

# Scott's Run Settlement House Backpack Feeding Program

## Shopping List

When shopping, please consider: purchasing items in individual cups or items with pull tops, avoid glass containers, and avoid products with nuts or peanut butter.

### Grains

- Graham Crackers
- Animal Crackers
- Whole Grain Cereal Bars
- Granola Bars
- Individual Cereal Boxes
- Macaroni and cheese (box or individual packets)

### Protein

- Spaghetti & Meatballs
- Ravioli
- Soup

### Fruit

- Canned Fruit (in juice or light syrup)
- Fruit Cups (in juice or light syrup)
- Applesauce Cups
- Dried Fruit: Bananas, Raisins, Plums, Cranberries

### Veggies

- Individual snack packs
- Single serving cups

### Miscellaneous

- Ramen noodles
- Packages of fruit snacks
- Jell-O or pudding cups
- Juice boxes or shelf-stable milk
- Individual packages of snacks



During the 2016 – 2017 school year, SRSB provided snack bags to 839 students weekly at Brookhaven, Cheat Lake, Mason-Dixon, Mountainview, Mylan Park, North, and Suncrest Elementary Schools, South Middle School, and University High School. **Thank you for helping to make a difference in your community!!**