



**Quality of Life**  
Outreach, Inc.  
To promote health, safety  
and wellness in Polk County

## Agenda

June 19, 2013, Noon, Limetree Restaurant

**Vision: To promote health, safety and wellness in Polk County.**

- Call to Order
- Introduction of Guests
- Validation of Absent Board Members
- Approval of May Meeting Minutes
- Treasures Report
- Committee Reports
  - Tobacco: Katrina Rowe
  - Substance Prevention: Cynthia Schoeppey
  - Wellness: Bridget Martin
  - Violence/Suicide Prevention: Sherri McCartney (Interim)
  - Seniors: Dick Black
  - Public Relations/Membership : Teresa Mullen
- Action Items
  1. **Motion for consideration:** To be an echo site for the National Suicide Prevention Event: Everyone Plays a Role in Suicide Prevention: Turning Strategy Into Action Webcast Thursday, June 27, 2013  
Time: Webcast 9am-11am Central Time  
Location: Rich Mountain Community College Lecture Hall
  2. **Motion for consideration:** To apply for an American Medical Association Foundation Healthy Living Grant: Prescription Medication Safety Grant, Maximum of \$8000 to support youth focused health education. Deadline is July 16, 2013
  3. **Motion for consideration:** To register for the National Drug Facts Week, January 27-February 2, 2014. Assistance provided by the National Institute on Drug Abuse
- Discussion/New Business
  - Blue & You Foundation Grant- Resource Guide
    - Meeting Thursday, June 20<sup>th</sup>, 4:30 pm room 317 of the Abernathy Building at RMCC
  - Email address & Website
  - July Speaker: Cynthia w/ CASA
- Presentation: Bridgett Martin
- Adjournment

**Mission: To identify and address the needs of the community and provide a framework for coordinated and collaborative efforts to produce a safe and clean environment, quality health education, and effective youth and adult drug prevention services addressing alcohol, tobacco, marijuana and prescription drug abuse with measurable outcomes and core indicators to improve the quality of life for our community.**



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**American Medical Association Foundation; Healthy Living Grant**

Prescription Medication Safety Grant: Awareness and educational programs about the dangers of prescription drug abuse or misuse for children and youth.

Maximum of \$8000 to support youth focused health education

Deadline is July 16, 2013

Award Notifications will be sent in September and there will be one year to complete the project and submit the final report.

Target: underserved and/or at risk population; youth/young adults between 2-21.

Food Beverage request cannot exceed \$1000

**National Drug Facts Week:**

National Institute of Drug Abuse

<http://drugfactsweek.drugabuse.gov>

January 27-February 2, 2014

NIDA will provide a toolkit and resources to help plan events.

**Email:**

[goloutreach@gmail.com](mailto:goloutreach@gmail.com)

Meeting reminders, event notification, etc will be sent from the QOL email as of June 20, 2013

**Website:**

[goloutreach.org](http://goloutreach.org)

Review all information on the website

Check for spelling/grammar errors

Facebook & Twitter Link will not work yet (hopes for the future)

Need Pics for Gallery

Need information to include in the History Section

***Please have comments submitted to Charlotte by July 1, 2013***

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