



LIVE OAK CLINIC OF BRAZOSPORT NEWSLETTER

FALL 2015

**Providing Non-urgent, Primary Healthcare for the
Medically Uninsured**

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Sanjay Aggarwal, MD
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VOLUNTEER HIGHLIGHT—MARIA ANTUNEZ.



Maria is really happy at Live Oak and is rewarded every clinic Thursday with a patient’s “thank you” or a smile. And we are certain that her smile makes a patient’s day as well.

Maria, her husband Hector, and their adult children Elena and Francisco have lived in the Brazosport area for seventeen years. Maria, who was born in Mexico, took her first English class at Brazosport College in 1998. After two years at BC, she continued English lessons with the International Friends program. Now she volunteers with the International Friends to help others learn the English language.

Two years ago Maria joined Live Oak Clinic as an interpreter. She interprets for doctors and nurses who are seeing Spanish speaking patients, interprets for phone calls, helps patients understand their follow-up care, helps with intake for new patients, and attends community events so that others can learn about the clinic.

Brigid Breazeale, R. Ph., giving patient a free flu shot. This is the fifth year the clinic has been offering free flu vaccine for patients.



2015 Volunteers

- Maria Antunez
- Kamini Aggarwal
- Marty Bischoff, CPA
- Linda Comingore
- Nancy Day
- Sherrie Ezell
- Mary Fuchs
- Adela Hernandez
- Deanna Herrera
- Carol Janes
- Jennifer Kolthammer
- Lana Mauro
- Rodolfo Medellin
- Jeanine Meyer
- Linda Miles
- Cindy Modtland
- Irene Standard

DONATIONS 2015

- Georgia Monterret
- John O’Leary, MD
- Martin Cornell

Profession	total # of volunteers	total hrs. thru 10/15
physician	7	54
PA/NP	4	54
pharmacist	1	12
RN	4	226
other volunteers: computer, interpreters, eligibility, assessment	12	850
Total hours		1196

OUR VOLUNTEERS GIVE GREAT CARE

News for Lake Jackson Oral and Maxillofacial Surgery



2015 has been a wonderful year at Lake Jackson Oral and Maxillofacial Surgery working with the patients from the Live Oak Clinic. Thirty dental extractions on seventeen patients were completed through September. We also added a new surgeon this year which doubles our treatment capabilities. Dr. Nathan A. Phillips is a native of the Brazosport area. He served 10 years in the Army as a dentist and oral surgeon. Along with Dr. Phillips, we have 3 new surgical assistants and one new administrative staff member. In total, there are 13 individuals providing volunteer time on a monthly basis at Lake Jackson Oral and Maxillofacial Surgery.



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OUR VOLUNTEERS GIVE GREAT CARE

Alfred B. was a patient at Live Oak Clinic for several years and had last used our services in 2010. In January 2015, the 56 year old man went for a new job physical and was told to follow up with his physician for his severe hypertension. Lacking a job or insurance, he came to Live Oak Clinic for treatment once again.

Alfred has visited Live Oak eight times this year. We loaned him a blood pressure monitor and he has been faithfully checking and recording his blood pressures at home. He has monthly phone conversations with a nurse educator. His dedication to changing his diet and beginning an exercise program has led to a 23 lb. weight loss since May.

At his September visit, Alfred's blood pressure was still high even though he was faithfully taking several prescribed anti-hypertensive medications. Reviewing his home blood pressure logs revealed the readings to be considerably lower than at his clinic visits and they were often within normal range. The physician determined that he has "white coat syndrome". Approximately 20% of the population has anxiety associated with a visit to their medical provider with a resultant increase in blood pressure.

Alfred B. has been cleared to resume work.

LIVE OAK CLINIC

102 Yaupon, Lake Jackson
(First Presbyterian Church - side
entrance)

Mailing address:

PO Box 3224
Lake Jackson, TX 77566

Phone: Clinic (ONLY during open hours):

979-388-0809

*Fax 800-653-5179

Hours of Operation

Screening begins at 4:00 and a
limited number of patients are
seen each session

December 3, 10, 17
January 7, 14, 21

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We are on the Web
Liveoakclinic.org

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Lake Jackson, TX 77566

PO Box 3224

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