

Quality of Life Outreach, Inc.

Meeting Minutes

September 18, 2013

I. Call to order

Charlotte Wiles called to order the Quality of Life meeting at 12:09 p.m. on September 18, 2013 at Limetree Restaurant.

II. Roll Call

The following persons were present: Charlotte Wiles, Pam Posey, Tracy Kennedy, Brenda Huff, Bridget Martin, Bonnie Carr, Carol Sickles, and Kim Hughes, Katrina Rowe, Doreen Tapley, Cheryl Byrd, Lura Powell

Guests Present: Sonya Maye, MRHS & Gray Miles-Harbor House employee and IPA

Validation of Absent Members: Sherri McCourtney and Teresa Mullen

III. Minutes/Treasure's report

- a. **Minutes were reviewed.** Dick Black made a motion to accept September meeting minutes. Second by Katrina Rowe. Motion carried no opposition noted.
- b. **Treasure's report was reviewed.** Charlotte Wiles made a motion to accept the September report. Second by Bridget Martin. Motion carried no opposition noted.

IV. Committee Reports

- a. **Tobacco:** Katrina Red Ribbon Week will be pulling all Mena schools from the district at one location for some activities.
- b. **Substance Prevention:** No report

- c. **Wellness:** Bridget and Kim Hughes met and discussed adding health items for table at the upcoming Health Fair.
- d. **Violence/Suicide Prevention:** No Report.
- e. **Seniors:** Dick Black discussed the nursing homes and health facilities will be represented at the Health Fair. ROARs meeting held this morning discussed the Santas for Seniors program that will take place this year. This involves gifts for seniors 65 and older who have no family members.
- f. **Public Relations:** Charlotte Wiles stated if anyone knows someone who would like to join let Teresa Mullen or her know.

V. New Business

- a. **Health Fair:** Will be held Saturday September, 21st at Mena Regional Health System.
- b. **Red Ribbon Week:** Will be held October 21st-24th.
- c. **Nomination Committee:** Nomination will be coming up in November. Committee consists of Brenda Huff-liaison, Lura Powell, Bridget Martin, Cynthia Schoeppey.
- d. **Annual Meeting:** Health Department will pay \$100. Bonnie Carr will need a date by the first of October to provide grant. Email Charlotte on the date and location that works best.
- e. **Resource Guides:** Resource guides will be available by Friday for the Health Fair.
- f. **Hospital Volunteers:** Dick Black mentioned the need for hospital volunteers.
- g. **Guest Speaker:** Tracy Kennedy spoke about the Home Visiting Program through Healthy Connections, Inc.

October meeting will be held at Limetree Restaurant on Wednesday, October 16th at 12:00 PM.

Meeting adjourned