



**HEAR THIS !
(It's Personal)**

Send YOUR story to csivertson@juno.com

PROGRAMS



**President's Corner
– Marilyn
Weinhouse**

Only 84 days until the Walk4Hearing. It's time to sign up to walk and start raising money. Please

create your own team or join Team Carleigh to help raise funds for our chapter. It is free to register and easy to do. Syndi Lyon has been donating the money Team Carleigh raises to our chapter for 3 years. Let's support her and show up for this once/year fund-raising event. Most of our operating budget comes from the Walk4Hearing and the more people who participate; the more we can do to continue our work. And it's fun!

Updated statistics about hearing loss from the spring issue of "The Hearing Loss Californian":

Why do we walk?

- 36 million Americans have some degree of hearing loss
- Hearing loss is a public health issue that is third in line only to heart disease and arthritis
- One in five teens has hearing loss
- 58,000 veterans of the wars in Iraq and Afghanistan return with hearing loss
- Among seniors, hearing loss is the third most prevalent, but treatable, condition after arthritis and hypertension
- Baby boomers who reach retirement age in 2010 are pushing the number even higher and are predicted to double it by 2030.
- 30 school-aged children per 1,000 have a hearing loss

Directions for Registering for the Walk

- Go to "www.walk4hearing.org"
- Click on "Find a Walk"
- Click on "Long Beach"
- Click on "Find a Walker or Team" (next to a little green icon of a foot near the top of page)
- Select "Find a Team"
- Enter "Team Carleigh"
- Scroll down and click on "Team Carleigh" (the captain is Syndi Lyon)
- Scroll down until you see the box with the list of names of people on the team.
- Click on "Join Team" at the top of that box.
- Follow the directions to register and on the "Thank You" page, click on the "Access My Walk Center."

Spotlight



**2012 Walk for
Hearing Memories**



Marilyn, Carleigh and Syndi at Walk4Hearing 2012



Together we can make a difference !

**HLAA-SD Steering Committee
Officers:**

- President: Marilyn Weinhouse*
- Vice President: Char Sivertson*
- Treasurer: Dianne Laviolette*
- Secretary: Larry Sivertson*
- Steering Committee: Dollie Cutler, Dale Laney, Joan Padilla, Iris Platnik*

HLAA San Diego 2013 Meetings
(subject to change): Check for updates at www.hearinglosssandiego.org

January 19. Meghan Spriggs, San Diego Cochlear Team Audiologist

February 16. Sara Mattson, AuD. Hearing & Balance Center - Tinnitus Treatments

March 16. Griselda Delgadillo from Disability Rights California – ADA Accommodations

April 20. Audiology Students from SDSU – "Going to the Hospital with your Hearing Loss"

May 18. Gina Heaviland and Jonah Kohn (and Yariv Kohn) - Talented Teens Making a Difference

June 15. Dr. Evelyn Smith, AuD. Newport Audiology Centers – "Hearing Better in Challenging Environments"

July 20. Marilyn Weinhouse - "Traveling with a Hearing Loss" and "Convention 2013 Highlights"

August 17. Stacy Rodgers, Med-EI – Implants and ALDs

September 21. Nanci Linke-Ellis, HLAA State Chapter Coordinator

October 19. Melissa Puleo – SD Charger Cheerleader – "Sixth Time's a Charm"

November 16. Thanksgiving Potluck

December 21. White Elephant Gift Exchange and Holiday Songs

Special thanks to Linda Burke, our most excellent CART captionist, who so generously volunteers her time to us !!

Join HLAA! New Members – Please [download this membership form](#) (also available on our website), fill it out, and mail it along with your check to: HLAA-SD, 5663 Balboa Ave #357, San Diego, CA 92111. By passing your **first** application through us, you ensure our chapter receives \$10 of your membership cost! But as always, membership is NOT required to attend our meetings.

News from Marilyn's Blog

[Hearing Aids with Wireless Connectivity](#)

My last two posts were about neckloops and hearing aids with wireless connectivity. Below is a list of some hearing aid manufacturers that make their own accessories to help you connect with your cell phone, TV, and other sound sources. They are not all neckloops, as some can go in your pocket or clip onto your shirt.

I can't think of any accessory more useful than a wireless microphone; however, the one I tried was terrible! I wear Oticon hearing aids so I tried the [Oticon ConnectLine Microphone](#) that works with the Streamer. There was an echo, a delay, and the sound was unclear. Resound and Phonak have similar devices – the [ReSound Mini Microphone](#) and the [Phonak RemoteMic](#). I have not tried them, but would love to hear from anyone who has. The Resound Mini Microphone transmits sound directly into the hearing aids without an intermediary device!! The Phonak RemoteMic works with the ComPilot. These wireless microphones seem like the ideal solution to talking one-on-one in a noisy restaurant. I'm anxiously waiting for one to be developed that will work with ANY type hearing aid.

If you have had any experience with these wireless microphones, please share your experiences – good or bad! Thanks!

Manufacturers with Wireless Accessories

[Oticon Streamer and ConnectLine](#)

[Phonak ComPilot](#)

[Siemens mini Tek & Tek](#)

[Starkey Surfink](#)

[ReSound Unite](#)

[Widex Dex](#)

[Unitron uDirect](#)

[Rexton Mini Blu RCU](#)

[Kirkland Signature Premium Mini Blu RCU or Blu RCU](#)

UPcoming Events and News (share with friends and families!)

American Sign Language Classes



Offered by the Hearing Loss Association of America – San Diego Chapter (HLAA-SD)
Saturdays at 9:00 a.m. at LiveWell Center in the large room next door to our regular meeting room.
Session II: March 16 to April 20. [LiveWell Center](#), 4425 Bannock Ave, San Diego, CA 92117.

Suggested donation \$20 for 6-week session

To register or for more information, contact Marilyn Weinhouse hlaasd@gmail.com or 619 316-1817

Speech Reading Classes

Larry Sivertson will once again teach a 6-week course starting Saturday April 6, from 12:30 to 2:30 in our regular meeting room. See him if you are interested in joining the 20 people signed up already!

Dolli Cutler will “man” an HLAA booth at the **Spring Into Healthy Living** event at the McGrath Family YMCA in Spring Valley to be held on Wednesday, March 20 from 9am to noon. She hopes you can attend!

We are sad to report that **Robert Rocek** passed away on February 22nd. He often attended our meetings and will be very much missed.

HLAA Convention



The HLAA Convention 2013 will be held June 27-30th in Portland, Oregon.

Registration is now open: <http://www.hearingloss.org/content/registration>

Visit **HLAA San Diego for ongoing events**. If you are looking for past news, these newsletters and events are always found on our HLAA SD website. Send your news to Char Sivertson at csivertson@juno.com

HLAA San Diego:

<http://hearinglosssandiego.org>

HLAA National:

<http://www.hearingloss.org>

Facebook:

<http://tinyurl.com/34x87dg>

The mission of Hearing Loss Association of America is to open the world of communication to people with hearing loss by providing information, education, advocacy and support.