

# Quality of Life Outreach, Inc.

## Minutes

July 16, 2014

The following persons were present: Charlotte Wiles, Tracy Kennedy, Bridget Martin, Dick Black, Sonya Maye, Lura Powell, Sherri McCourtney, Brenda Huff, Rachael Hopper, Rusti Hice, Stacey Wright, Steven Free, Lisa Falls, Becky Horton, Doreen Tapley, Bonnie Carr, Barbara Klutts, Melinda Wiles. Validation of absences was given for the following board members: Pam Posey, Teresa Mullen, and Cynthia Martin.

Charlotte opened the meeting. Sherri McCourtney made a motion that the minutes from the May meeting be approved. Brenda Huff seconded the motion.

### **Topics discussed:**

- Through email votes, Cynthia Martin made a motion that the QOL board approve paying the difference between the \$60.00 plus shipping which we originally thought the price would be to the actual cost of \$1,541.04. The motion was voted on and approved by the QOL board.
- Through email votes a motion was made and approval was passed to move Tracy Kennedy to the chair of the Substance Prevention/Tobacco Prevention committee, and to appoint Lura Powell as secretary.
- Charlotte needs any updates that need to be made to the resource book so she can update it online.
- Back to school bash is in need of supplies. Bridget made a motion and Tracy seconded it that the QOL donate \$150.00 to purchase supplies.

### **Committee Reports:**

#### Treasurer's Report

- Dr. Black made a motion and Charlotte seconded it that the Treasurer's report be approved.
- Remaining committees had nothing to report.

### **Events coming up:**

- For our August meeting Paula Bailey from the Chamber of Commerce will speak to us about the upcoming Fall Festival. She would like for us to have a booth as a fundraiser for QOL.
- RMCC will be offering a new class this fall. Resources for Healthy Aging will cover topics such as Eldercare, Pharmacy Programs, Elder Care Law, Nursing Home and

Assisted Living Options and much more. The class will begin on August 20 and go through December 10<sup>th</sup> and will be facilitated by Janet Van Deest.

**Guest Speaker Presentation:**

This month's meeting was held at the Ouachita River School Wellness Center. The Wellness Center was made possible through a grant awarded in 2011. The \$500,000 grant is focused on issues such as school health, academic achievement, staff wellness, community involvement and nutrition. In addition to those listed above, mental health services are a major objective. The school partners with Western Arkansas Counseling and Guidance Center to provide services to the students of the school district to the surrounding communities.

**Meeting adjourned**