

# HEIWA TERRACE NEWSLETTER

## MAY 2014

### News and Happenings at Heiwa

- Last month, an appreciation luncheon was held for the volunteers, the Heiwa Board of Directors, and staff. We missed all those who didn't attend this event. We would like to extend our sincere gratitude for all those who work tirelessly and selflessly for the betterment of Heiwa!
- Welcome Maiko Yanai! Maiko is the new Japanese bilingual service coordinator and her first day is May 5. On May 5 at 1:30, we will have a Meet and Greet time in the dining room. Please stop by to say hello and welcome Maiko to Heiwa. Light refreshments will be served.
- By popular demand, we will have another Bingo starting this month. That means bingo 4 times a month! More Bingo nights means more prizes! Because we want to try to have the most popular and good quality prizes available, we will need to make some changes with the grand prize. In the future, grand prize will be \$5.00 gift card, and it will be from the newly opened Mariano's on Foster and Sheridan.
- In case you didn't catch the announcement during Town Hall Meeting, the computer room is now open 24 hours a day, 7 days a week. Please refer to the policy on computer room use.
- Confused about the Medicare-Medicaid Realignment Initiative? If you have BOTH MEDICARE AND MEDICAID, be sure to attend this important information workshop. This workshop by Korean American Community Services, will explain what this program is about, how this program will affect you, and what you will need to do. **Tuesday, May 13, at 3pm in the Activity Room.**
- **Chinese Mutual Aid Association will hold a presentation on the services and programs they offer.** CMAA has begun providing translation services for our social service department. Please come for this informative meeting on **Tuesday, May 20 at 2:30pm in the activity room.**
- **We will have a Senior Fire Prevention talk.** Please make every effort to attend this important event. You will learn fire preventative measures and what to do in case of emergency. **On Tuesday, May 27 at 1:30 will be in English and Japanese, Wednesday, May 28 at 1:30 will be in English and Korean, and Thursday, May 29 at 1:30 will be in English and Chinese.**
- CRISP is planning to expand their shopping list! They are planning to have some dry food items like nuts, condiments (sugar, salt), and meats. Check with Jean or Jessica for any updates later on. In the mean time, **you can order fresh vegetables and fruits on Wednesdays at 9am, and pick up your order on Fridays at 10am.**
- Craft class led by our own board member Jean Mashima meets every second and fourth Thursday at 1pm in the dining room. Jean is providing all materials so just come to make something new.
- **Office will be closed on Monday, May 26<sup>th</sup> observing Memorial Day holiday.**

### FROM MANAGEMENT

- ❖ **HEIWA NETWORK:** Please refer to Heiwa Network Channel (ch.4) for various notices and information from our offices.
- ❖ **BED BUGS:** Bed bugs are on the rise in Chicago. We want to keep our property bed bug free and we can only do that with your help. Please regularly check the Interceptor traps installed under the legs of your bed. If you think you've found a bed bug in your apartment, notify the office right away. The sooner you say something the sooner we can investigate and treat your apartment if necessary.

### **Our special thanks to...**

The generous donations are placed in a fund that is used for programs and activities that are planned for the benefit and enjoyment of all the residents at Heiwa Terrace, as well as allowing us to serve free coffee and tea in the dining room every day. In addition, in-kind donations of your valuable time and/or supplies are used for essential maintenance of good physical, mental, and spiritual health of Heiwa Terrace residents. Following donations include monetary gift, supplies and products.

If you do not wish to have your name listed, please notify Jean or Jessica. Names are not in particular order.

#### **APRIL Donations (4/2-4/21):**

Fumiyo Uchida	Mr. & Mrs. Greg Rivdera	Misu Miyata	Anonymous
Elvira Gomez	Ellyn Iwaoka	Yu Zin Chun	Anonymous

### **For Your Information**

#### **Medicare/Medicaid news continued:**

The new state programs for people who have Medicaid only and Medicare AND Medicaid (dual eligible) have created a lot of confusions for many people.

During this confusing time, please be sure to protect yourself from anyone or any company trying to take advantage of you.

- Do not sign anything until you know exactly what you are signing for.
- Do not allow anyone (especially from a home health company, medical equipment company, etc) to become your Personal Representative.
- Do not agree to anything until you heard and understand all your options.