Instructions:
The “White” course is the easiest course available – perfect for first-time orienteers.
1. Familiarize yourself with the map before you begin. The course begins at the location marked with a pink triangle inside two circles, and then proceeds in order to each of the numbered circles, which are connected by a pink line. You may take any route you like between the controls – a straight line is not always the best route. Terrain, topography and vegetation all affect ease of navigation. Familiarization with the map relative to the fields, roads and features shown is easier if it is held flat and rotated until it is “oriented” to the terrain. Magnetic North lines will help you if you have a compass, but you will find the map is detailed enough that you should not need one on this course.
2. Upon reaching each control, read the single-letter code printed on the marker post (see illustration below). Write this code in the appropriate box on the control card on this page. To time yourself use the spaces provided on the control card. You can check your codes for accuracy when you finish by asking park office staff.

An Example:
Consider an imaginary control #10. Suppose it is marked on the map like so:

Referring to the map legend, you note that the control location – the point at the center of the pink circle – seems to be a crossing of two trails. To check the terrain feature on which the control is located, consult the description for #10 on the provided clue sheet:

After navigating, you finally arrive in the vicinity of control #10. You see it precisely where it should be – at the trail junction. Check the control number on the post (35), then write the letter or symbol (A) in box #10 on the code card. That’s it!

On to the next control!