

Quality of Life Outreach, Inc.

Minutes

January 13, 2016

The following persons were present: Charlotte Wiles, Pam Posey, Dick Black, Cynthia Martin, Jennifer Kranzman, Brenda Huff, Bonnie Carr, Sonya Maye, Lura Powell, Patricia Ruskauff proxy for Mary Ditzel, Ashley George, Cheryl Byrd, Tabitha Fondren, Charlotte Kraiger, Brenda Miner, and Julie Ulmer . Validation of absences was given for the following board members: Tracy Kennedy, Teresa Mullen, and Sherri McCourtney.

Charlotte opened the meeting at 12:05 p.m. New officers were announced and there was a validation of absent members. Dr. Black made a motion that the minutes from the November meeting be approved. Cynthia Martin seconded the motion. Motion carried.

Treasurer's Report

- Pam Posey gave the treasurer's report for November and December.
- Chamber fee cleared. This is a standing motion.
- The DPIL account balance is 1,856.33. We had four new applicants.
- The Facebook page has been set up for DPIL.

Cynthia made a motion to approve the Treasurer's report. Lura seconded the motion. Motion carried.

Committee Reports:

Tobacco/Substance Prevention

Nothing to report.

Seniors

Nothing to report.

Wellness

WAPC information is available. Members are encouraged to distribute it and promote WAPC. Packets will be ready in the next few weeks. Kim Hughes is retiring.

Public Relations/Membership

Sonya has the Facebook page up and running.

Dolly Parton Imagination Library

Mary has left material at several places in Cove and will get back with them about donations. Bear State Bank Cove branch has also been contacted and will get back with her about donating.

No Action Items

Topics discussed:

- Caregiver Support Group will be meeting February 3th at noon. Topic for this meeting will be Caregiver Grief, Mourning and Guilt.
- Healthy Connections is still offering Free Dental Fridays
- Bonnie announced that there will be a Suicide Conference in Hot Springs on March 10th. Kevin Hines will be the speaker.

Ashley George and Charlotte Kraiger from Western Arkansas Counseling spoke about Alcohol and drug abuse counseling as well as trauma focused therapy available at Western Arkansas.

Meeting adjourned