

Quality of Life Outreach, Inc.

Meeting Minutes

April 16, 2014

I. Call to order

Charlotte Wiles called to order the Quality of Life meeting at 12:04 p.m. on April 16, 2014 at Branding Iron Restaurant.

II. Roll Call

The following persons were present: Charlotte Wiles, Tracy Kennedy, Dick Black, Sherri McCartney, Teresa Mullen, Bridget Martin, Pam Posey, Brenda Huff, Carol Sickles, Kim Hughes, Sonya Maye, Sue Cavner, Jill from Mena Rehab Center, and Leslie McCoy

Guests Present: Sue Cavner, Program Director, Mena Senior Behavioral Health

Validation of Absent Members: Katrina Rowe

III. Minutes/Treasure's report

a. Minutes were reviewed. Dick Black made a motion to accept March meeting minutes. Second by Bridgett Martin. Motion carried no opposition noted.

b. Treasure's report was reviewed. Bridget Martin made a motion to accept April report. Second by Cynthia Martin. Motion carried no opposition noted.

IV. Committee Reports

a. Tobacco: Katrina was absent.

b. Substance Prevention: Cynthia Martin discussed the upcoming What is Addiction workshop (Jane's Story) offered by Steven Free. It will be held Wednesday, May 7th from 7 PM-9 PM at Faith Missionary Baptist Church.

- c. **Wellness:** Bridget Martin reported the WAPC kick off was well attended. Handouts were given on stretching. A PSA will be done on the radio station. Approximately 24 or 25 teams are involved.
 - d. **Violence/Suicide Prevention:** No Report.
 - e. **Seniors:** No Report
 - f. **Public Relations:** No report.
- V. Old Business
- a. Charlotte Wiles reported on the success of the Special Olympics. QOL members gave out snacks and airplanes to participants.
- VI. New Business
- a. CASA is hosting a fund raiser Kentucky Derby fund raiser at Spenelli's Mary 3rd from 4PM-7PM. Tickets are \$25. All proceeds go to help with local child abuse and neglect.
 - b. Kim Hughes handed out baby bottles to collect money for Fresh Step Pregnancy Center. Money will be collected at next month's meeting.
 - c. Sue Cavner will be offering a Basics of Dementia Caregiver Support Group on May 7th at noon in Conference Room A Mena Regional Health System.
 - d. Kim Hughes announced the Master Gardener's Plant Sale on May 2nd & 3rd.

May meeting will be held at Branding Iron Restaurant on Wednesday, May 21st at 12:00.

Charlotte Wiles made a motion to adjourn. Second by Tracy Kennedy.

Meeting adjourned