

Challengers Group

(Aspergers Intervention Group)



Therapeutic group facilitated by NYS licensed Social Worker designed to help adolescents to increase and refine their self-esteem skills in a supportive and fun environment! Emphasis will be on peer interaction, decision-making, and reducing social anxiety.

- When:** Sessions to be held on Monday's from 6:30pm-7:45pm
Beginning: January 13th, 2013- March 31st, 2014
Where: Crossroads Counseling Center
First Building, upstairs office
440 Furrows Road, Holbrook NY
Cost: \$25 per session or \$200 if paid up-front (Sliding Scale Access and Insurance Reimbursement Available)

A Parent session will be held simultaneously during the socialization group. Topics may include medication therapy, education and career planning, [behavior modification](#), nutrition and diet. Guest professionals in the fields of psychology, nutrition, nursing and politics will be invited to present relevant information and answer questions. There will be no charge for the parent group but a free-will donation will be accepted.

To enroll please call Crossroads Counseling Center at 631-714-5407

Or you can register online at www.crossroadcounselingcenter.com