January 2017

THE GUIDING LIGHT
Guiding Delaware’s Seniors Into a Brighter Future
Frederica Senior Center
216 South Market St
Frederica, Delaware 19946

Visit us at
www.fscnews.org

Notice our new look? We hope you like it because it is a way for the Center to save money. Just by eliminating the envelope we save almost $2000.00 a year. Makes our printing cost lower and allows us to place funding where it can be used better. Thank you.

Merry Christmas to everyone from
the Frederica Senior Center Staff
and the members of the Board.

From the Staff and Board of Directors of the Frederica Senior Center

Happy New Year 2017
Happy New Year everyone! It looks like the cold weather is upon us so bundle up warm before heading out to the Center. We have lots of happenings this month, so read your Guiding Light real close. In addition to our Italian classes on Mondays and Spanish on Fridays, we will begin Bible study Friday January 13. See page 4 for more information. Many of you have moved or changed your phone numbers since you have joined so as a New Year’s Resolution why not make sure we have current contact information. Before Mae could finish “Mae’s Corner” she had a bad fall and broke her arm. Please keep her in your thoughts and prayers. Ray

Getting To Know You by Doris Hoover

“Pray and love one another” are the words expressed to one and all from our lady of the month, Ms Myra E. Jones. On May 6, 1948, in Baltimore, MD a baby girl was born and given the name Myra; meaning wonderful and wonderful she is. She has loving thoughts and is very much saddled with the loss of her only brother George. She was raised by her mother, Mildred Townsend and grandmother, attended the Benjamin Banneker Elementary School and graduated from William Henry High School (now Dover High School). Her first job after graduation was at the Benjamin Banneker Elementary School. Myra also was employed at Sea Watch International in Milford, and Perdue, from which she retired. Myra and her adored Daniel were married in the year 2000, live in Frederica, and have one son Alvin. They attend the St Paul Methodist Church in Milford.

A prolific woman, inexhaustible and productive, always available to help one another, and enjoys life to the fullness. She has a fondness for sewing, cleaning, and playing games. She is an enthusiastic card player on regular “card club” days and “game nights.” Myra has been a member of FSC for seven years and enjoys every minute of every day. She is always available to lend a helping hand and is so great with serving those members who need some assistance. Do you remember the 2013 event when she was chosen to be Queen for a Day? It was a grand day; she wore her crown for months.

Myra loves the horror films and the shocking terror shows on TV. But she does enjoy watching the news. Just The Two of Us is the all time favorite Bill Withers song. Preferred and the favorite food is applesauce. Trips to North Carolina are at the top of the list for get-a-ways. Just in time for the holiday; red is first favorite color but green is a close second.

Myra Jones is a kind, giving, and delightful lady. Please give her the “high five” when you see her smiling face in the Frederica Senior Center.
My goodness, how time flies. I will have been at the center for seven years this January. I am proud to be part of an organization that makes a difference in many lives. I am grateful to have the opportunity to assist those in need. I have met many wonderful people along this journey, as well as lost many great people. Our goal this year is to continue to provide the much needed services to our members, expand our programs, enhance our programs, and expand our facility.

Looking forward to what 2017 will bring for us.

Happy New Year Renee

“Another Day, Another Month, Another Year,
Another Smile, Another Tear,
Another Winter, A Summer Too,
But, There Will Never Be Another You,
May Lovely, Happy Times,
Decorate This Time Of The Season,
May Warm, Special Memories Brighten Your New Year!”
Join us at the Frederica Senior Center and you can be a big winner too.

PARTNERSHIP WITH TRINITY CHURCH

We know that there are some FSC members who would like to go to church on Sunday, but have no way to get there. So, Trinity United Methodist Church in Frederica is going to offer transportation to services on Sundays.

Services are at 11a.m. The bus will pick you up and take you to the church. We have a stair lift that will take you up to the sanctuary, so we are handicapped accessible. After services the bus will return you to your home.

Starting January 13, 2017 Pastor Robin Hurley will be holding a Bible Study at FSC. We meet every Friday from 10:15 to 11:30. We’re going to be studying the Book of Revelations.

For more information on either of these programs, please contact Agnes Case at FSC or agnes@fscnews.org.
We will be holding indoor yard sales every month to benefit each department. We are all budgeted and sometimes we may want to do extra to bring more fun and learning to our departments. So extra money would help us a lot. Activities include Bingo, games, trips, and now we have added painting every Monday. So to keep the cost low to you we buy the supplies. But that comes out of our budget.

Outreach makes up baskets for our special lunches. The money from the baskets go to help our seniors with meds, sometimes bills and much more.

Craft room and woodworking could use the extra money to pick up supplies needed for their projects. As well as the kitchen. So if you have things around the house or in garage that is in your way or not using anymore bring them in and help us out.

If you would like to donate clothing, it could be donated to Cindie in Outreach. Drop them off and Cindie will get them distributed. Thank you for all your support. Let’s make 2017 a wonderful year.

Keep smiling, Cathy
The Johnnie Cake Singers are back!!! Come join them on every Thursday at 10:00 am. Then travel with them monthly to brighten someone’s day. So come on and join in the music and fellowship.
**BREAKFAST** is served daily, come and enjoy a light continental style breakfast on Tuesday, through Friday. There is a full breakfast service every Monday from 9:00 to 9:30.
Out and about with the Frederica Senior Center

Why not join us for a road trip! Look at all the fun they are having.

UPCOMING TRIPS!!!!!!

APRIL 2 - APRIL 8, NASHVILLE SHOW TRIP

JUNE 19-22, TALL SHIPS OF BOSTON
$500.00 PER PERSON

JULY 7-15, PIGEON FORGE, TENNESSE

MAY 22-26, MAINE TRAIN AND LIGHTHOUSES

OCTOBER 8-13, ASHEVILLE, NC, BILTMORE

For more information contact Agnes Agnes@fscnews.org
302-335-4555

Frederica Senior Center

Valentines Dance
Saturday February 11th

4 – 8PM
BYOB

Music by Buddy’s Hideaway

Menu
Lasagna, Tossed Salad, Garlic Bread
Baked Goods Sale – 50/50 – Basket Raffle

Tickets $10.00 person $15.00 couple
Happy New Year!! Hope your holidays were festive and fun with family and friends. I know our Christmas Dance last month was a great success and lots of fun for all our members and guests. Congrats to our winners in the baking contest with their beautifully decorated entries. We had an Ugly Sweater contest with a beautiful winner.

January brings in special days such as Soup Sale, on Jan. 11th. Pie Day on the 23rd. We will have a Chili Bar on the 27th. January 21 is our first Karaoke for 2017, Mr. & Mrs. Bean will be our DJs along with light snacks and lots of fun. BYOB.

Mary Kenny will be holding her Italian class every Monday in the conference room at 1pm, then Agnes Case will be holding her Spanish Class in the conference room on Fridays at 1pm. We have line dancing every Wednesday, Painting with Dee Cubbage on Tuesdays, Woodcarving, crafts, and many other activities.

I would love to start playing games on Monday mornings such as Family Feud, Scattergories, match game and more. Anyone interested please contact me either in my office or at 302-335-4555. Also, any ideas for activities or local trips contact me and I will put it in place.

As always, Keep Smiling
Cathy Mosley, Activity Coordinator
New Members in the Month of December 2016

Please introduce yourself and make all of our new members welcome!

Sandi Johnston  Carrie Larson
Nora Robinson  Penny Shockley
Patrick & Patricia McGill
Cynthia Shearer  Betty Myers
Thomas & JoAnn Rygial

1/1  Daniel Bailey
1/1  Patricia Anderson
1/1  Bill Chaney
1/1  Louis Bodie
1/3  Charles Stewart
1/3  Bruce Boon
1/3  Virginia Lankford
1/4  Daniel Haggerty
1/5  Jean DeFrancisco
1/6  Melinda Jackson
1/6  Paul Davis
1/7  Barbara Walls
1/7  Cathy Mosley
1/7  Christine Smith
1/7  Doris Bostick
1/8  William DeHaven
1/8  Barbara Wilson
1/9  Lawrence Pegg
1/9  William Vogel
1/9  Fae Baudour
1/10 Shirley Tucker
1/10 Majorie Shahan
1/10 Harvey Ahlstrom
1/11 Teresa Burrows
1/11 Shirley Baker
1/12 Donna Zablieski
1/12 Jean Rawding
1/12 Gloria Orvis
1/12 Judith Jordan
1/12 Harry Bates
1/13 Kaye Argo
1/13 Robert Smith
1/13 Charles Hropvich
1/14 Peter Shields
1/14 William Downing

1/14 Sally Cawby
1/15 Elmer Titus
1/15 Robin Sylvester
1/15 Nancy Clark
1/16 Eddie Wireman
1/16 Diane Brutvan
1/17 Juanita Taylor
1/17 Roland Lomax
1/18 Robert Lamar
1/18 Karen Gamm
1/19 Gregg Shelby
1/19 Emma Bodie
1/20 Michael Pellegrino
1/20 David Hake
1/20 Delema Carter
1/21 Patricia McCloskey
1/21 Denise Long
1/21 Nancy Dingler
1/22 MaryAnn Stumpf
1/22 Robert Larkin
1/22 Maria Butler
1/22 Willis Baugh
1/23 Freda Kelley
1/23 David Houser
1/23 Deborah Fetzer
1/23 Donald Driskill
1/24 Theresa Sachs
1/24 Lina Lahman
1/25 Don Weinstein
1/25 John Lemmon
1/25 Mary Jackson
1/26 Marella Sennett
1/26 Elaine August
1/27 Marjorie Gentry
1/27 Daniel Birdwell
1/28 Joseph Rothaupt
1/28 Linda Lewis
1/28 Joe Jenkins
1/28 Dora Elliott
1/29 Philip Giordano
1/29 Harry Ford
1/30 Ruth Warren
1/30 Glenn Lowder
1/30 Linda Jones
1/30 Howard Burnham
1/30 Paul Bouchard
1/31 Mary Shinefuss
Frederica Senior Center, Inc.

Educational and Cultural Programs

Professionals from the community visit the Center to inform the members and offer a variety of services free of charge for issues like Health, Legal, Consumer issues and much more!

Membership

The Frederica Senior Center is open to anyone 50+ or disabled, veterans regardless of race, creed, national origin, or gender. An application must be completed and submitted to the corporation. At that time, a fee of $20.00 for annual membership dues is also required. This fee is renewed every July 1st.

Nutritious Meals

Come enjoy our delicious meals, cooked at our Center each day. Meals are served buffet style Monday-Friday at noon for a minimal donation of $5.00 per member, $7.00 non-member.

Social and Recreational Activities

The Center offers a variety of activities which include: daily craft-making classes, our game and social rooms are open daily for pool playing, card games, table games, puzzles, etc. Weekly Bible study, shopping, recreational and cultural trips, various crafts, quilting, walking and much more.

Transportation

A daily pickup is offered Monday-Friday to transport members to and from the Center, as well as social, recreational and shopping trips. The center has two buses, each equipped with a wheelchair ramp and handicapped equipment. If you are in need of this service please contact us for availability.

Outreach Program

Our Outreach Coordinator is a mediator between the center and the community. Persons needing assistance with food, shelter, medical bills, or any other assistance please call our Outreach Coordinator.

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<th>Board of Directors</th>
<th>Staff</th>
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<td>Ken Ryder</td>
<td>Renee Hoffman</td>
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<td>Rev William Downing</td>
<td>Ray Harris</td>
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<td>Herb Konowitz</td>
<td>Cathy Mosley</td>
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<td>Sam Beyard</td>
<td>Cindie Trader</td>
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<td>Marvin Lands</td>
<td>Kimberly Jester</td>
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<td>Telford Rager</td>
<td>Billie Hoffman</td>
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<td><strong>Members:</strong> Louise Gill, Charles Shinefuss, Glenn Garner, Tom Mosley, Ron Papineau, Melvin Dernberger, Adrena Vann</td>
<td>Michelle Phinazee</td>
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<td><strong>Membership Representative:</strong> Mae Maloney</td>
<td>Mert Mullen</td>
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<td>Volunteer Receptionist: Mary Bookhultz Pat Anderson, Sybil Hoover</td>
<td>Sonny Lomax</td>
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<td>Betty Flemming</td>
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<td>Agnes Case</td>
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Frederica Senior Center’s Mission Statement

Founded in 1974, the Frederica Senior Center was built on the need to combat the debilitating effects of geographical isolation of the elderly residing in Frederica, Magnolia, Felton, North Bowers Beach and rural surrounding areas in Delaware. Our goal is to provide a hot home-cooked nutritious meal daily; social; recreational and educational activities; transportation to and from the Center; and Outreach services.

If you or someone you know has a need or would like to visit our Center, please feel free to call us (302) 335-4555 or (302) 335-1770. Our hours of operation are Monday through Thursday 7:00am to 3:00pm, Friday 7:00am - 2:00pm
Happy New Year from your staff and friends at the Frederica Senior Center.

Frederica Senior Center
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216 S. Market St
Frederica, DE 19946

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