

1517 Meadow Street
Littleton, NH 03561

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www.facebook.com/secondchancear

SHELTER HOURS

Monday through Saturday
Noon to 3pm
or by appointment

OUR MISSION

To provide homeless animals with a second chance at life and companionship in a no-kill shelter.

Our organization goes beyond shelter walls and is committed to:

- 1) Positive people and animal relationships and placements
- 2) Offering affordable spay, neuter and vaccination clinics
- 3) Cooperative rescue efforts
- 4) Animal welfare education

Board of Directors

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Whitefield Animal Hospital,
Whitefield, NH
Companion Pet Care, Littleton, NH

Professional Advisors

Mark Secord CPA, PLLC

Second Chance Animal Rescue

is a 501(c)3 charitable organization. SCAR receives no federal, state or local tax money, or portions of donations made to national humane organizations.

A Sleeping Cat

It's no secret that cats are impressive sleepers. They snooze away about 60% of their lives, 13 to 16 hours out of 24 hours a day. Only the opossum and the bat are known to sleep more, napping away almost 20 hours a day. The amount of time a cat spends dozing can depend on age, weather, temperature, hunger, sense of security, and sexual influences.



Cats evolved from a long line of hunters and predators and their sleep patterns reflect that. They are crepuscular (most active at dawn and dusk), since most of their prey is active during these times. This gives the cat plenty of time for napping during the middle of the day and to digest their protein-rich meal. A typical feline day includes over 15 hours of snoozing, four to six hours of grooming and playing, hunting (visiting the kitchen), eating, and exploring taking up the rest of the time.

Cats sleep anywhere.....on a table, a chair, top of a bookcase, on a window ledge. Your kitty looks for a place that is safe and comfortable. When it is warm, he seeks high shaded sleeping nooks where he can stretch out. In



the cooler months, he will sidle up to a heat source or find a warm sunny spot to curl up in with his face between his paws. It has also been observed that the temperature of a room is a determining factor in the sleeping position. As the temperature increases the sleeping position opens up.

There are three types of adult feline sleep: the "cat nap", longer light sleep, and the deep sleep. When your domestic kitty sleeps, his finely tuned senses are still active and ready

for action. His ears rotate as he stays in touch with his surroundings. If he hears something or detects someone approaching, he will open his eyes to check out the situation before falling back asleep.

The periods of light sleep (Rapid Eye Movement Sleep) when dreams occur and deep sleep (Non-REM Sleep) alternate. During NREM sleep, your cat's body repairs and regenerates itself. Kittens build their muscles and bones. The immune system strengthens and revitalizes. Kittens need more NREM than adults and with age the amount of NREM sleep diminishes. During REM sleep, your cat's whiskers twitch, limbs move around, and eyes move behind closed lids. Your kitty is probably out on a hunt in its dreams.



It's perfectly normal for your cat to sleep the day away. However, if your feline friend is lethargic, meaning its energy levels are lower than normal, acts depressed when awake, has had weight changes, or other signs of illness, make an appointment to see your veterinarian. You should also contact your veterinarian if your older cat is sleeping less. It could indicate your cat has a condition called hyperthyroidism. This disease occurs when the body produces too much thyroid hormone and metabolism goes into high gear.



Find us on facebook:
www.facebook.com/secondchancear

Homer's Homilies

Time decides who you meet in life, your heart decides who you want in your life, and your behavior decides who stays in your life. I want to share with you a few insights into why cats are better than teenagers and should seriously be part of your life. To justify my reasoning please consider the following:



1. We eat less.
2. In addition to eating less, we are generally not fussy when we get the same meal every day, and we're even grateful for it.
3. We are attentive and love you unconditionally, even when you have garlic breath.
4. We're not embarrassed to be seen with you.
5. We don't roll our eyes and say "oh pleeeese".
6. We don't talk back at you.
7. Not only do we not ask for money, but we don't ask for an allowance either.
8. We don't need expensive electronic gadgets...a long shoe lace or a ball of crushed paper works just fine.
9. We don't ask to drive the car and won't raise your insurance rates.
10. And finally...we don't spend all of our time texting our friends.

This is printed for fun and not meant to offend any pet owners. 🐾

Pictures from our Email: Adopted BFF's



Meggie & Ed



"Thank you for helping me adopt my Princess! She is settling in well."



Camping buddies!



Blu enjoying an evening of reading

HEY HUMANS!

The trailer has arrived behind the Shelter. That means you can donate your gently used household items now for the August 13th Annual Tent Sale!

Sorry—no electronic items, clothes, encyclopedias, magazines, mattresses, appliances or exercise equipment.



The Scoop



Low Cost Spay & Neuter Clinics

Call us at 603-259-3244 to schedule your cat or dog
June 27, July 18, Aug. 29, Sept. 19, Oct. 24, Nov. 28, Dec. 19

Low Cost Shot Clinic

Saturday, October 8
SCAR Shelter 1:30 - 4:00 pm

Dining for a Cause

Wednesday, June 22 5:00 - 8:00 pm
99 Restaurant, Meadow St, Littleton
99 Restaurant will donate 15% of your total bill to SCAR

2nd Annual Tony Ilacqua Chicken BBQ

Saturday, July 16 5:00 - 7:00 pm
VFW Pavilion, Littleton

Annual Gigantic Tent Sale

Saturday, August 13 9:00 am - 3:00 pm
Behind Sears, Meadow Street, Littleton

ShoeBox Recycling

Drop off your unwanted shoes at the shelter
We raise \$20 for every 40 lbs we collect!

Pet Food Drive

"No More Empty Bowls." SCAR is accepting donated pet food for distribution by local food pantries.

Nutrena Tag Fundraiser

Nutrena Feeds will make a donation to Second Chance for every tag collected

Odie's Odyssey

It was during a cold spell in March when a good Samaritan discovered a badly matted and disheveled light orange tabby kitten huddled in her garage. She was faced with a dilemma as she didn't really have room for another animal. There was no way she could leave this poor kitten to fend for itself. That's when she called us at Second Chance.

We must say, in all our years of rescue work we have never seen a cat this badly matted. Odie, as he was named, needed a shave!

Despite how painful this procedure must have been, never once did he claw or bite us. Not even a sound was uttered. This was one sweet cat. We made sure he had the best accommodations to recuperate in after his bathing and grooming ordeal. A good meal and a warm fleecy bed soon sent him into a restful night's sleep.

Several weeks have passed and Odie is doing extremely well, gaining weight and his once glorious coat is returning. We are happy to say this very special kitty has made a heart connection with a very lucky couple. Their lives are about to be transformed. Unconditional love will win out every time!



Priceless Heart, A Tribute to Louie

Louie, a onetime stunningly handsome red tabby, came to us seeking the warmth of shelter, food in his belly, and the light of another tomorrow. Little did we realize he would inspire us every one of the thirty days he was at Second Chance.

He taught us to be seekers of all things good and true by loving unconditionally the homeless and abandoned cats whose lives have been entrusted to our care.

Our creator gave us words. Please. Thank you. I love you. In his own sweet way, Louie always said "please" for whatever his needs were at that moment. Being a gentle soul, he never forgot to say "thank you" for any gift that was bestowed upon him.

Lastly, he always purred his version of "I love you" to those who shared their lap with him or to whoever picked him up for some quality snuggle time. His lessons were profound and yet simple.

How soon the future becomes the past. Louie decided the diseases that were ravaging his body were no longer bearable and so he quietly left his shelter friends in search of the Rainbow Bridge.

Travel swiftly, our special friend, to where you will be made whole and strong again. You may be gone from our lives but never absent from our hearts. ~Jackie

Cat Tails: Ninja & Nutmeg

In our last issue of Shelter Mews one of our front page articles featured a special pair of shelter cats, Ninja and Nutmeg. They were two-time returnees to the shelter and all of us only wanted these two lovable but timid cats to be adopted and happy. Well, it happened! Below is a recent email from their new family:



"Dear Jackie and Staff,

We wanted to give you an update on Ninja and Nutmeg's adjustment to their Fur-ever home. They appear to have settled in well, but as expected, they can still be somewhat shy and skittish.

With this said, they play all night with their toys (we think Nutmeg is practicing for a NASCAR try-out as she whips around whacking her toys). At night they also hop in and out of bed

with us (Ninja sleeps and Nutmeg will come in and "rest" a bit). We are also happy to let you know that they come out in the living room in the evening and "hang out" with us. Ninja and Nutmeg have made our house a home again. We will stay in touch, Mike and Sherri G."

Cat Tails: Quinn

"Quinn is the most amazing, loving, and playful cat. Her first day with us she fit right in and wasn't a bit shy. She is so gentle with our kids and she often lays or sleep with them. Everyone comments on how laidback and sweet she is. We want to thank you for all the love you give all your kitties, it shows in how loving they are. Thank you for all you did for our kitty and all the other kitties in the shelter! Alicia C."



A Volunteering Twofer



Meet Greg and Marianne Darling, retirees who cheerfully volunteer time to care for our shelter kitties. This is their story. Not surprisingly, their love of felines started when they were college students at UVM sharing living space and jointly deciding they wanted to give a stray gray and

white cat a home. Dusty, as he was called, went from college campus to being a military dependent (of sorts) while Greg did a three-year hitch in the Army, serving some of it in Viet Nam. Using his psychology background, Greg worked with men incarcerated in military prisons. Marianne put her medical technology degree to work while Greg was deployed plus giving Dusty a forever home.

Time marches on, two children and five grandchildren later you can find these cat lovers happily devoting weekly time to shelter cats and to Fantoo, a gorgeous kitty they recently adopted from Second Chance.

As much as we all love routine, it doesn't hurt to shake things up every now and then. When not carving out time to care for our animals, Marianne can be found gardening in warm weather, sewing and knitting during colder days, or delving into a good book any time. Greg likes to engage in seasonal outdoor activities. Now that the weather is nicer, he can be found on the golf course, hiking in the mountains, or exploring the North Country on his motorcycle. At the first sign of snow, he's dreaming of days on the ski slopes.

Beyond grandchildren, cats, and giving back to their community, we were curious to know if Marianne and Greg had a retirement "bucket list". Marianne has a strong Italian background and, with a faraway look in her eye, said she would be content to dream of a villa in Italy. Greg, on the other hand, would like to seek out adventure traveling around the country. Happy trails! Thank you both for all your hard work for our cats and Second Chance.

Cat Tails: Obie

"Obie is now Aryeh (lion in Hebrew). He is undaunted by the aloofness of his house mates and finally was allowed to cuddle with Gwynn. She even found it necessary to give him a brief bath. I have included a picture. He is helping to keep the house free of bugs and mice (at some minor damage to China and plants). The dog is less certain but surprisingly very patient even when there is an unexpected attack on his tail. He blended with



our family much easier than I anticipated. This morning I caught the dog playing with him! They jumped at each other (dog like) then the dog took off and Aryeh ran in pursuit. The dog's ears were perked up and he wagged his tail the whole time. He is so gentle with Aryeh, it's funny to watch. Linda U."



Shelter Wish List

- Clay Cat Litter
- Purina Cat or Kitten Chow
- Purina Healthy Weight
- Canned Pate Cat Food (Non-fish)
- Paper Towels
- HE Laundry Detergent
- 13 Gallon Trash Bags
- Brother TN450 Toner Cartridge
- Copy Paper & Postage Stamps
- Gift Cards to Walmart,
- Littleton Office Supply, Staples,
- Shaws, etc.



RETURN SERVICE REQUESTED

You can Help

We know that you're swamped with requests for donations. While we all support the big national organizations that help animals, we ask that you first consider giving to your local shelter. We are all volunteer with no paid staff, so 100% of your donation goes directly for the care of the animals. You can visit us any day and see your gift at work giving the abandoned and abused a "Second Chance"!

MONETARY DONATIONS

SCAR relies entirely on private donations to be able to fund our adoption program through our Shelter, offer spay and neuter clinics, and other programs for the community. Please mail your check today, large or small. You can also donate securely online at www.secondchancear.org.

VOLUNTEER

SCAR is a 100% volunteer maintained organization, and you can join us and help the cats and kittens who can't do for themselves. Fill out a Volunteer Application today.

FOSTER

Can you open your home occasionally to house a mom and her kittens until they're old enough to be adopted, or house a needy cat on a short term basis when the shelter is full? Call the shelter for more information.

ESTATE GIFTS

Include SCAR in your will, trust or with a beneficiary designation.

GIFT OF STOCK & ANNUITIES

Stocks, bonds, mutual fund shares and other securities, along with transferring of real estate offer alternative ways to give that can benefit both you and SCAR.

TRIBUTE GIFTS

Tribute gifts can be made in memory of, or in honor of, a pet or loved one. A card will be sent upon request.

WORKPLACE GIVING CAMPAIGNS

Many workplaces coordinate charitable giving campaigns for their employees. These campaigns allow employees to donate through one-time gifts and regular payroll deductions.

CORPORATE PARTNERSHIPS

There are many ways for your company to increase its visibility in the community and build positive brand presences while helping Second Chance.

IN-KIND DONATIONS

Help keep our supply closet stocked up year round. See our wish list at www.secondchancear.org

EBAY SELLABLES

Donate jewelry, antiques, autos and other estate valuables year-round and we'll sell them on eBay. All donations are 100% tax deductible.

To learn more about helping cats & kittens, call 603-259-3244 or visit us online at www.secondchancear.org