

Quality of Life Outreach, Inc.

Minutes

August 20, 2014

The following persons were present: Charlotte Wiles, Cynthia Martin, Lura Powell, Pam Posey, Teresa Mullen, Tracy Kennedy, Bridget Martin, Sonya May, Brenda Huff, Bonnie Carr, Carol Sickles, Paula Bailey, Jennifer Kranzman. Validation of absences was given for the following board members: Dick Black and Sherri McCourtney.

Charlotte opened the meeting. Tracy Kennedy made a motion that the minutes from the July meeting be approved. Cynthia Martin seconded the motion.

Treasurer's Report:

- \$144.00 for the Back To School Bash will be deducted next month. QOL received a thank you note from Healthy Connections for our participation in the program.
- Cynthia Martin made a motion and Tracy seconded it that the Treasurer's report be approved.

Committee Reports:

Wellness

- Bridgett Martin wants to make a donation in honor of her father to the QOL. She would like to see the money used for Heart Attack Awareness throughout the county. Ideas included brochures or pins handed out at places such as Nidec, Tyson and area banks. She would like input from the QOL. It was also mentioned that the Heartsaver Cardiac Scan provided by Mena Regional is a great source for heart attack prevention.

Substance/Tobacco Prevention

- Tracy would like to present a thank you card to those responsible for the "Operation Pilled Up" arrests. This would be done to recognize all the hard work that took place to make our community a safer place. It was suggested that we include the sheriff's office, city police department, drug task force and Andy Riner. It was also mentioned that a newspaper ad would be a nice gesture. Teresa will check on the newspaper ad and Tracy will send the thank you card.

Events coming up:

- In September the Healthy Resources for Aging class will begin at RMCC.
- Fun day benefit for Ty Thacker will take place on September 13, 2014.

- Polk County fair will take place this month. See Kim Hughes if you would like to volunteer.
- Care Giver Support Group will meet on September 3rd at noon with lunch provided. It's Rehab Month and the focus will be on Fall Prevention.
- Clarice's Room of Hope will meet August 25th at 6:00 p.m.

Guest Speaker Presentation:

This month's guest speaker was Paula Bailey with the Chamber of Commerce. She came to discuss and promote the Ouachita Fall Foliage Festival. This festival will be held on October 18th to coincide with the CMA Changing of the Colors event. It will be 100% chamber member sponsored and will showcase chamber members and keep all proceeds in our community. The festival will be held in Janssen Park and will include events such as

- **BBQ cook off**
- **Razorback Football shown on big screen**
- **Pumpkin Chunkin**
- **CMA bike parade**
- **Fish Fry-Ink Fire Dept.**
- **Funnel Cakes-Rotary**
- **Movie shown in the park after dark**

Paula would like the QOL to participate and have our own activity to promote our efforts to the community.

Meeting adjourned