people) each month.
 - We delivered 157 tons of food (including 22 tons of fresh produce) to independent food pantries and soup kitchens serving small rural communities county-wide.
- ❖ We continue to provide extra nutrition to children through funding from the Mendocino Coast Children's Fund for Kid's Vacation Bags and from the JG Cummings Foundation for extra protein for every child every week.
- ❖ We provided a monthly 30-lb "Senior Box" of food to 248 seniors.
- ❖ We distributed \$5.07 worth (wholesale) of food for every budget dollar spent.
- ❖ We provided groceries for a delicious holiday dinner complete with a turkey or ham to over 700 local family households for Thanksgiving and for Christmas. For this we sincerely thank Harvest Market for the Buy-a-Turkey program and to the local businesses that provided matching funds for our Turkey Challenge: Mendocino Coast European Auto, Team Insurance and Financial Services, the Savings Bank of Mendocino County, and Jenny's Giant Burger.
- ❖ We completed the installation of solar panels on our roof – which has cut our utility bill in half!
- ❖ Over the course of the year 143 volunteers contributed over 11,000 hours of their time helping with food distribution, fundraising events and newsletter mailings. This year we celebrated long-time volunteers Lupe Arreguin, Yukie Holland, Nancy Milano, Dolly Bail, Jerry Smith and Tony Anderson – each of whom have volunteered at the Food Bank for 15 years or more!
- ❖ Our 6th Annual Soup & Chili Cook-Off was our best yet! Look for our 7th Annual on Oct 27, 2018!

2018 and BEYOND

- ❖ We continue to strive to provide ample nutritious food, with plenty of fresh fruit and vegetables, whole grains and adequate protein.
- ❖ We are in the process of developing a food program tailored to our clients who suffer from diabetes. We look forward to having on-going support from our wonderfully generous community for this project.
- ❖ This year re-paving our parking lot is high on the list of necessary infrastructure maintenance, along with replacing some aged warehouse equipment.

OUR VISION: People coming together to create hope for a dignified, abundant life for everyone.

OUR MISSION: To provide nutritious food that supports people in creating a healthy and better life.