



THE FOOD BAG



If you can't feed a hundred people, then feed just one – Mother Teresa

JUST THE FACTS, MA'AM !

2014: A Year in Review

Last Year we distributed 1,233,000 pounds of food to people in need. 913,500 pounds were distributed directly to clients at the Fort Bragg Food Bank, which serves coastal Mendocino County from Elk to Westport. We served 900 client households (1640 household members) each month. Clients may pick up food as often as once a week and we serviced 2,165 client visits per month.

We also delivered 320,000 pounds of food to other food pantries and soup kitchens countywide. This included 32 tons of enthusiastically received fresh produce through a grant from the Community Foundation of Mendocino County.

OUR PRIORITIES

- ❖ Providing nutritious food to our community members in need.
- ❖ Treating people with dignity and kindness.
- ❖ Using the resources entrusted to us wisely to provide the most benefit to our clients.
- ❖ Exercising high standards of honesty and integrity.
- ❖ Prudent planning so that the continuity of the Food Banks services is assured for years to come.
- ❖ Providing a place where people find fulfillment and social interaction while working together for the good of all.

YOUR DONATION OF \$120

Allows us to acquire
OneTon of Fresh Apples !



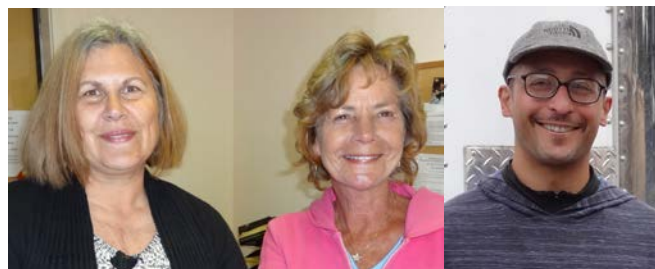
WE NEED VOLUNTEERS

We've been running a bit short on volunteers in the past few months and would love to have new people join our wonderful crew. You are welcome to come on down and look us over and maybe volunteer for a couple of hours before you decide if you would like to continue. Most of the work involves helping with the weekly food distribution to our clients. This may include packing bags of food, sorting donated produce, unloading the truck, re-packaging food, serving clients, cleanup, or helping in the kitchen. If you are unable to volunteer routinely but still want to help out, you may want to add your name to our list of good folk we call to work for a few hours when we are particularly short-handed. Call Debby at the Food Bank for more info: 964-9404.

If you have much, give of your wealth
If you have little, give of your heart



NEW FACES at THE FOOD BANK



In recent months we welcomed 3 new employees: Theresa Kleckner (admin assistant), Debby Nicolson (volunteer-client coordinator) and Ian Martin (driver). We are fortunate to have a great crew!

Visit our website for more information;
www.fortbraggfoodbank.com

Food Distribution Schedule

Seniors (60+) – Mon, Wed, Fri: 10:45-11:15 am

General Distribution (all ages) – Mon, Wed, Fri: noon-3 pm and Wed: 4:30-5:30 pm

Clients may pick up food once a week at the Food Bank at 910 N Franklin St in Fort Bragg.

BREAKFAST CLUB RAFFLE

Breakfast-for-Two, every month for a year!

Winner Takes All !

BREAKFAST FOR TWO FROM ALL 12 RESTAURANTS

Great Odds!

ONLY 100 TICKETS WILL BE SOLD

BREAKFASTS GENEROUSLY DONATED BY:

Mendocino Hotel	Flow Restaurant
MacCallum House	Eggheads
Little River Inn	Dolphin Isle Cafe
David's Restaurant	Laurel Deli
HomeStyle	Cucina Verona
Headlands Coffeehouse	Café 1

TICKETS: \$50 – On Sale at:
THE FOOD BANK and HARVEST MARKET

DRAWING: LABOR DAY
NEED NOT BE PRESENT TO WIN



FORT BRAGG  FOOD BANK

PO Box 70, Fort Bragg CA 95437

PRST STD
NONPROFIT
POSTAGE PAID
PERMIT #18
FT BRAGG CA

AN EASY WAY TO HELP THE FOOD BANK

Do your Amazon shopping at AmazonSmile (smile.amazon.com) and designate the Food Bank (use our official name, "Mendocino Food and Nutrition Program") as your chosen charity. Amazon will donate a portion of the purchase price to the Food Bank.

Summer 2015

Newsletter of the Fort Bragg Food Bank

MENDOCINO FOOD & NUTRITION PROGRAM THE FORT BRAGG FOOD BANK

910 N Franklin St, PO Box 70, Fort Bragg CA 95437
707-964-9404 * fortbraggfoodbank@mcn.org

Board of Directors: Thom Adams (*President*), Amanda Durigan (*VP*), Ginnie Claus (*Treasurer, Secretary*), Rosalie Scott, Julie Whipple, Marty Johnson, Denise Kreienhop, Lisa Rambo

Staff: Nancy Severy (*Executive Director*), Jim DiMauro (*Warehouse Manager*), Sarah Naples & Debby Nicolson (*Client/Volunteer Coordinators*), Felicia Molina & Ian Martin (*Drivers / Warehousepersons*), Theresa Kleckner (*Admin Assistant*)

We are a 501(c)(3) non-profit organization.

Donations are tax-deductible.

Tax ID#: 94-2577092.

Please make checks payable to The Fort Bragg Food Bank.

We accept MasterCard & Visa

SAVE THE DATE

4TH ANNUAL SOUP & CHILI COOK-OFF



October 17 at 5 pm
PORTUGUESE HALL

**WE'RE LOOKING
FOR
SOUPMAKERS !**

Call for more info: 964-9404

THANK YOU! TO OUR TOP 2014 DONORS

Mendocino Coast Childrens Fund
Harvest Market
Jeffrey & Helen Woodfield
Community Foundation of Mendocino Co
Dorine Real & Lee Tepper
Season of Sharing/Fort Bragg Advocate
Bill & Sonya Sappington
Amy Rao
Dan Martin
Kristin Dempsey
Do Gooders
Fort Bragg First Presbyterian Church
Carol Young Brooke Foundation
Peter Lit & Darcie Mahoney
Mendocino Coast FROLF Club
Mendocino Coast European Auto
Steven & Patricia Zlatunich
Bruce & Moira Conzelman
Betty Stechmeyer
Divine Assistants International
Mavis Moore
Cheryl & Kenneth Pogue
Savings Bank of Mendocino County
Louise Rossi
Linda Kalman
Doug Hammerstrom & Diane Harris
Sharon Valenti
Team Insurance & Financial Services
Pase Trust
Mendocino Presbyterian Church
Gary Klein
Hawthorne Timber Co, LLC
George & Ruth Bradford Foundation
GAG Charitable Trust
Fort Bragg Realty/Paul & Barbara Clark
Bruce Campbell
Mike Anderson
Sharon Core
Elizabeth Owings

Laura Vogelgesang
Peter White
Tracy Mahr
Thomas Corey
Ron & Lola Brashear
Howard Ennes
Cap'n Flints
Betty Abramson & Charles Artigues
Robert Toy
Fremont De Armond
Tracy Barrett
Luna Armstrong
Saint Anthony Catholic Church
Kevin Wooden
Jeanne Stoenner
Soroptimist Intl - Fort Bragg
Sillers At The Wharf
Mel & Susan McKinney
Knights Of Columbus
Highlight Gallery, Inc
Joan Gulick
Elizabeth Gibson
Cameron Fox
Elk Altar Society
Claire Ellis & Chuck Greenberg Fund
Orval & Joan Arnett
Tanya Klotz
William & Mildred Bohannon
Bruce & Roslyn Moore
Susan Larkin
John Garratt
Sharon Hansen & Tom Wodetzki
April Mason
Stephen Welch - Steve's Body Shop
North Coast Energy Services Inc
Nancy Murov & Julie Starobin
Annette Daroczi
William & Terri Kidd
Trinity Lutheran Church

Judith Summers
SPARK
Mary & William Shepherd
Steve & Molly Lopez
Nicholas & Valerie Brownrigg
Shawn Abell
Coast Hardware
Chuck Tell
Walt & Del Miller
Linda Walzer
Ari & Carol Schneider
Elizabeth Ryan
Norman Rudman
James Luther
Bruce & Kathryn Leaman
Bill & Barbara Knapp
Nancy & Paul Kemp
Garden Arts & Gifts
David & Joyce Collard
Ann & Robert Kelsey
Jack Moore & Jean LaFountain
Chas & Sharon Williams
Mark Wilkens
Caroline Tower
Phillip Maloney & Monica Steinisch
Donald Paglia
Miriam & Roderick Owen
Debra Lennox
Lloyd & Judith Kozloff
Jenny Heckeroth
Headlands Garden Supply
Fred Grill
Robert & Mary Gerbi
Jeffrey Flynn & Linda Lasell
Charles Fleischman
John Schooley
Nancy Swehla
Pat & Richard Karch

Only 2014 Donors are listed. 2015 Donors will be recognized in future newsletters. We have not listed people who gave thru the Season of Sharing as they have been recognized in the Fort Bragg Advocate News.



THANK YOU TO OUR UNSUNG HEROES !

We regret that we don't have the space to acknowledge all the people who have donated so generously in so many ways. A BIG THANK YOU to all those who gave cash donations, fresh garden veggies, time, socks, toiletries, grocery bags, blankets, warm coats, items for raffles and silent auctions, food and drink for fundraisers and discounted services. And THANK YOU to people who stuffed envelopes, made soup, made music,

started our truck when someone left the lights on, painted signs, painted walls, knitted warm hats and baby clothes, attended our fundraisers, hosted our Food Donation barrels and to the people who dropped items in Food Donation Barrels, and to those who gave anonymously and you know who you are..... ☺



Thank You!

TO OUR WONDERFUL VOLUNTEERS

Whose dedication and good work make the Food Bank possible.
(Volunteers contributed 12,100 hours in 2014!)

FOR THE SEASON OF SHARING

Special thanks to: Sharon DiMauro, The Fort Bragg Advocate News, and the Community Foundation of Mendocino County for sponsoring this appeal.
And many thanks to Frank Hartzell for the wonderful articles and to all who contributed through the Season of Sharing.

TO THE FUNDERS OF OUR HOLIDAY TURKEY CHALLENGE

Savings Bank of Mendocino County
Team Insurance & Financial Services
Hawthorne Timber Co

Mendocino Coast European Auto
Paul & Barbara Clark - Century 21

And to all who met the Turkey Challenge, which provided turkeys to all our clients for the Holidays

TO LOCAL BUSINESSES WHO DONATE FOOD EVERY WEEK

Harvest Market
Safeway
Colombi's Market
Mendocino Cookie Co
D'Aurelio's

Purity Market
Starbucks
Thanksgiving Coffee
Café Beaujolais
Corners of the Mouth

Harvest at Mendosa's
Mendocino Coast Produce
North Coast Brewing Co
The Botanical Gardens
Fort Bragg Bakery

TO GROUPS THAT HOSTED FOOD DRIVES and BARRELS

Harvest Market
Safeway
Lavender Lady
Savings Bank of Mendocino County
Fort Bragg Library
Fort Bragg Presbyterian Church
Mendo Coast FROLF Club

Mendo Coast Jewish Community
Fort Bragg Fire Dept
Jacob Babcock
Redwood Elementary School
US Post Office
Anchor Academy
Turkey Trot at the Coast