

Quality of Life Outreach, Inc.

Meeting Minutes

August 21, 2013

I. Call to order

Charlotte Wiles called to order the Quality of Life meeting at 12:10 p.m. on August 21, 2013 at Limetree Restaurant.

II. Roll Call

The following persons were present: Charlotte Wiles, Sherri McCourtney, Pam Posey, Bridget Martin, Dick Black, Carol Sickles, Brenda Huff, Bonnie Carr, Katrina Rowe.

Validation of Absent Members: Cynthia Schoeppey, Teresa Mullen and Tracy Kennedy.

Guest in attendance: Bethany Hughes, CADC, Department of Community Correction.

III. Minutes/Treasure's Report

A. Minutes were reviewed. Dick Black made a motion to accept July meeting minutes as read. Second by Bridget Martin. Motion carried with no opposition noted.

B. Treasure's report was reviewed. As of 7/26/13 there is \$7,366.86 in our account. Charlotte Wiles made a motion to accept July report as read. Second by Bridget Martin. Motion carried with no opposition noted.

IV. Committee Reports

A. Tobacco: Katrina will have the Botanical Garden set up at the Polk County Fair, August 28-31st.

B. Substance Prevention: No report

C. Wellness: No report

D. Violence/Suicide Prevention: National Suicide Prevention Day is September 10.

E. Seniors: The Oaks is at full capacity and has a waiting list of 2-3 applicants. UAMS is presenting a free caregiver workshop on August 28-29 in Fort Smith.

F. Public Relations: No report

V. Business

A. Blue and You Grant: Received \$1,000 grant to update and disperse a Polk County Resource Guide. Revisions and additions have been made and are nearing completion. This information will need to be turned in to the printer by September 6 at the latest to have the guides ready for distribution at the MRHS Health Fair.

Action Item 1: Select Pony Express or 3BI to print the Resource Guide.

Pony Express quoted \$2200 for 1500 booklets. Booklet 8 ½ X 5 ½, Color Cover w/ Black and white pages inside, regular thick paper pages.

3BI quoted \$2743 for 2000 booklets. Booklet 8 ½ x 5 ½, 40 pages, Full color, text gloss pages on all pages (the inside is mostly black and white).

Vote: Dick Black made a motion for QOL to select 3BI to publish the Resource Guide. Second made by Pam Posey. Motion carried with no opposition noted.

Action Item 2:

We received a grant for \$1000. EOC at the college, Healthy Connections (Doreen is checking on HCI today), and a few other businesses are willing to pay \$100-\$200 to have their logo put on the back since they use the booklet a lot.

Vote: For QOL to pay the difference between the grant amount and the total balance or sell ad space to businesses/organization and delay printing of the resource guide.

Dick Black made a motion for QOL to pay the difference between the grant amount and the total balance. Second made by Pam Posey. Motion carried with no opposition noted.

**Cynthia and Tracy sent in their proxy vote to reflect the following- Both voted for 3BI and for the QOL to pay the difference between the grant and the balance.

B. QOL website and Email: Website and email is currently active and the monthly meeting agenda and minutes can be found on the website.

C. MRHS Health Fair: MRHS Health Fair will be held September 21, 8 a.m.- 12 p.m. New to the fair this year will be many children's activities. QOL will have a booth and needs volunteers to help.

D. Future Speakers: September-Doreen Tapley on dental sealants, October-ATV safety.

E. Katrina Rowe made a motion to make a monetary donation or purchase a live tree for planting in honor of Teresa Mullen's mother and uncle, who recently passed away. Second by Bridget Martin. Motion carried with no opposition noted.

September meeting will be held at Limetree Restaurant on Wednesday, September 18 at 12:00 p.m.

Motion to adjourn made by Charlotte Wiles. Second by Katrina Rowe. Meeting adjourned at 12:58 p.m.