Scott’s Run Settlement House
Backpack Feeding Program

**Shopping List**

When shopping, please consider: purchasing items in individual cups or items with pull tops, avoid glass containers, and avoid products with nuts or peanut butter.

**Grains**
- Graham Crackers
- Animal Crackers
- Whole Grain Cereal Bars
- Granola Bars
- Individual Cereal Boxes
- Macaroni and cheese (box or individual packets)

**Veggies**
- Individual snack packs
- Single serving cups

**Miscellaneous**
- Ramen noodles
- Packages of fruit snacks
- Jell-O or pudding cups
- Juice boxes or shelf-stable milk
- Individual packages of snacks

**Protein**
- Spaghetti & Meatballs
- Ravioli
- Soup

**Fruit**
- Canned Fruit (in juice or light syrup)
- Fruit Cups (in juice or light syrup)
- Applesauce Cups
- Dried Fruit: Bananas, Raisins, Plums, Cranberries

During the 2016 – 2017 school year, SRSH provided snack bags to 839 students weekly at Brookhaven, Cheat Lake, Mason-Dixon, Mountainview, Mylan Park, North, and Suncrest Elementary Schools, South Middle School, and University High School. **Thank you for helping to make a difference in your community!!**