Quality of Life Outreach, Inc. Minutes

September 9, 2015

The following persons were present: Charlotte Wiles, Lura Powell, Pam Posey, Tracy Kennedy, Dick Black, Sonya Maye, Bonnie Carr, Tabitha Fondren, Barbara Klutts, Kim Hughes, and Cynthia Martin. Validation of absences was given for the following board members: Sherri McCourtney and Teresa Mullen.

Charlotte opened the meeting at 12:07 p.m. Dr. Black made a motion to adopt the minutes from the August meeting. Cynthia Martin seconded the motion. Motion carried.

Treasurer's Report

- Pam Posey, QOL treasurer, reported the balance in the QOL account and in the DPIL account.
- The DPIL balance goal is \$1,500. Cynthia will talk to the Lioness about donating to the cause. Dr. Black will also talk to the Lion's Club about a donation. The DPIL brochures are in and there is space on the back for labels for contact information if needed.

Tracy Kennedy a motion to approve the Treasurer's report. Dick Black seconded the motion. Motion carried.

Committee Reports:

Violence/Suicide Prevention

• Sherry has provided links to suicide prevention webinars. Charlotte will forward those to the QOL.

Topics discussed:

- The annual meeting will be held in November. Charlotte called Queen Wilhelmina about having it there and did not get a call back. She will try again.
- There will be no committee changes but Charlotte would add a DPIL committee.
 Charlotte made a motion that we form a DPIL committee and Tracy seconded the motion.
 Motion carried.
- The QOL nominating committee was selected. The following will serve on the committee:
 - Cynthia Martin

Tracy Kennedy Lura Powell Brenda Huff (Liaison)

The committee will have the ballot ready for approval at the meeting next month.

Charlotte made a motion to accept the nominations. Pam seconded the motion. Motion carried.

Events coming up:

- The Fall Festival will be held October 24th. Charlotte will not be able to attend. Volunteers are needed for the QOL. Ideas have been mentioned but nothing has been decided on yet.
- Health Fair will be on September 26th at Mena Regional from 8-12. We need volunteers for the QOL booth.
- Bonnie announced that there will be a state suicide conference in Hot Springs in March.
- Tabitha announced that Harbor House will be having a 5k on September 12th from starting at 8:30 at Fort Chaffee.

Guest Speaker Presentation:

We did not have a speaker this month. Charlotte asked for suggestions for speakers for future meetings. Cynthia mentioned God's Feeding Hands coming back to discuss progress with the food pantry. Cynthia will contact them.

Meeting adjourned